

*Excerpts from*

## The Law of One

(formerly *The Ra Material*)

By an humble messenger  
of the Law of One

THE LAW OF ONE  
(formerly The Ra Material)

Book I

When a planetary civilization reaches a certain level of evolution it is possible for its consciousness to blend and for each entity in that civilization to have access to all of the knowledge of every other entity who ever lived in that civilization, much like Jung's collective unconscious of humanity becoming consciously available to each person on Earth. In THE LAW OF ONE, Book One, we find that this process is now culminating on planet Earth as 75,000 years of human evolution of mind, body, and spirit is about to produce its fruit.

Millions of years ago the consciousness of the planet Venus blended into the "social memory complex" known in Earth's history as Ra. When such a blending has taken place the primary method for such civilizations to further their evolution and union with the Creator is by offering their service to less advanced civilizations who call for aid in their own evolution. Eleven thousand years ago Ra answered such a call from the Egyptians and for a short time walked the Earth in order to teach the Law of One in person. At a later time Ra also built many of the pyramids for use by the Egyptians in healing and initiation, but because the Egyptians worshipped Ra as a god and distorted Ra's teaching of the Law of One, Ra was forced to leave the Egyptians and wait for another opportunity to balance the distortions in the Law of One for which it felt responsible.

On January 15, 1981, our research group was unexpectedly contacted by Ra when one of our members went into deep trance seemingly quite by accident. The format of the contact was quickly defined as question and answer only, and the first 26 sessions of the on-going contact were collected in Book One of THE LAW OF ONE. This book describes the mechanics of the spiritual evolution in which each entity on Earth is now participating and methods for accelerating that evolution.

Book One contains a great deal of information on the history of Earth's spiritual evolution, Atlantis, Mu, and the unique situation that was

created by the transfer of entities to Earth from many locations throughout the universe so that they could repeat the third density experience that is now ending on Earth. Also discussed is the destruction of the planet Maldek, the attempts at conquest of Earth by the Orion group which is of negative polarization, the Confederation of Planets which is of a positive polarization, and the Council of Nine located within the rings of Saturn which serves as Guardian for Earth. Book One covers in detail the “harvest” into fourth density occurring shortly after the year 2,000, the nature of Wanderers, the densities of this octave of creation and the nature of each density. Also given is much information concerning the healing process and some basic exercises for those desiring to become healers.

Ra, being from the density of unity, sees all these activities as “the Creator knowing Itself” and, as Ra says, “In truth there is no right or wrong. There is no polarity for all will be, as you would say, reconciled at some point in your dance through the mind/body/spirit complex which you amuse yourself by distorting in various ways at this time. This distortion is not in any case necessary. It is chosen by each of you as an alternative to understanding the complete unity of thought which binds all things. You are not speaking of similar or somewhat like entities or things. You are every thing, every being, every emotion, every event, every situation. You are unity. You are infinity. You are love/light; light/love. You are. This is the Law of One.”

Book One contains Sessions #1 through #26.

Excerpts from Book 1:

# THE LAW OF ONE, Book I

Formerly "THE RA MATERIAL"

By Ra,  
an humble messenger of  
The Law of One

On January 15, 1981, our research group began receiving a communication from the social memory complex, Ra. From this communication precipitated the Law of One and some of the distortions of the Law of One.

The pages of this book contain an exact transcript, edited only to remove some personal material, of the communications received in the first twenty-six sessions with Ra.

RA, SESSION #1

January 15, 1981

RA: I am Ra. I have not spoken through this instrument before. We had to wait until she was precisely tuned, as we send a narrow band vibration. We greet you in the love and in the light of our Infinite Creator.

We have watched your group. We have been called to your group, for you have a need for the diversity of experiences in channeling which go with a more intensive, or as you might call it, advanced approach to the system of studying the pattern of the illusions of your body, your mind, and your spirit, which you call seeking the truth. We hope to offer you a somewhat different slant upon the information which is always and ever the same.

At this time we would be glad to attempt to speak to any subject or question which those entities in the room may have potential use in the requesting.

QUESTIONER: Do you have a specific purpose, and if so, could you tell us something of what your purpose is?

RA: I am Ra. We communicate now. We are those who are of the Law of One. In our vibration the polarities are harmonized; the complexities are simplified; the paradoxes have a solution. We are one. That is our nature and our purpose.

We are old upon your planet and have served with varying degrees of success in transmitting the Law of One, of Unity, of Singleness to your peoples. We have walked your planet. We have seen the faces of your peoples. However, we now feel the great responsibility of staying in the capacity of removing the distortions and powers that have been given to the Law of One. We will continue in this, until, shall we say, your cycle is appropriately ended. If not this one, then the next. We are not a part of time and, thus, are able to be with you in any of your times.

Does this give you enough information from which to extract our purpose, my brother?

QUESTIONER: Yes. Thank you.

RA: I am Ra. We appreciate your vibrations. Is there another query?

QUESTIONER: I've heard of the name "Ra" in connection with the Egyptians. Are you connected with that Ra in any way?

RA: I am Ra. Yes, the connection is congruency. May we elucidate? What do you not understand?

QUESTIONER: Could you give me a little more detail about your role with the Egyptians?

RA: I am Ra. The identity of the vibration Ra is our identity. We as a group, or what you would call a social memory complex, made contact with a race of your planetary kind which you call Egyptians. Others from our density made contact at the same time in South America, and the so-called "lost cities" were their attempts to contribute to the Law of One.

We spoke to one who heard and understood and was in a position to decree the Law of One. However, the priests and peoples of that era quickly distorted our message, robbing it of the, shall we say, compassion with which unity is informed by its very nature. Since it contains all, it cannot abhor any.

When we were no longer able to have appropriate channels through which to enunciate the Law of One, we removed ourselves from the now hypocritical position which we had allowed ourselves to be placed in. Other myths, shall we say, having more to do with polarity and the things of your vibration that are complex, again took over in that particular society/complex.

Does this form a sufficient amount of information, or could we speak further?

Is there another query?

QUESTIONER: (The question was lost because the questioner was sitting too far from the tape recorder to be recorded.)

RA: I am Ra. Consider, if you will, that the universe is infinite. This has yet to be proven or disproven, but we can assure you that there is no end to your selves, your understanding, what you would call your journey of seeking, or your perceptions of the creation.

That which is infinite cannot be many, for many-ness is a finite concept. To have infinity you must identify or define the infinity as unity; otherwise, the term does not have any referent or meaning. In an Infinite Creator there is only unity. You have seen simple examples of unity. You have seen the prism which shows all colors stemming from the sunlight. This is a simplistic example of unity.

In truth there is no right or wrong. There is no polarity for all will be, as you would say, reconciled at some point in your dance through the mind/body/spirit complex which you amuse yourself by distorting in various ways at this time. This distortion is not in any case necessary. It is chosen by each of you as an alternative to understanding the complete unity of thought which binds all things. You are not speaking of similar or somewhat like entities or things. You are every thing, every being, every emotion, every event, every situation. You are unity. You are infinity. You are love/light, light/love. You are. This is the Law of One.

May we enunciate in more detail?

QUESTIONER: No.

RA: I am Ra. Is there another query at this time?

QUESTIONER: Can you comment on the coming planetary changes in our physical reality?

RA: I am Ra. I preferred to wait till this instrument had again reached a proper state of depth of singleness or one-pointedness before we spoke.

The changes are very, very trivial. We do not concern ourselves with the conditions which bring about harvest.

QUESTIONER: If an individual makes efforts to act as a catalyst in general to increase the awareness of planetary consciousness, is he of any aid in that direction, or is he doing nothing but acting upon himself?

RA: I am Ra. We shall answer your question in two parts, both of which are important equally.

Firstly, you must understand that the distinction between yourself and others is not visible to us. We do not consider that a separation exists between the consciousness-raising efforts of the distortion which you project as a personality and the distortion that you project as another personality. Thus, to learn is the same as to teach unless you are not teaching what you are learning; in which case you have done you/them little good. This understanding should be pondered by your mind/body/spirit complex as it is a distortion which plays a part in your experiences at this nexus.

To turn to the second part of our response may we state our understanding, limited though it is.

Group-individuated consciousness is that state of sharing understanding with the other distortions of mind/body/spirit complexes, which are within the evident reach of the mind/body/spirit complex individual or group. Thus, we are speaking to you and accepting both our distortions and your own in order to enunciate the laws of creation, more especially the Law of One. We are not available to many of your peoples, for this is not an easily understood way of communication or type of philosophy. However, our very being is hopefully a poignant example of both the necessity and the near-hopelessness of attempting to teach.

Each of those in this group is striving to use, digest, and diversify the information which we are sending this instrument into the channels of the mind/body/spirit complex without distortion. The few whom you will illuminate by sharing your light are far more than enough reason for the greatest possible effort. To serve one is to serve all. Therefore, we offer the question back to you to state that indeed it is the only activity worth doing: to learn/teach or teach/learn. There is nothing else which is of aid in demonstrating the original thought except your very being, and the distortions that come from the unexplained, inarticulate, or mystery-clad being are many. Thus, to attempt to discern and weave your way through as many group mind/body/spirit distortions as possible among your peoples in the course of your teaching is a very good effort to make. We can speak no more valiantly of your desire to serve.

May we speak in any other capacity upon this subject?

QUESTIONER: Will you be available for communication? Can we call on you in the future?

RA: I am Ra. We have good contact with this instrument because of her recent experiences with trance. She is to be able to communicate our thoughts in your future. However, we advise care in disturbing the channel for a few moments and then the proper procedure for aiding an instrument who has, to some extent, the need of re-entering the mind/body/spirit complex which the instrument has chosen for the life experience of this time/space. Do you understand how to nurture this instrument?

QUESTIONER: No. Could you explain it?

RA: We suggest first a brief period of silence. Then the repetition of the instrument's vibratory complex of sound in your density which you call name. Repeat until an answer is obtained. Then the laying on of the hands at the neck region for a brief period so that the instrument may recharge batteries which are not, shall we say, full of the essence of this particular field at this time. And finally, a gift of water into which the love of all present has been given. This will restore this entity, for her distortions contain great sensitivity towards the vibrations of love and the charged water will effect comfort. Do you now understand?



QUESTIONER: Not completely.

RA: I am Ra. We search your mind to find the vibration (nickname). It is this vibration from you which contains the largest amount of what you would call love. Others would call this entity (first name). The charging of the water is done by those present placing their hands over the glass and visualizing the power of love entering the water. This will charge that very effective medium with those vibrations.

This instrument is, at this time, quite fatigued. However, her heart is such that she continues to remain open to us and useful as a channel. This is why we have spent the time/space explaining how the distortions of what you may call fatigue may be ameliorated.

Under no circumstances should this instrument be touched until she has responded to her name. I do not wish to take this instrument beyond her capacity for physical energy. It grows low. Therefore, I must leave this instrument. I leave you in the glory and peace of unity. Go forth in peace, rejoicing in the power of the One Creator. I am Ra.

RA, SESSION #2

January 20, 1981

RA: I am Ra. I greet you in the love and the light of our Infinite Creator. I am with this mind/body/spirit complex which has offered itself for a channel. I communicate with you.

Queries are in order in your projections of mind distortion at this time/space. Thusly would I assure this group that my own social memory complex has one particular method of communicating with those few who may be able to harmonize their distortions with ours, and that is to respond to queries for information. We are comfortable with this format. May the queries now begin.

QUESTIONER: I'm guessing that there are enough people who would understand what you are saying, who would be interested enough in it, for us to make a book of your communications and I wondered if you would agree to this?

If so, I was thinking that possibly a bit of historical background of yourself might be in order.

RA: I am Ra. The possibility of communication, as you would call it, from the One to the One, through distortion, acceptable for meaning is the reason we contacted this group. There are few who will grasp, without significant distortion, that which we communicate through this connection with this mind/body/spirit complex. However, if it be your desire to share our communications with others we have the distortion towards a perception that this would be most helpful in regularizing and crystallizing your own patterns of vibration upon the levels of experience which you call the life. If one is illuminated, are not all illuminated? Therefore, we are oriented towards speaking for you in whatever supply of speakingness you may desire. To teach/learn is the Law of One in one of its most elementary distortions.

QUESTIONER: Could you tell us something of your historical background and your contact with earlier races on this planet? Then we would have something to start with.

RA: I am Ra. We are aware that your mind/body is calculating the proper method of performing the task of creating a teach/learning instrument. We are aware that you find our incarnate, as you call it, state of interest. We waited for a second query so as to emphasize that the time/space of several thousand of your years creates a spurious type of interest. Thus in giving this information, we ask the proper lack of stress be placed upon our experiences in your local space/time. The teach/learning which is our responsibility is philosophical rather than historical. We shall proceed with your request which is harmless if properly evaluated.

We are those of the Confederation who eleven thousand of your years ago came to two of your planetary cultures which were at that time closely in touch with the creation of the One Creator. It was our naive belief that we could teach/learn by direct contact and that the free will distortions of individual feeling or personality were in no danger. We had no thought of their being disturbed, as these cultures were already closely aligned with an all-embracing belief in the live-ness or consciousness of all. We came and were welcomed by the peoples whom we wished to serve. We attempted to aid them in technical ways having to do with the healing of mind/body/spirit complex distortions through the use of the crystal,

appropriate to the distortion, placed within a certain appropriate series of ratios of time/space material. Thus were the pyramids created.

We found that the technology was reserved largely for those with the effectual mind/body distortion of power. This was not intended by the Law of One. We left your peoples. The group that was to work with those in the area of South America, as you call that portion of your sphere, gave up not so easily. They returned. We did not. However, we have never left your vibration due to our responsibility for the changes in consciousness we had first caused and then found distorted in ways not relegated to the Law of One. We attempted to contact the rulers of the land to which we had come, that land which you call Egypt, or in some areas, the Holy Land.

In the Eighteenth Dynasty, as it is known in your records of space/time distortions, we were able to contact a pharaoh, as you would call him. The man was small in life-experience on your plane and was a ... what this instrument would call, Wanderer. Thus, this mind/body/spirit complex received our communication distortions and was able to blend his distortions with our own. This young entity had been given a vibratory complex of sound which vibrated in honor of a prosperous god, as this mind/body complex, which we call instrument for convenience, would call "Ammon." The entity decided that this name, being in honor of one among many gods, was not acceptable for inclusion in his vibratory sound complex. Thus, he changed his name to one which honored the sun disc. This distortion, called "Aten," was a close distortion to our reality as we understand our own nature of mind/body/spirit complex distortion. However, it does not come totally into alignment with the intended teach/learning which was sent. This entity, Ikhnaton, became convinced that the vibration of One was the true spiritual vibration and thus decreed the Law of One.

However, this entity's beliefs were accepted by very few. His priests gave lip service only, without the spiritual distortion towards seeking. The peoples continued in their beliefs. When this entity was no longer in this density, again the polarized beliefs in the many gods came into their own and continued so until the one known as Mohammed delivered the peoples into a more intelligible distortion of mind/body/spirit relationships.

Do you have a more detailed interest at this time?

QUESTIONER: We are very interested in the entire story that you have to tell and getting in to the Law of One in quite some detail. There will be several questions that I'll ask as we go along that may or may not be related directly to understanding the Law of One. However, I believe that the proper way of presenting this as a teach/learning vehicle is to investigate different facets of what you tell us. You spoke of crystal healing. (One other thing I want to mention is that when the instrument becomes fatigued we want to cut off communication and continue questions at a later time when the instrument is recharged.) If the instrument is suitable at this time we would like a little information about the crystal healing that you mentioned.

RA: I am Ra. The principle of crystal healing is based upon an understanding of the hierarchical nature of the structure of the illusion which is the physical body, as you would call it. There are crystals which work upon the energies coming into the spiritual body; there are crystals which work upon the distortions from spirit to mind; there are crystals which balance the distortions between the mind and the body. All of these crystal healings are charged through purified channels. Without the relative crystallization of the healer working with the crystal, the crystal will not be properly charged. The other ingredient is the proper alignment with the energy fields of the planet upon which you dwell and the holistic or cosmic distortions or streamings which enter the planetary aura in such a manner that an appropriate ratio of shapes and placement within these shapes is of indicated aid in the untangling or balancing process.

To go through the various crystals to be used would be exhaustive to this instrument, although you may ask us if you wish in another session. The delicacy, shall we say, of the choosing of the crystal is very critical and, in truth, a crystalline structure such as a diamond or ruby can be used by a purified channel who is filled with the Love/Light of One, in almost any application.

This, of course, takes initiation, and there never have been many to persevere to the extent of progressing through the various distortion leavings which initiation causes.

May we further inform you in any fairly brief way upon this or another subject?

QUESTIONER: Yes. You mentioned that the pyramids were an outgrowth of this. Could you expand a little on that? Were you responsible for the building of the pyramid, and what was the purpose of the pyramid?

RA: I am Ra. The larger pyramids were built by our ability using the forces of One. The stones are alive. It has not been so understood by the mind/body/spirit distortions of your culture. The purposes of the pyramids were two:

Firstly, to have a properly oriented place of initiation for those who wished to become purified or initiated channels for the Law of One.

Two, we wished then to carefully guide the initiates in developing a healing of the people whom they sought to aid, and of the planet itself. Pyramid after pyramid charged by the crystal and Initiate were designed to balance the incoming energy of the One Creation with the many and multiple distortions of the planetary mind/body/spirit. In this effort we were able to continue work that brothers within the Confederation had effected through building of other crystal-bearing structures and thus complete a ring, if you will, of these about the Earth's, as this instrument would have us vibrate it, surface.

This instrument begins to lose energy. We ask for one more query or subject and then we shall take our leave for this time/space.

QUESTIONER: You might mention that originally there was a capstone on the pyramid at the top, what was it made of and how you moved the heavy blocks to build the pyramid. What technique was used for that?

RA: I am Ra. I request that we be asked this question in our next worktime, as you would term the distortion/sharing that our energies produce.

If you have any questions about the proper use of this mind/body/spirit, we would appreciate your asking them now.

QUESTIONER: Consider them asked. I don't have anything to go on. What is the proper use of this instrument? What should we do? What should we do to maximize her ability and her comfort?

RA: I am Ra. We are pleased that you have asked this question for it is not our understanding that we have the right/duty to share our perceptions on any subject but philosophy without direct question. However, this mind/body/spirit is not being correctly used and therefore is experiencing unnecessary distortions of body in the area of fatigue.

The vibrations may well be purified by a simple turning to the circle of One and the verbal vibration while doing so of the following dialogue:

Question: "What is the Law?"

Answer: "The Law is One."

Question: "Why are we here?"

Answer: "We seek the Law of One."

Question: "Why do we seek Ra?"

Answer: "Ra is an humble messenger of the Law of One."

Both Together: "Rejoice then and purify this place in the Law of One. Let no thought-form enter the circle we have walked about this instrument, for the Law is One."

The instrument at this time should be in trance. The proper alignment is the head pointed twenty degrees north-by-northeast. This is the direction from which the newer or New Age distortions of love/light, which are less distorted, are emanating, and this instrument will find comfort therein. This is a sensitive instrument, by which we mean the distortions which enter her mind/body/spirit complex come from any of her senses. Thus, it is well to do the following:

Place at the entity's head a virgin chalice of water.

To the center, the book most closely aligned with the instrument's mental distortions which are allied most closely with the Law of One, that being the Bible that she touches most frequently.

To the other side of the Bible, a small amount of cense, or incense, in a virgin censer.

To the rear of the book symbolizing One, opened to the Gospel of John, Chapter One, a white candle.

The instrument would be strengthened by the wearing of a white robe. The instrument shall be covered and prone, the eyes covered.

We feel that, though this is a complex of activity/circumstance and may seem very distorted from a purposeful teach/learning experience, these elaborations on the technique of trance will ease the mind distortions of those about the instrument as they perceive improvement in the instrument's distortions with regard to fatigue. We add only that if these teach/learning sessions are held during time/space during which your sun-body does not light your room that it is best to call the instrument before the lighting of the illuminatory mechanism.

I am Ra. I leave you in the glory and the peace of the One Creator. Rejoice in the love/light, and go forth in the power of the One Creator. In joy, we leave you. Adonai.

RA, SESSION #3

January 21, 1981

RA: I am Ra. I greet you in love and the light of the One Infinite Creator. I communicate with you now.

QUESTIONER: My first question is, did we correctly perform the ritual for starting the communication?

RA: I am Ra. The placement of the artifacts designated to balance the instrument should be placed at the instrument's head for the least distortion of effect. The remainder of the beginning account of purpose is quite acceptable, for those speaking desire to serve. Otherwise, the attendant emphasis in mind complexities would not have been affected properly. We caution you to guard against those who are not wishing to serve others above all else, from taking part in the beginning or in lending their distortions of mind/body/spirit complex to any session as we should then be unable to properly blend our distortions with those of this instrument.

QUESTIONER: Should I move the Bible, candle, and incense at this time?

RA: I am Ra. This would be appropriate.

QUESTIONER: (After moving the items.) Is this the proper position?

RA: I am Ra. Please correct the angle of the incense so that it is perpendicular to the plane of twenty degrees north-by-northeast.

QUESTIONER: (After making the correction.) Is this satisfactory?

RA: I am Ra. Please check by eye to make fine correction. We will explain the process by which this becomes a significant distortion balancer. The incense acts as energizer to the physical body of this instrument, signifying its humanity. This is, therefore, a necessity that the wafted smoke is perceived from the same relative angle as the instrument perceives the opened Bible balanced by the lighted candle signifying love/light and light/love and, therefore, give the mental and emotional, shall we call it, distortion complex of this instrument the sight of paradise and peace which it seeks. Thus energized from the lower to the higher, the instrument becomes balanced and does not grow fatigued.

We appreciate your concern, for this will enable our teach/learning to proceed more easily.

QUESTIONER: Does everything appear correctly aligned now?

RA: I am Ra. I judge it within limits of acceptability.

QUESTIONER: At the last session we had two questions that we were saving for this session: one having to do with the possible capstone on top of the Great Pyramid at Giza; the other having to do with how you moved the heavy blocks that make up the pyramid. I know these questions are of no importance with respect to the Law of One, but it was my judgment-and please correct me if I am wrong, and make the necessary suggestions-that this would provide an easy entry for those who would read the material that will eventually become a book. We are very grateful for your contact and will certainly take any suggestions as to how we should receive this information.



RA: I am Ra. I will not suggest the proper series of questions. This is your prerogative as free agent of the Law of One having learned/understood that our social memory complex cannot effectually discern the distortions of the societal mind/body/spirit complex of your peoples. We wish now to fulfill our teach/learning honor/responsibility by answering what is asked. This only will suffice for we cannot plumb the depths of the distortion complexes which infect your peoples.

The first question, therefore, is the capstone. We iterate the unimportance of this type of data.

The so-called Great Pyramid had two capstones. One was of our design and was of smaller and carefully contrived pieces of the material upon your planet which you call "granite." This was contrived for crystalline properties and for the proper flow of your atmosphere via a type of what you would call "chimney."

At a time when we as a people had left your density, the original was taken away and a more precious one substituted. It consisted, in part, of a golden material. This did not change the properties of the pyramid, as you call it, at all, and was a distortion due to the desire of a few to mandate the use of the structure as a royal place only.

Do you wish to query further upon this first question?

QUESTIONER: What did you mean by chimney? What was its specific purpose?

RA: I am Ra. There is a proper flow of your atmosphere which, though small, freshens the whole of the structure. This was designed by having air-flow ducts, as this instrument might call them, situated so that there was a freshness of atmosphere without any disturbance or draft.

QUESTIONER: How were the blocks moved?

RA: I am Ra. You must picture the activity within all that is created. The energy is, though finite, quite large compared to the understanding/distortion by your peoples. This is an obvious point well known to your people, but little considered.

This energy is intelligent. It is hierarchical. Much as your mind/body/spirit complex dwells within a hierarchy of vehicles and retains, therefore, the shell or shape or field, and the intelligence of each ascendingly intelligent or balanced body, so does each atom of such a material as rock. When one can speak to that intelligence, the finite energy of the physical, or chemical rock/body is put into contact with that infinite power which is resident in the more well-tuned bodies, be they human or rock.

With this connection made, a request may be given. The intelligence of infinite rock-ness communicates to its physical vehicle and that splitting and moving which is desired is then carried out through the displacement of the energy field of rock-ness from finity to a dimension which we may conveniently call, simply, infinity.

In this way, that which is required is accomplished due to a cooperation of the infinite understanding of the Creator indwelling in the living rock. This is, of course, the mechanism by which many things are accomplished, which are not subject to your present means of physical analysis of action at a distance.

QUESTIONER: I am reminded of the statement-approximately-that if you had faith to move a mountain, the mountain would move. This seems to be approximately what you were saying. That if you are fully aware of the Law of One, you would be able to do these things. Is that correct?

RA: I am Ra. The vibratory distortion of sound, faith, is perhaps one of the stumbling blocks between those of what we may call the infinite path and those of the finite proving/understanding.

You are precisely correct in your understanding of the congruency of faith and intelligent infinity; however, one is a spiritual term, the other more acceptable perhaps to the conceptual framework distortions of those who seek with measure and pen.

QUESTIONER: Then if an individual is totally informed with respect to the Law of One and lives the Law of One, then such things as the building of the pyramids by direct mental effort would be commonplace. Is that what I am to understand?

RA: I am Ra. You are incorrect in that there is a distinction between the individual power through the Law of One and the combined, or societal memory complex mind/body/spirit understanding of the Law of One.

In the first case only the one individual, purified of all flaws, could move a mountain. In the case of mass understanding of unity, each individual may contain an acceptable amount of distortion and yet the mass mind could move mountains. The progress is normally from the understanding which you now seek to a dimension of understanding which is governed by the laws of love, and which seeks the laws of light. Those who are vibrating with the Law of Light seek the Law of One. Those who vibrate with the Law of One seek the Law of Foreverness.

We cannot say what is beyond this dissolution of the unified self with all that there is, for we still seek to become all that there is, and still are we Ra. Thus our paths go onward.

QUESTIONER: Was the pyramid then built by the mutual action of many?

RA: I am Ra. The pyramids which we thought/built were constructed thought-forms created by our social memory complex.

QUESTIONER: Then the rock was created in place rather than moved from some place else? Is that correct?

RA: I am Ra. We built with everlasting rock the Great Pyramid, as you call it. Other of the pyramids were built with stone moved from one place to another.

QUESTIONER: What is everlasting rock?

RA: I am Ra. If you can understand the concept of thought-forms you will realize that the thought-form is more regular in its distortion than the energy fields created by the materials in the rock which has been created through thought form from thought to finite energy and being-ness in your, shall we say, distorted reflection of the level of the thought-form.

May we answer you in any more helpful way?

QUESTIONER: This is rather trivial, but I was wondering why the pyramid was built with many blocks rather than creating the whole thing as one form created at once?

RA: I am Ra. There is a law which we believe to be one of the more significant primal distortions of the Law of One. That is the Law of Confusion. You have called this the Law of Free Will. We wished to make an healing machine, or time/space ratio complex which was as efficacious as possible. However, we did not desire to allow the mystery to be penetrated by the peoples in such a way that we became worshipped as builders of a miraculous pyramid. Thus it appears to be made, not thought.

QUESTIONER: Well, then you speak of the pyramid, the Great Pyramid, I assume, as primarily a healing machine, and also you spoke of it as a device for initiation. Are these one and the same concept?

RA: I am Ra. They are part of one complex of love/light intent/sharing. To use the healing properly it was important to have a purified and dedicated channel, or energizer, for the love/light of the Infinite Creator to flow through; thus the initiatory method was necessary to prepare the mind, the body, and the spirit for service in the Creator's work. The two are integral.

QUESTIONER: Does the shape of the pyramid have a function in the initiation process?

RA: I am Ra. This is a large question. We feel that we shall begin and ask you to re-evaluate and ask further at a later session, this somewhat, shall we say, informative point.

To begin. There are two main functions of the pyramid in relation to the initiatory procedures. One has to do with the body. Before the body can be initiated, the mind must be initiated. This is the point at which most adepts of your present cycle find their mind/body/spirit complexes distorted from. When the character and personality that is the true identity of the mind has been discovered, the body then must be known in each and every way. Thus, the various functions of the body need understanding and control with detachment. The first use of the pyramid, then, is the going down into the pyramid for purposes of

deprivation of sensory input so that the body may, in a sense, be dead and another life begin.

We advise, at this time, any necessary questions and a fairly rapid ending of this session. Have you any query at this time/space?

QUESTIONER: The only question is, is there anything that we have done wrong, or that we could do to make the instrument more comfortable?

RA: I am Ra. We scan this instrument.

This instrument has been much aided by these precautions. We suggest only some attention to the neck which seems in this body/distortion to be distorted in the area of strength/weakness. More support, therefore, to the neck area may be an aid.

QUESTIONER: Should we have the instrument drink the water from the chalice behind her head, or should we have her drink from another glass after we charge it with love?

RA: I am Ra. That and only that chalice shall be the most beneficial as the virgin material living in the chalice accepts, retains, and responds to the love vibration activated by your being-ness.

I am Ra. I will now leave this group rejoicing in the power and peace of the One Creator. Adonai.

## THE LAW OF ONE, Book II

By an humble messenger of the Law of One

In Book Two of THE LAW OF ONE, the nature of each of the densities or dimensions of this octave of creation is explored in detail, with special emphasis given to how evolution from our third density to the fourth density is accomplished. The relationship between the densities of creation and the energy centers of the body is investigated so that each experience can be used as catalyst for growth to balance and crystallize the energy centers, or chakras, of the student of evolution. Wanderers, sexual energy transfers, the physics of Dewey B. Larson, polarization in consciousness, ritual magic, and the nature and function of the Higher Self are all explored as they are related to the Law of One.

Book Two contains Sessions #27 through #50.

Excerpts from Book 2:

## THE LAW OF ONE, Book II

By Ra,  
an humble messenger of  
The Law of One

RA, SESSION #27

February 21, 1981

RA: I am Ra. I greet you in the love and the light of the One Infinite Creator. I communicate now.

QUESTIONER: This session I thought we would start Book Two of THE LAW OF ONE, which will focus on what we consider to be the only important aspect of our being. This, I assume, will be a much more difficult task than the first book. We want to focus on things that are not transient, and as questioner I may have difficulty at times.

When I do have this difficulty I may fall back on some transient questions simply because I will not be able to formulate what I really need, and I apologize for this. I will try my best to stay on the track and eliminate things of no value from the book if they do occur during my questioning.

The statement I will make to begin with is: In this density we tend to focus our minds on some transient condition or activity with little regard to its value or use as an aid or a tool for growth and understanding of the true and undistorted essence of the creation of which we are an integral part.

I will attempt, by starting at the beginning of creation, to establish an overview of ourselves in the creation, thereby arriving at a more informed viewpoint of what we consider to be reality. It is hoped that this will allow us to participate more effectively in the process of evolution.

I would like to start with definitions of words that we have been using that possibly we have not-and possibly cannot-understand totally, but since the first words that we use are intelligent infinity, I would like for

you to define each of these words and give the definition of their combination.

RA: I am Ra. Your vibrations of mind complex indicate a query. However, your vibrational sound complex indicate a preference. Please restate.

QUESTIONER: Would you define the word intelligent in the context of intelligent infinity?

RA: I am Ra. We shall address the entire spectrum of this question before defining as requested. Your language, using vibrational sound complexes, can be at best an approximation of that which is closer to an understanding, if you will, of the nature of conscious thought. Perceptions are not the same as sound vibration complexes and the attempt to define will therefore be a frustrating one for you, although we are happy to aid you within the limits of your sound vibration complexes.

To define intelligent apart from infinity is difficult, for these two vibration complexes equal one concept. It is much like attempting to divide your sound vibration concept, faith, into two parts. We shall attempt to aid you however.

QUESTIONER: It is not necessary to divide it. The definition of intelligent infinity is sufficient. Could you define that please?

RA: I am Ra. This is exponentially simpler and less confusing. There is unity. This unity is all that there is. This unity has a potential and kinetic. The potential is intelligent infinity. Tapping this potential will yield work. This work has been called by us, intelligent energy.

The nature of this work is dependent upon the particular distortion of free will which in turn is the nature of a particular intelligent energy of kinetic focus of the potential of unity or that which is all.

QUESTIONER: I would like to expand a little on the concept of work. In Newtonian physics the concept of work is the product of force and distance. I am assuming that the work of which you speak is a much broader term including possibly work in consciousness. Am I correct?

RA: I am Ra. As we use this term it is universal in application. Intelligent infinity has a rhythm or flow as of a giant heart beginning with the



central sun as you would think or conceive of this, the presence of the flow inevitable as a tide of beingness without polarity, without finity; the vast and silent all beating outward, outward, focusing outward and inward until the focuses are complete. The intelligence or consciousness of foci have reached a state where their, shall we say, spiritual nature or mass calls them inward, inward, inward until all is coalesced. This is the rhythm of reality as you spoke.

QUESTIONER: Then I think I have extracted an important point from this in that in intelligent infinity we have work without polarity, or a potential difference does not have to exist. Is this correct?

RA: I am Ra. There is no difference, potential or kinetic, in unity. The basic rhythms of intelligent infinity are totally without distortion of any kind. The rhythms are clothed in mystery, for they are being itself. From this undistorted unity, however, appears a potential in relation to intelligent energy.

In this way you may observe the term to be somewhat two-sided, one use of the term, that being as the undistorted unity, being without any kinetic or potential side. The other application of this term, which we use undifferentiatedly for lack of other terms in the sense of the vast potential tapped into by foci or focuses of energy, we call intelligent energy.

QUESTIONER: I understand that the first distortion of intelligent infinity is the distortion of what we call free will. Can you give me a definition of this distortion?

RA: I am Ra. In this distortion of the Law of One it is recognized that the Creator will know Itself.

QUESTIONER: Then am I correct in assuming that the Creator then grants for this knowing the concept of total freedom of choice in the ways of knowing? Am I correct?

RA: I am Ra. This is quite correct.

QUESTIONER: This then being the first distortion of the Law of One, which I am assuming is the Law of Intelligent Infinity, all other

distortions which are the total experience of the creation spring from this. Is this correct?

RA: I am Ra. This is both correct and incorrect. In your illusion all experience springs from the Law of Free Will or the Way of Confusion. In another sense, which we are learning, the experiences are this distortion.

QUESTIONER: I will have to think about that and ask questions on it in the next session, so I will go on now to what you have given me as the second distortion which is the distortion of love. Is this correct?

RA: I am Ra. This is correct.

QUESTIONER: I would like for you to define love in its sense as the second distortion.

RA: I am Ra. This must be defined against the background of intelligent infinity or unity or the One Creator with the primal distortion of free will. The term Love then may be seen as the focus, the choice of attack, the type of energy of an extremely, shall we say, high order which causes intelligent energy to be formed from the potential of intelligent infinity in just such and such a way. This then may be seen to be an object rather than an activity by some of your peoples, and the principle of this extremely strong energy focus being worshipped as the Creator instead of unity or oneness from which all Loves emanate.

QUESTIONER: Is there a manifestation of love that we could call vibration?

RA: I am Ra. Again we reach semantic difficulties. The vibration or density of love or understanding is not a term used in the same sense as the second distortion, Love; the distortion Love being the great activator and primal co-Creator of various creations using intelligent infinity; the vibration love being that density in which those who have learned to do an activity called "loving" without significant distortion, then seek the ways of light or wisdom. Thus in vibratory sense love comes into light in the sense of the activity of unity in its free will. Love uses light and has the power to direct light in its distortions. Thus vibratory complexes recapitulate in reverse the creation in its unity, thus showing the rhythm or flow of the great heartbeat, if you will use this analogy.

QUESTIONER: I will make a statement that I have extracted from the physics of Dewey Larson which may or may not be close to what we are trying to explain. Larson says that all is motion which we can take as vibration, and that vibration is pure vibration and is not physical in any way or in any form or density, and the first product of that vibration is what we call the photon or particle of light. I am trying to make an analogy between this physical solution and the concept of love and light. Is this close to the concept of Love creating light?

RA: I am Ra. You are correct.

QUESTIONER: Then I will expand a bit more on this concept. We have the infinite vibration of Love which can occur, I am assuming, at varying frequencies.

I would assume that it begins at one basic frequency. Does this have any meaning?

RA: I am Ra. Each Love, as you term the prime movers, comes from one frequency, if you wish to use this term. This frequency is unity. We would perhaps liken it rather to a strength than a frequency, this strength being infinite, the finite qualities being chosen by the particular nature of this primal movement.

QUESTIONER: Then this vibration which is, for lack of better understanding, pure motion; it is pure love; it is nothing that is yet condensed, shall we say, to form any type of density of illusion. This Love then creates by this process of vibration a photon, as we call it, which is the basic particle of light. This photon then, by added vibrations and rotation, further condenses into particles of the densities we experience. Is this correct?

RA: I am Ra. This is correct.

QUESTIONER: Then this light which forms the densities has what we call color. This color is divided into seven categories. Can you tell me if there is a reason or explanation for these categories of color?

RA: I am Ra. This will be the last complete question of this session as this instrument is low on vital energy. We will answer briefly and then you may question further in subsequent sessions.

The nature of the vibratory patterns of your universe is dependent upon the configurations placed upon the original material or light by the focus or Love using Its intelligent energy to create a certain pattern of illusions or densities in order to satisfy Its own intelligent estimate of a method of knowing Itself. Thus the colors, as you call them, are as straight, or narrow, or necessary as is possible to express, given the will of Love.

There is further information which we shall be happy to share by answering your questions. However, we do not wish to deplete this instrument. Is there a short query necessary before we leave?

QUESTIONER: The only thing I need to know is if there is anything that we can do to make the instrument more comfortable or to help her or this contact?

RA: I am Ra. This instrument is slightly uncomfortable. Perhaps a simpler configuration of the body would be appropriate given the instrument's improving physical complex condition.

I am Ra. You are conscientious in your endeavors. We shall be with you. We leave you now in the love and in the light of the One Infinite Creator. Rejoice, therefore, in the power and the peace of the One Infinite Creator. Adonai.

RA, SESSION #28

February 22, 1981

RA: I am Ra. I greet you in the love and the light of the Infinite Creator. I communicate now.

QUESTIONER: I may be backtracking a little today because I think that possibly we are at the most important part of what we are doing in trying to make it apparent how everything is one, how it comes from one intelligent infinity. This is difficult, so please bear with my errors in questioning.

The concept that I have right now of the process, using both what you have told me and some of Dewey Larson's material having to do with the physics of the process, is that intelligent infinity expands outward from

all locations everywhere. It expands outward uniformly like the surface of a bubble or a balloon expanding outward from every point everywhere. It expands outward at what is called unit velocity or the velocity of light. This is Larson's idea of the progression of what he calls space/time. Is this concept correct?

RA: I am Ra. This concept is incorrect as is any concept of the one intelligent infinity. This concept is correct in the context of one particular Logos, or Love, or focus of this Creator which has chosen Its, shall we say, natural laws and ways of expressing them mathematically and otherwise.

The one undifferentiated intelligent infinity, unpolarized, full and whole, is the macrocosm of the mystery-clad being. We are messengers of the Law of One. Unity, at this approximation of understanding, cannot be specified by any physics but only become activated or potentiated intelligent infinity due to the catalyst of free will. This may be difficult to accept. However, the understandings we have to share begin and end in mystery.

QUESTIONER: Yesterday we had arrived at a point where we were considering colors of light. You said: "The nature of the vibratory patterns of your universe is dependent upon the configurations placed upon the original material or light by the focus or Love using Its intelligent energy to create a certain pattern of illusions or densities in order to satisfy Its own intelligent estimate of a method of knowing Itself." Then after this you said that there was more material that you would be happy to share, but we ran out of time. Could you give us further information on that?

RA: I am Ra. In discussing this information we then, shall we say, snap back into the particular methods of understanding or seeing that which the one, sound vibration complex, Dewey, offers; this being correct for the second meaning of intelligent infinity: the potential which then through catalyst forms the kinetic.

This information is a natural progression of inspection of the kinetic shape of your environment. You may understand each color or ray as being, as we had said, a very specific and accurate portion of intelligent energy's representation of intelligent infinity, each ray having been previously inspected in other regards .

This information may be of aid here. We speak now nonspecifically to increase the depth of your conceptualization of the nature of what is. The universe in which you live is recapitulation in each part of intelligent infinity. Thus you will see the same patterns repeated in physical and metaphysical areas; the rays or portions of light being, as you surmise, those areas of what you may call the physical illusion which rotate, vibrate, or are of a nature that may be, shall we say, counted or categorized in rotation manner in space/time as described by the one known as Dewey; some substances having various of the rays in a physical manifestation visible to the eye, this being apparent in the nature of your crystallized minerals which you count as precious, the ruby being red and so forth.

QUESTIONER: This light occurred as a consequence of vibration which is a consequence of Love. I am going to ask if that statement is correct?

RA: I am Ra. This statement is correct.

QUESTIONER: This light then can condense into material as we know it into our density, into all of our chemical elements because of rotations of the vibration at quantized units or intervals of angular velocity. Is this correct?

RA: I am Ra. This is quite correct.

QUESTIONER: Thank you. I am wondering, what is the catalyst or the activator of the rotation? What causes the rotation so that light condenses into our physical or chemical elements?

RA: I am Ra. It is necessary to consider the enabling function of the focus known as Love. This energy is of an ordering nature. It orders in a cumulative way from greater to lesser so that when Its universe, as you may call it, is complete, the manner of development of each detail is inherent in the living light and thus will develop in such and such a way; your own universe having been well-studied in an empirical fashion by those you call your scientists and having been understood or visualized, shall we say, with greater accuracy by the understandings or visualizations of the one known as Dewey.

QUESTIONER: When does the individualization or the individualized portion of consciousness come into play? At what point does individualized consciousness take over working on the basic light?

RA: I am Ra. You remain carefully in the area of creation itself. In this process we must further confuse you by stating that the process by which free will acts upon potential intelligent infinity to become focused intelligent energy takes place without the space/time of which you are so aware as it is your continuum experience.

The experience or existence of space/time comes into being after the individuation process of Logos or Love has been completed and the physical universe, as you would call it, has coalesced or begun to draw inward while moving outward to the extent that that which you call your sun bodies have in their turn created timeless chaos coalescing into what you call planets, these vortices of intelligent energy spending a large amount of what you would call first density in a timeless state, the space/time realization being one of the learn/teachings of this density of being-ness.

Thus we have difficulty answering your questions with regard to time and space and their relationship to the, what you would call, original creation which is not a part of space/time as you can understand it.

QUESTIONER: Thank you. Does a unit of consciousness, an individualized unit of consciousness, create a unit of the creation? I will give an example.

One individualized consciousness creates one galaxy of stars, the type that has many millions of stars in it. Does this happen?

RA: I am Ra. This can happen. The possibilities are infinite. Thus a Logos may create what you call a star system or it may be the Logos creating billions of star systems. This is the cause of the confusion in the term galaxy, for there are many different Logos entities or creations and we would call each, using your sound vibration complexes, a galaxy.

QUESTIONER: Let's take as an example the planet that we are on now and tell me how much of the creation was created by the same Logos that created this planet?

RA: I am Ra. This planetary Logos is a strong Logos creating approximately 250 billion of your star systems for Its creation. The, shall we say, laws or physical ways of this creation will remain, therefore, constant.

QUESTIONER: Then what you are saying is that the lenticular star system which we call a galaxy that we find ourselves in with approximately 250 billion other suns like our own was created by a single Logos. Is this correct?

RA: I am Ra. This is correct.

QUESTIONER: Since there are many individualized portions of consciousness in this lenticular galaxy, did this Logos then subdivide into more individualization of consciousness to create these consciousnesses?

RA: I am Ra. You are perceptive. This is also correct although an apparent paradox.

QUESTIONER: Could you tell me what you mean by an apparent paradox?

RA: I am Ra. It would seem that if one Logos creates the intelligent energy ways for a large system there would not be the necessity or possibility of the further sub-Logos differentiation. However, within limits, this is precisely the case, and it is perceptive that this has been seen.

QUESTIONER: Thank you. I'll call the lenticular galaxy that we are in the major galaxy just so we will not get mixed up in our terms. Does all the consciousness in individualized form that goes into what we are calling the major galaxy start out and go through all of the densities in order, one-two-three-four-five-six-seven and into the eighth, or are there some who start up higher in the rank so that there is always a mixture of intelligent consciousness in the galaxy?

RA: I am Ra. The latter is more nearly correct. In each beginning there is the beginning from infinite strength. Free will acts as a catalyst. Beings begin to form the universes. Consciousness then begins to have the



potential to experience. The potentials of experience are created as a part of intelligent energy and are fixed before experience begins.

However, there is always, due to free will acting infinitely upon the creation, a great variation in initial responses to intelligent energy's potential. Thus almost immediately the foundations of the, shall we call it, hierarchical nature of beings begins to manifest as some portions of consciousness or awareness learn through experience in a much more efficient manner.

QUESTIONER: Is there any reason for some portions being much more efficient in learning?

RA: I am Ra. Is there any reason for some to learn more quickly than others? Look, if you wish, to the function of the will ... the, shall we say, attraction to the upward spiraling line of light.

QUESTIONER: I am assuming that there are eight densities created when this major galaxy was created. Is this correct?

RA: I am Ra. This is basically correct. However, it is well to perceive that the eighth density functions also as the beginning density or first density, in its latter stages, of the next octave of densities.

QUESTIONER: Are you saying then that there are an infinite number of octaves of densities one through eight?

RA: I am Ra. We wish to establish that we are truly humble messengers of the Law of One. We can speak to you of our experiences and our understandings and teach/learn in limited ways. However, we cannot speak in firm knowledge of all the creations. We know only that they are infinite. We assume an infinite number of octaves.

However, it has been impressed upon us by our own teachers that there is a mystery-clad unity of creation in which all consciousness periodically coalesces and again begins. Thus we can only say we assume an infinite progression though we understand it to be cyclical in nature and, as we have said, clad in mystery.

QUESTIONER: Thank you. When this major galaxy is formed by the Logos, polarity then exists in a sense that we have electrical polarity. We do have electrical polarity existing at that time. Is that correct?

RA: I am Ra. I accept this as correct with the stipulation that what you term electrical be understood as not only the one, Larson, stipulated its meaning but also in what you would call the metaphysical sense.

QUESTIONER: Are you saying then that we have not only a polarity of electrical charge but also a polarity in consciousness at that time?

RA: I am Ra. This is correct. All is potentially available from the beginning of your physical space/time; it then being the function of consciousness complexes to begin to use the physical materials to gain experience to then polarize in a metaphysical sense. The potentials for this are not created by the experiencer but by intelligent energy.

This will be the last full question of this session due to our desire to foster this instrument as it slowly regains physical complex energy. May we ask if you have one or two questions we may answer shortly before we close?

QUESTIONER: I am assuming that the process of creation, after the original creation of the major galaxy, is continued by the further individualization of the consciousness of the Logos so that there are many, many portions of the individualized consciousness creating further items for experience all over the galaxy. Is this correct?

RA: I am Ra. This is correct, for within the, shall we say, guidelines or ways of the Logos, the sub-Logos may find various means of differentiating experiences without removing or adding to these ways.

QUESTIONER: Thank you. And since we are out of time I will ask if there is anything that we can do to make the instrument more comfortable or to help the contact?

RA: I am Ra. This instrument is well adjusted. You are conscientious.

I am Ra. I leave you, my friends, in the love and the light of the One Infinite Creator. Go forth then rejoicing in the power and the peace of the One Creator. Adonai.

RA, SESSION #29

February 23, 1981

RA: I am Ra. I greet you in the love and the light of the Infinite Creator. I communicate now.

QUESTIONER: Is our sun a sub-Logos or the physical manifestation of a sub-Logos?

RA: I am Ra. This is correct.

QUESTIONER: Then I am assuming that this sub-Logos created this planetary system in all of its densities. Is this correct?

RA: I am Ra. This is incorrect. The sub-Logos of your solar entity differentiated some experiential components within the patterns of intelligent energy set in motion by the Logos which created the basic conditions and vibratory rates consistent throughout your, what you have called, major galaxy.

QUESTIONER: Then is this sub-Logos which is our sun the same sub-Logos just manifesting in different parts through the galaxy, or is it all the stars in the galaxy?

RA: I am Ra. Please restate.

QUESTIONER: What I'm saying is that there are roughly 250 billion stars somewhat like ours in this major galaxy. Are they all part of the same sub-Logos?

RA: I am Ra. They are all part of the same Logos. Your solar system, as you would call it, is a manifestation somewhat and slightly different due to the presence of a sub-Logos.

QUESTIONER: Let me be sure I'm right then. Our sun is a sub-Logos of the Logos of the major galaxy?

RA: I am Ra. This is correct.

QUESTIONER: Are there any sub-sub-Logoi that are found in our planetary system that are “sub” to our sun?

RA: I am Ra. This is correct.

QUESTIONER: Would you give me an example of what I will call a sub-sub-Logos?

RA: I am Ra. One example is your mind/body/spirit complex.

QUESTIONER: Then every entity that exists would be some type of sub or sub-sub-Logos. Is that correct?

RA: I am Ra. This is correct down to the limits of any observation, for the entire creation is alive.

QUESTIONER: Then the planet which we walk upon here would be some form of sub-sub-Logos. Is this correct?

RA: I am Ra. A planetary entity is so named only as Logos if It is working in harmonic fashion with entities or mind/body complexes upon Its surface or within Its electromagnetic field.

QUESTIONER: Do the sub-Logoi such as our sun have a metaphysical polarity positive or negative as we have been using the term?

RA: I am Ra. As you use the term, this is not so. Entities through the level of planetary have the strength of intelligent infinity through the use of free will, going through the actions of beingness. The polarity is not thusly as you understand polarity. It is only when the planetary sphere begins harmonically interacting with mind/body complexes, and more especially mind/body/spirit complexes, that planetary spheres take on distortions due to the thought complexes of entities interacting with the planetary entity. The creation of the One Infinite Creator does not have the polarity you speak of.

QUESTIONER: Thank you. Yesterday you stated that planets in first density are in a timeless state to begin with. Can you tell me how the effect that we appreciate as time comes into being?

RA: I am Ra. We have just described to you the state of beingness of each Logos. The process by which space/time comes into continuum form is a function of the careful building, shall we say, of an entire or whole plan of vibratory rates, densities, and potentials. When this plan has coalesced in the thought complexes of Love, then the physical manifestations begin to appear; this first manifestation stage being awareness or consciousness.

At the point at which this coalescence is at the living-ness or being-ness point, the point or fountainhead of beginning, space/time then begins to unroll its scroll of living-ness.

QUESTIONER: I believe that Love creates the vibration in space/time in order to form the photon. Is this correct?

RA: I am Ra. This is essentially correct.

QUESTIONER: Then the continued application of Love-I will assume that this is directed by a sub-Logos or a sub-sub-Logos-creates rotations of these vibrations which are in discrete units of angular velocity. This then creates chemical elements in our physical illusion and I will assume the elements in the nonphysical or other densities in the illusion. Is this correct?

RA: I am Ra. The Logos creates all densities. Your question was unclear. However, we shall state the Logos does create both the space/time densities and the accompanying time/space densities.

QUESTIONER: What I am assuming is that quantized incremental rotations of the vibrations show up as a material of these densities. Is this correct?

RA: I am Ra. This is essentially correct.

QUESTIONER: Then because of these rotations there is an inward motion of these particles which is opposite the direction of space/time progression as I understand it, and this inward progression then is seen by us as what we call gravity. Is this correct?

RA: I am Ra. This is incorrect.

QUESTIONER: Can you tell me how the gravity comes about?

RA: I am Ra. This that you speak of as gravity may be seen as the pressing towards the inner light/love, the seeking towards the spiral line of light which progresses towards the Creator. This is a manifestation of a spiritual event or condition of living-ness.

QUESTIONER: The gravity that we know of on our moon is less than it is on our planet. Is there a metaphysical principle behind this that you could explain?

RA: I am Ra. The metaphysical and physical are inseparable. Thus that of which you spoke which attempts to explain this phenomenon is able to, shall we say, calculate the gravitational force of most objects due to the various physical aspects such as what you know of as mass. However, we felt it was necessary to indicate the corresponding and equally important metaphysical nature of gravity.

QUESTIONER: I sometimes have difficulty in getting a foothold into what I am looking for. I am trying to seek out the metaphysical principles, you might say, behind our physical illusion.

Could you give me an example of the amount of gravity in the third density conditions at the surface of the planet Venus? Would it be greater or less than Earth's?

RA: I am Ra. The gravity, shall we say, the attractive force which we also describe as the pressing outward force towards the Creator is greater spiritually upon the entity you call Venus due to the greater degree of success, shall we say, at seeking the Creator.

This point only becomes important when you consider that when all of creation in its infinity has reached a spiritual gravitational mass of sufficient nature, the entire creation infinitely coalesces; the light seeking and finding its source and thusly ending the creation and beginning a new creation much as you consider the black hole, as you call it, with its conditions of infinitely great mass at the zero point from which no light may be seen as it has been absorbed.

QUESTIONER: Then the black hole would be a point at which the environmental material has succeeded in uniting with unity or with the Creator? Is this correct?

RA: I am Ra. The black hole which manifests third density is the physical complex manifestation of this spiritual or metaphysical state. This is correct.

QUESTIONER: Then when our planet is fully into fourth density, will there be a greater gravity?

RA: I am Ra. There will be a greater spiritual gravity thus causing a denser illusion.

QUESTIONER. This denser illusion then I would assume increases gravitational acceleration above the 32 feet per second squared that we experience. Is this correct?

RA: I am Ra. Your entities do not have the instrumentation to measure spiritual gravity but only to observe a few of its extreme manifestations.

QUESTIONER: This I know, that we can't measure spiritual gravity, but I was just wondering if the physical effect could be measured as an increase in the gravitational constant? That was my question.

RA: I am Ra. The increase measurable by existing instrumentation would and will be statistical in nature only and not significant.

QUESTIONER: OK. As the creation is formed, as the atoms form as rotations of the vibration which is light, they coalesce in a certain manner sometimes. They produce a lattice structure which we call crystalline. I am guessing that because of the formation from intelligent energy of the precise crystalline structure that it is possible by some technique to tap intelligent energy and bring it into the physical illusion by working through the crystalline structure. Is this correct?

RA: I am Ra. This is correct only in so far as the crystalline physical structure is charged by a correspondingly crystallized or regularized or balanced mind/body/spirit complex.

QUESTIONER: I don't wish to get off on subjects of no importance, but it is difficult sometimes to see precisely in what direction to go. I would like to investigate a little bit more this idea of crystals, how they are used. I am assuming then from what you said that in order to use the crystal to tap intelligent energy, it is necessary to have a partially undistorted mind/body/spirit complex. Is this correct?

RA: I am Ra. This is specifically correct.

QUESTIONER: There must be a point at which the removal of distortion reaches the minimum for use of the crystal in tapping intelligent energy. Is this correct?

RA: I am Ra. This is correct only if it is understood, shall we say, that each mind/body/spirit complex has an unique such point.

QUESTIONER: Can you tell me why each mind/body/spirit complex has this unique point of distortion-ridding?

RA: I am Ra. Each mind/body/spirit complex is an unique portion of the One Creator.

QUESTIONER: Then you are saying that there is no single level of purity required to tap intelligent energy through crystals but there can be a wide variation in the amount of distortion that an entity may have, but each entity has to reach his particular point of what I might call energizing the ability. Is this right?

RA: I am Ra. This is incorrect. The necessity is for the mind/body/spirit complex to be of a certain balance, this balance thus enabling it to reach a set level of lack of distortion. The critical difficulties are unique for each mind/body/spirit complex due to the experiential distillations which in total are the, shall we say, violet-ray being-ness of each such entity.

This balance is what is necessary for work to be done in seeking the gateway to intelligent infinity through the use of crystals or through any other use. No two mind/body/spirit crystallized natures are the same. The distortion requirements, vibrationally speaking, are set.



QUESTIONER: I see. Then if you are able to read the violet ray of an entity, to see that ray, is it possible to immediately determine whether the entity could use crystals to tap intelligent energy?

RA: I am Ra. It is possible for one of fifth density or above to do this.

QUESTIONER: Is it possible for you to tell me how an entity who has satisfactorily achieved the necessary violet ray qualification should use the crystal?

RA: I am Ra. The gateway to intelligent infinity is born of, shall we say, the sympathetic vibration in balanced state accompanying the will to serve, the will to seek.

QUESTIONER: Can you tell me precisely what the entity would do with the crystal to use it for the purpose of seeking the intelligent infinity?

RA: I am Ra. The use of the crystal in physical manifestation is that use wherein the entity of crystalline nature charges the regularized physical crystal with this seeking, thus enabling it to vibrate harmonically and also become the catalyst or gateway whereby intelligent infinity may thus become intelligent energy, this crystal serving as an analog of the violet ray of the mind/body/spirit in relatively undistorted form.

QUESTIONER: Is it possible for you to instruct us in the specific uses of crystals?

RA: I am Ra. It is possible. There are, we consider, things which are not efficacious to tell you due to possible infringement upon your free will. Entities of the Confederation have done this in the past. The uses of the crystal, as you know, include the uses for healing, for power, and even for the development of lifeforms. We feel that it is unwise to offer instruction at this time as your peoples have shown a tendency to use peaceful sources of power for disharmonious reasons.

QUESTIONER: Is it possible for you to give me an example of various planetary developments in what I would call a metaphysical sense having to do with the development of consciousness and its polarities throughout the galaxy? In other words I believe that some of these planets develop quite rapidly into higher density planets and some take longer times. Can you give me some idea of that development?

RA: I am Ra. This will be the final full query of this session.

The particular Logos of your major galaxy has used a large portion of Its coalesced material to reflect the being-ness of the Creator. In this way there is much of your galactic system which does not have the progression of which you speak but dwells spiritually as a portion of the Logos. Of those entities upon which consciousness dwells there is, as you surmise, a variety of time/space periods during which the higher densities of experience are attained by consciousness.

Is there any short query further before we close?

QUESTIONER: Is there anything that we can do to make the instrument more comfortable or to improve the contact?

RA: I am Ra. You are conscientious. The entity is well aligned

I am Ra. I leave you now in the love and the light of the One Infinite Creator. Go forth, therefore, rejoicing in the power and the peace of the One infinite Creator. Adonai.

## THE LAW OF ONE, Book III

By an humble messenger of the Law of One

THE LAW OF ONE, Book Three builds on the information presented in Books One and Two, continuing the exploration of the nature and balancing of the energy centers, sexual energy transfers, healing, reincarnation, meditation and Wanderers. The nature of psychic prophecy is explored in Book Three, as are the nature and ramifications of what are usually called psychic attacks.

A good deal of information is given on the principles of ritual magic in general and white magic in particular, and a beginning is made in the study of the archetypical mind, which is the mind of the Logos or Love and is the foundation concept for each of our individual minds.

Book Three contains Sessions #51 through #75.

Excerpts from Book 3:

## THE LAW OF ONE, Book III

By Ra,  
an humble messenger of  
The Law of One

RA, Session #51

May 13, 1981

RA: I am Ra. I greet you in the love and in the light of the One Infinite Creator. We communicate now.

QUESTIONER: As we begin Book Three of THE LAW OF ONE there are a couple of questions of fairly non-transient importance that I have and one that I consider to be of a transient nature that I feel obligated to ask.

The first is clearing up the final point about harvest. I was wondering if there is a supervision over the harvest and if so, why this supervision is necessary and how it works since an entity's harvestability is determined by the violet ray? Is it necessary for entities to supervise the harvest, or is it automatic?

RA: I am Ra. In time of harvest there are always harvesters. The fruit is formed as it will be, but there is some supervision necessary to ensure that this bounty is placed as it should be without the bruise or the blemish.

There are those of three levels watching over harvest.

The first level is planetary and that which may be called angelic. This type of guardian includes the mind/body/spirit complex totality or Higher Self of an entity and those inner plane entities which have been attracted to this entity through its inner seeking.

The second class of those who ward this process are those of the Confederation who have the honor/duty of standing in the small places at the edge of the steps of light/love so that those entities being harvested will not, no matter how confused or unable to make contact

with their Higher Self, stumble and fall away for any reason other than the strength of the light. These Confederation entities catch those who stumble and set them aright so that they may continue into the light.

The third group watching over this process is that group you call the Guardians. This group is from the octave above our own and serves in this manner as light bringers. These Guardians provide the precise emissions of light/love in exquisitely fastidious disseminations of discrimination so that the precise light/love vibration of each entity may be ascertained.

Thus the harvest is automatic in that those harvested will respond according to that which is unchangeable during harvest. That is the violet ray emanation. However, these helpers are around to ensure a proper harvesting so that each entity may have the fullest opportunity to express its violet ray selfhood.

QUESTIONER: This next question I feel to be a transient type of question; however, it has been asked me by one whom I have communicated with who has been involved intensely in the UFO portion of the phenomenon. If you deem it too transient or unimportant we'll skip it, but I have been asked how it is possible for the craft of the fourth-density to get here since it seems that as you approach the velocity of light the mass approaches infinity. My question would be why craft would be necessary at all?

RA: I am Ra. You have asked several questions. We shall respond in turn.

Firstly, we agree that this material is transient.

Secondly, those for the most part coming from distant points, as you term them, do not need craft as you know them. The query itself requires understanding which you do not possess. We shall attempt to state what may be stated.

Firstly, there are a few third-density entities who have learned how to use craft to travel between star systems while experiencing the limitations you now understand. However, such entities have learned to use hydrogen in a way different from your understanding now. These entities still take quite long durations of time, as you measure it, to move

about. However, these entities are able to use hypothermia to slow the physical and mental complex processes in order to withstand the duration of flight. Those such as are from Sirius are of this type. There are two other types.

One is the type which, coming from fourth, fifth, or sixth density in your own galaxy, has access to a type of energy system which uses the speed of light as a slingshot and thus arrives where it wishes without any perceptible time elapsed in your view.

The other type of experience is that of fourth, fifth, and sixth densities of other galaxies and some within your own galaxy which have learned the necessary disciplines of personality to view the universe as one being and, therefore, are able to proceed from locus to locus by thought alone, materializing the necessary craft, if you will, to enclose the light body of the entity.

QUESTIONER: I assume that that latter type is the type we experience with the landings of the Orion group. Is this correct?

RA: I am Ra. The Orion group is mixed between the penultimate and the latter groups.

QUESTIONER: Why is a vehicle necessary for this transition? When you, as Ra, went to Egypt earlier you used bell-shaped craft, but you did this by thought. Can you tell me why you used a vehicle rather than just materializing the body?

RA: I am Ra. The vehicle or craft is that thought-form upon which our concentration may function as motivator. We would not choose to use our mind/body/spirit complexes as the focus for such a working.

QUESTIONER: Thank you. It seems to me, and you can tell me where I am going wrong with this statement, that we have seven bodies each corresponding to one of the seven colors of the spectrum and that energy that creates these seven bodies is a universal type of energy that streams into our planetary environment and comes in through the seven energy centers that we have called chakras to develop and perfect these bodies. Each of these bodies is somehow related to the mental configuration that we have and the perfection of these bodies and the total in-streaming of this energy is a function of this mental configuration, and through this

mental configuration we may block, to some extent, the in-streamings of energy that created these seven bodies. Could you comment on where I am wrong and correct that which I have stated?

RA: I am Ra. Your statement is substantially correct. To use the term “mental configuration” is to oversimplify the manners of blockage of in-streaming which occur in your density. The mind complex has a relationship to the spirit and body complexes which is not fixed. Thus blockages may occur betwixt spirit and mind, or body and mind, upon many different levels. We reiterate that each energy center has seven sub-colors, let us say, for convenience. Thus spiritual/mental blockages combined with mental/bodily blockages may affect each of the energy centers in several differing ways. Thus you may see the subtle nature of the balancing and evolutionary process.

QUESTIONER: I am unsure as to whether this will provide an avenue of questioning that will be fruitful, but I will ask this question since it seems to me that there is a connection here.

On the back of the book, SECRETS OF THE GREAT PYRAMID, there are several reproductions of Egyptian drawings or works, some showing birds flying over horizontal entities. Could you tell me what this is and if it has any relationship to Ra?

RA: I am Ra. These drawings of which you speak are some of many which distort the teaching of our perception of death as the gateway to further experience. The distortions concern those considerations of specific nature as to processes of the so-called “dead” mind/body/spirit complex. This may be termed, in your philosophy, the distortion of Gnosticism: that is, the belief that one may achieve knowledge and a proper position by means of carefully perceived and accentuated movements, concepts, and symbols. In fact, the process of the physical death is as we have described before: one in which there is aid available and the only need at death is the releasing of that entity from its body by those around it and the praising of the process by those who grieve. By these means may the mind/body/spirit which has experienced physical death be aided, not by the various perceptions of careful and repeated rituals.

QUESTIONER: You spoke at an earlier time of rotational speeds of energy centers. Am I correct in assuming that this is a function of the blockage

of the energy center so that when it is less blocked, the speed of rotation is higher and the energy instreaming is greater?

RA: I am Ra. You are partially correct. In the first three energy centers a full unblocking of this energy will create speeds of rotation. As the entity develops the higher energy centers, however, these centers will then begin to express their nature by forming crystal structures. This is the higher or more balanced form of activation of energy centers as the space/time nature of this energy is transmuted to the time/space nature of regularization and balance.

QUESTIONER: What do you mean by crystal structures?

RA: I am Ra. Each of the energy centers of the physical complex may be seen to have a distinctive crystalline structure in the more developed entity. Each will be somewhat different just as in your world no two snowflakes are alike. However, each is regular. The red energy center often is in the shape of the spoked wheel. The orange energy center in the flower shape containing three petals.

The yellow center again in a rounded shape, many faceted, as a star.

The green energy center sometimes called the lotus-shape, the number of points of crystalline structure dependent upon the strength of this center.

The blue energy center capable of having perhaps one hundred facets and capable of great flashing brilliance.

The indigo center a more quiet center which has the basic triangular or three-petalled shape in many, although some adepts who have balanced the lower energies may create more faceted forms.

The violet energy center is the least variable and is sometimes described in your philosophy as thousand-petalled as it is the sum of the mind/body/spirit complex distortion totality.

QUESTIONER: Right now I feel a feeling at the indigo center. If this center were totally activated and not blocked at all, would I then feel nothing there?



RA: I am Ra. This query, if answered, would infringe upon the Law of Confusion.

QUESTIONER: Immediately after the death of the physical body you have stated that the primary activated body is the indigo, and you stated that it is the form-maker. Why is this so?

RA: I am Ra. This will be the last full query of this session of working.

The indigo body may be seen to be an analog for intelligent energy. It is, in microcosm, the Logos. The intelligent energy of the mind/body/spirit complex totality draws its existence from intelligent infinity or the Creator. This Creator is to be understood, both in macrocosm and microcosm, to have, as we have said, two natures: the unpotentiated infinity which is intelligent; this is all that there is.

Free will has potentiated, both the Creator of us all and our selves as co-Creators with intelligent infinity which has will. This will may be drawn upon by the indigo or form-making body and its wisdom used to then choose the appropriate locus and type of experience which this co-Creator or sub-sub-Logos you call so carelessly a person will take.

I am Ra. This is the time for any brief queries.

QUESTIONER: Is there anything that we can do to make the instrument more comfortable or to improve the contact?

RA: I am Ra. All is well. You are conscientious. I leave you now, my brothers, in the love and in the light of the One Infinite Creator. Go forth, then, rejoicing in the power and the peace of the One Infinite Creator. Adonai.

RA, Session #52

May 19, 1981

RA: I am Ra. I greet you in the love and in the light of the One Infinite Creator. We communicate now.

QUESTIONER: In the previous session you stated: "The other type of experience is the fourth, fifth, and sixth densities of other galaxies and

some within your own galaxy which have learned necessary disciplines of personality to view the universe as one being are able to proceed from locus to locus by thought alone, materializing the necessary craft". I would like to ask you when you say fourth, fifth, and sixth densities of other galaxies, some within your own galaxy, are you stating here that more of the entities in other galaxies have developed the abilities of personality than have those in this galaxy for this type of travel? I am using the term galaxy with respect to the lenticular shape of billions of stars.

RA: I am Ra. We have once again used a meaning for this term, galaxy, that does not lie within your vocabulary at this time, if you will call it so. We referred to your star system.

It is incorrect to assume that other star systems are more able to manipulate the dimensions than your own. It is merely that there are many other systems besides your own.

QUESTIONER: Thank you. I think that possibly I am on an important point here because it seems to me that the great work in evolution is the discipline of personality, and it seems that we have two types of entities moving around the universe, one stemming from disciplines of personality, and the other stemming from what you call the slingshot effect. I won't even get into the sub-light speeds because I don't consider that too important. I only consider this material important because of the fact that we are considering disciplines of the personality.

Is the use of the slingshot effect for travel what you might call an intellectual or a left brain type of involvement of understanding rather than a right brain type?

RA: I am Ra. Your perception on this point is extensive. You penetrate the outer teaching. We prefer not to utilize the terminology of right and left brain due to the inaccuracies of this terminology. Some functions are repetitive or redundant in both lobes, and further, to some entities the functions of the right and left are reversed. However, the heart of the query is worth some consideration.

The technology of which you, as a social complex, are so enamored at this time is but the birthing of the manipulation of the intelligent energy

of the sub-Logos which, when carried much further, may evolve into technology capable of using the gravitic effects of which we spoke.

We note that this term is not accurate but there is no closer term. Therefore, the use of technology to manipulate that outside the self is far, far less of an aid to personal evolution than the disciplines of the mind/body/spirit complex resulting in the whole knowledge of the self in the microcosm and macrocosm.

To the disciplined entity, all things are open and free. The discipline which opens the universes opens also the gateways to evolution. The difference is that of choosing either to hitchhike to a place where beauty may be seen or to walk, step by step, independent and free in this independence to praise the strength to walk and the opportunity for the awareness of beauty.

The hitchhiker, instead, is distracted by conversation and the vagaries of the road and, dependent upon the whims of others, is concerned to make the appointment in time. The hitchhiker sees the same beauty but has not prepared itself for the establishment, in the roots of mind, of the experience.

QUESTIONER: I would ask this question in order to understand the mental disciplines and how they evolve. Does fourth, fifth, and sixth-density positive or service-to-others orientation of social memory complexes use both the slingshot and the personality disciplines type of effect for travel or do they use only one?

RA: I am Ra. The positively oriented social memory complex will be attempting to learn the disciplines of mind, body, and spirit. However, there are some which, having the technology available to use intelligent energy forces to accomplish travel, do so while learning the more appropriate disciplines.

QUESTIONER: Then I am assuming that in the more positively oriented social memory complexes a much higher percentage of them use the personality disciplines for this travel. Is this correct?

RA: I am Ra. This is correct. As positive fifth-density moves into sixth there are virtually no entities which any longer use outer technology for travel or communication.

QUESTIONER: Could you give me the same information on the negatively oriented social memory complexes as to the ratios and as to how they use the slingshot effect or the disciplines of the personality for travel?

RA: I am Ra. The fourth-density negative uses the slingshot gravitic light effect, perhaps 80% of its membership being unable to master the disciplines necessary for alternate methods of travel. In fifth-density negative approximately 50% at some point gain the necessary discipline to use thought to accomplish travel. As the sixth-density approaches, the negative orientation is thrown into confusion and little travel is attempted. What travel is done is perhaps 73% of light/thought.

QUESTIONER: Is there any difference close to the end of fifth-density in the disciplines of personality between positive and negative orientation?

RA: I am Ra. There are patent differences between the polarities but no difference whatsoever in the completion of the knowledge of the self necessary to accomplish this discipline.

QUESTIONER: Am I correct, then, in assuming that discipline of the personality, knowledge of self, and control in strengthening of the will would be what any fifth-density entity would see as those things of importance?

RA: I am Ra. In actuality these things are of importance in third through early seventh densities. The only correction in nuance that we would make is your use of the word, control. It is paramount that it be understood that it is not desirable or helpful to the growth of the understanding, may we say, of an entity by itself to control thought processes or impulses except where they may result in actions not consonant with the Law of One. Control may seem to be a short-cut to discipline, peace, and illumination. However, this very control potentiates and necessitates the further incarnative experience in order to balance this control or repression of that self which is perfect.

Instead, we appreciate and recommend the use of your second verb in regard to the use of the will. Acceptance of self, forgiveness of self, and the direction of the will; this is the path towards the disciplined personality. Your faculty of will is that which is powerful within you as co-Creator. You cannot ascribe to this faculty too much importance.

Thus it must be carefully used and directed in service-to-others for those upon the positively oriented path.

There is great danger in the use of the will as the personality becomes stronger, for it may be used even subconsciously in ways reducing the polarity of the entity.

QUESTIONER: I sense, possibly, a connection between what you just said and why so many Wanderers have selected the harvest time on this planet to incarnate. Am I correct?

RA: I am Ra. It is correct that in the chance to remember that which has been lost in the forgetting there is a nimety of opportunity for positive polarization. We believe this is the specific thrust of your query. Please ask further if it is not.

QUESTIONER: I would just include the question as to why the time of harvest is selected by so many Wanderers as time for incarnation?

RA: I am Ra. There are several reasons for incarnation during harvest. They may be divided by the terms self and other-self.

The overriding reason for the offering of these Brothers and Sisters of Sorrow in incarnative states is the possibility of aiding other-selves by the lightening of the planetary consciousness distortions and the probability of offering catalyst to other-selves which will increase the harvest.

There are two other reasons for choosing this service which have to do with the self.

The Wanderer, if it remembers and dedicates itself to service, will polarize much more rapidly than is possible in the far more etiolated realms of higher density catalyst.

The final reason is within the mind/body/spirit totality or the social memory complex totality which may judge that an entity or members of a societal entity can make use of third-density catalyst to recapitulate a learning/teaching which is adjudged to be less than perfect. This especially applies to those entering into and proceeding through sixth-

density wherein the balance between compassion and wisdom is perfected.

QUESTIONER: Thank you. Just as something that I am a little inquisitive about, but which is not of much importance, I would like to make a statement which I intuitively hunch. I may be wrong.

You were speaking of the slingshot effect and that term has puzzled me.

The only thing that I can see is that you must put energy into a craft until it approaches the velocity of light and this of course requires more and more energy. The time dilation occurs and it seems to me that it would be possible to, by moving at  $90^\circ$  to the direction of travel, somehow change this stored energy in its application of direction or sense so that you move out of space/time into time/space with a  $90^\circ$  deflection. Then the energy would be taken out in time/space and you would re-enter space/time at the end of this energy burst. Am I in any way correct on this?

RA: I am Ra. You are quite correct as far as your language may take you and, due to your training, more able than we to express the concept. Our only correction, if you will, would be to suggest that the  $90^\circ$  of which you speak are an angle which may best be understood as a portion of a tesseract.

QUESTIONER: Thank you. Just a little point that was bothering me of no real importance.

Is there then, from the point of view of an individual who wishes to follow the service-to-others path, anything of importance other than disciplines of personality, knowledge of self, and strengthening of will?

RA: I am Ra. This is technique. This is not the heart. Let us examine the heart of evolution.

Let us remember that we are all one. This is the great learning/teaching. In this unity lies love. This is a great learn/teaching. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization. Unity, love, light, and joy; this is the heart of evolution of the spirit.

The second-ranking lessons are learn/taught in meditation and in service. At some point the mind/body/spirit complex is so smoothly activated and balanced by these central thoughts or distortions that the techniques you have mentioned become quite significant. However, the universe, its mystery unbroken, is one. Always begin and end in the Creator, not in technique.

QUESTIONER: In the previous session you mentioned the lightbringers from the octave. Am I to understand that those who provide the light for the graduation are of an octave above the one we experience? Could you tell me more about these lightbringers, who they are, etc.?

RA: I am Ra. This will be the last full query of this working.

This octave density of which we have spoken is both omega and alpha, the spiritual mass of the infinite universes becoming one central sun or Creator once again. Then is born a new universe, a new infinity, a new Logos which incorporates all that the Creator has experienced of Itself. In this new octave there are also those who wander. We know very little across the boundary of octave except that these beings come to aid our octave in its Logos completion. Is there any brief query which you have at this time?

QUESTIONER: Only is there anything that we can do to make the instrument more comfortable or to improve the contact?

RA: I am Ra. This instrument has some distortion in the area of the lungs which has been well compensated for by the position of the physical complex.

All is well.

We leave you, my friends, in the love and in the light of the One Infinite Creator. Go forth, therefore, rejoicing in the power and in the peace of the One Infinite Creator. Adonai.

RA, Session #53

May 25, 1981

RA: I am Ra. I greet you in the love and in the light of the One Infinite Creator. We communicate now.

QUESTIONER: I would first like to ask what is the instrument's condition and then ask two questions for her. She would like to know if she can now do one exercise period per day, and also is the pain she feels prior to doing a session due to an Orion attack?

RA: I am Ra. The instrument's condition is as previously stated. In answer to the question of exercise, now that the intensive period is over, this instrument may, if it chooses, exercise one period rather than two. In scanning this instrument's physical complex distortions we find the current period of exercise at the limit of this instrument's strength. This is well in the long run due to a cumulative building up of the vital energies. In the short run it is wearying to this entity. Thus we suggest the entity be aware of our previous admonitions regarding other aids to appropriate bodily distortions. In answer to the second query we may say that the physical complex difficulties prior to contact with our social memory complex are due to the action of the subconscious will of the instrument. This will is extremely strong and requires the mind/body/spirit complex to reserve all available physical and vital energies for the contact. Thus the discomforts are experienced due to the dramatic distortion towards physical weakness while this energy is diverted. The entity is, it may be noted, also under psychic attack, and this intensifies pre-existing conditions and is responsible for the cramping and the dizziness as well as mind complex distortions.

QUESTIONER: Thank you. I would like to know if (name) may attend one of these sessions in the very near future?

RA: I am Ra. The mind/body/spirit complex, (name), belongs with this group in the spirit and is welcome. You may request that special meditative periods be set aside until the entity sits with this working. We might suggest that a photograph of the one known as (name) be sent to this entity with his writing upon it indicating love and light. This held while meditating will bring the entity into peaceful harmony with each of you so that there be no extraneous waste of energy while greetings are exchanged between two entities, both of whom have a distortion towards solitude and shyness, as you would call it. The same might be done with a photograph of the entity, (name), for the one known as (name).



QUESTIONER: Thank you. During my trip to Laramie certain things became apparent to me with respect to dissemination of the first book of the Law of One to those who have had experiences with UFOs and other Wanderers, and I will have to ask some questions now that I may have to include in Book One to eliminate a misunderstanding that I am perceiving as a possibility in Book One. Therefore, these questions, although for the most part transient, are aimed at eliminating certain distortions with respect to the understanding of the material in Book One. I hope that I am using the correct approach here. You may not be able to answer some of them, but that's all right. We'll just go on to others then if you can't answer the ones I ask.

Can you tell me of the various techniques used by the service-to-others positively oriented Confederation contacts with the people of this planet, the various forms and techniques of making contact?

RA: I am Ra. We could.

QUESTIONER: Would you do this please?

RA: I am Ra. The most efficient mode of contact is that which you experience at this space/time. The infringement upon free will is greatly undesired. Therefore, those entities which are Wanderers upon your plane of illusion will be the only subjects for the thought projections which make up the so-called 'Close Encounters' and meetings between positively oriented social memory complexes and Wanderers.

QUESTIONER: Could you give me an example of one of these meetings between a social memory complex and a Wanderer as to what the Wanderer would experience?

RA: I am Ra. One such example of which you are familiar is that of the one known as Morris. In this case the previous contact which other entities in this entity's circle of friends experienced was negatively oriented. However, you will recall that the entity, Morris, was impervious to this contact and could not see, with the physical optical apparatus, this contact.

However, the inner voice alerted the one known as Morris to go by itself to another place and there an entity with the thought-form shape and appearance of the other contact appeared and gazed at this entity, thus

awakening in it the desire to seek the truth of this occurrence and of the experiences of its incarnation in general.

The feeling of being awakened or activated is the goal of this type of contact. The duration and imagery used varies depending upon the subconscious expectations of the Wanderer which is experiencing this opportunity for activation.

QUESTIONER: In a 'Close Encounter' by a Confederation type of craft I am assuming that this 'Close Encounter' is with a thoughtform type of craft. Have Wanderers within the past few years had 'Close Encounters' with landed thought-form type of craft?

RA: I am Ra. This has occurred although it is much less common than the Orion type of so-called 'Close Encounter'. We may note that in a universe of unending unity the concept of a 'Close Encounter' is humorous, for are not all encounters of a nature of self with self? Therefore, how can any encounter be less than very, very close?

QUESTIONER: Well, talking about this type of encounter of self to self, have any Wanderers of a positive polarization ever had a so-called 'Close Encounter' with the Orion or negatively oriented polarization?

RA: I am Ra. This is correct.

QUESTIONER: Why does this occur?

RA: I am Ra. When it occurs it is quite rare and occurs either due to the Orion entities' lack of perception of the depth of positivity to be encountered or due to the Orion entities' desire to, shall we say, attempt to remove this positivity from this plane of existence. Orion tactics normally are those which choose the simple distortions of mind which indicate less mental and spiritual complex activity.

QUESTIONER: I have become aware of a very large variation in the contact with individuals. Could you give me general examples of the methods used by the Confederation to awaken or partially awaken the Wanderers they contact?

RA: I am Ra. The methods used to awaken Wanderers are varied. The center of each approach is the entrance into the conscious and

subconscious in such a way as to avoid causing fear and to maximize the potential for an understandable subjective experience which has meaning for the entity. Many such occur in sleep; others in the midst of many activities during the waking hours. The approach is flexible and does not necessarily include the 'Close Encounter' syndrome as you are aware.

QUESTIONER: What about the physical examination syndrome. How does that relate to Wanderers and Confederation and Orion contacts?

RA: I am Ra. The subconscious expectations of entities cause the nature and detail of thought-form experience offered by Confederation thought-form entities. Thus if a Wanderer expects a physical examination, it will perforce be experienced with as little distortion towards alarm or discomfort as is allowable by the nature of the expectations of the subconscious distortions of the Wanderer.

QUESTIONER: Well, are those who are taken on both Confederation and Orion craft then experiencing a seeming physical examination?

RA: I am Ra. Your query indicates incorrect thinking. The Orion group uses the physical examination as a means of terrifying the individual and causing it to feel the feelings of an advanced second-density being such as a laboratory animal. The sexual experiences of some are a sub-type of this experience. The intent is to demonstrate the control of the Orion entities over the Terran inhabitant.

The thought-form experiences are subjective and, for the most part, do not occur in this density.

QUESTIONER: Well, we have a large spectrum of entities on Earth with respect to harvestability, both positively oriented and negatively oriented. Would the Orion group target in on the ends of this spectrum, both positively and negatively oriented, for contact with Earth entities?

RA: I am Ra. This query is somewhat difficult to accurately answer. However, we shall attempt to do so.

The most typical approach of Orion entities is to choose what you might call the weaker-minded entity that it might suggest a greater amount of Orion philosophy to be disseminated.

Some few Orion entities are called by more highly polarized negative entities of your space/time nexus. In this case they share information just as we are now doing. However, this is a risk for the Orion entities due to the frequency with which the harvestable negative planetary entities then attempt to bid and order the Orion contact just as these entities bid planetary negative contacts. The resulting struggle for mastery, if lost, is damaging to the polarity of the Orion group.

Similarly, a mistaken Orion contact with highly polarized positive entities can wreak havoc with Orion troops unless these Crusaders are able to de-polarize the entity mistakenly contacted. This occurrence is almost unheard of. Therefore, the Orion group prefers to make physical contact only with the weaker-minded entity.

QUESTIONER: Then in general we could say that if an individual has a 'Close Encounter' with a UFO or any other type experience that seems to be UFO-related, he must look to the heart of the encounter and the effect upon him to determine whether it was Orion or Confederation contact. Is this correct?

RA: I am Ra. This is correct. If there is fear and doom, the contact was quite likely of a negative nature. If the result is hope, friendly feelings, and the awakening of a positive feeling of purposeful service-to-others, the marks of Confederation contact are evident.

QUESTIONER: Thank you. I did not wish to create the wrong impression with the material that we are including in Book One. I may find it necessary to add some of this material. As I say, I know that it is transient, but I believe it is necessary for a full understanding or, shall I say, a correct approach to the material.

I'll ask a few questions here, but if you do not care to answer them we'll save them. I would like to ask, however, if you can tell me what, for the most part, the Confederation entities look like?

RA: I am Ra. The fourth-density Confederation entity looks variously depending upon the, shall we say, derivation of its physical vehicle.

QUESTIONER: Do some of them look just like us? Could they pass for Earth people?

RA: I am Ra. Those of this nature are most often fifth-density.

QUESTIONER: I assume that the same answer would apply to the Orion group. Is this correct?

RA: I am Ra. This is correct.

Is there any other query of a brief nature we may answer?

QUESTIONER: I apologize for asking many transient questions during this session. I felt it necessary to include some of this material so that those Wanderers and others reading the first book of THE LAW OF ONE would not get the wrong impression with respect to their experiences in contacts. I am sorry for any problems that I might have caused.

I will just ask if there is anything that we can do to aid the contact or to aid the instrument?

RA: I am Ra. The instrument is well. Please guard your alignments carefully. We leave you now, my friends, in the love and in the light of the One Infinite Creator. Go forth, therefore, rejoicing in the power and the peace of the Infinite Creator. Adonai.

## THE LAW OF ONE, Book IV

By an humble messenger of the Law of One

If you have enjoyed the first three books of THE LAW OF ONE series, Book Four is also available. Book Four explores in great detail the archetypical mind which seems to be the framework provided by our sub-Logos to aid each of us in the evolution of mind, body, and spirit. Each of you is probably familiar with one or more of the systems of study which have attempted to codify this framework; that is, the tarot, astrology, and the Tree of Life or ritual magic. In Book Four we begin a study of the archetypical mind in relation to the tarot, which Ra gave to the Egyptians 11,000 years ago as a kind of blueprint for the study of the universal mind. Each portion of each tarot image holds a symbolic meaning that enhances this evolutionary process.

In laying the foundation for a thorough study of the archetypical mind we have, of necessity, also uncovered information on the nature and purpose of the veil that we experience between the conscious and subconscious minds and the process of forgetting that occurs during each incarnation in our third-density experience. In Book Four the path of the adept becomes more clear as Ra elucidates the adept's use of experience to balance its energy centers and penetrate the veil of forgetting.

Book Four contains Sessions #76 through #103.

Here are excerpts:

## THE LAW OF ONE, Book IV

By Ra,  
an humble messenger of  
The Law of One

RA, Session #76

February 3, 1982

RA: I am Ra. I greet you in the love and in the light of the One Infinite Creator. We communicate now.

QUESTIONER: Could you first please give me an indication of the condition of the instrument?

RA: I am Ra. This instrument is in a state of physical complex bankruptcy which has existed for some of the measure you call time. The vital energies are normal with a strong spiritual complex counterpart and will lending substance to the mind/body/spirit complex energy levels.

QUESTIONER: Will our continued communication with Ra be deleterious to the physical energies of the instrument?

RA: I am Ra. We may answer in two modes. Firstly, if the instrument were thusly dedicated to this use with no transfer of energy of physical complex nature it would begin to call upon the vital energy itself and this, done in any substantive measure, is actively deleterious to a mind/body/spirit complex if that complex wishes further experience in the illusion which it now distorts.

Secondly, if care is taken, firstly, to monitor the outer parameters of the instrument, then to transfer physical energy by sexual transfer, by magical protection, and, lastly, by the energetic displacements of thought-forms energizing the instrument during contact there is no difficulty in that there is no worsening of the instrument's mind/body/spirit complex distortions of strength/weakness.

It is to be noted that the instrument, by dedicating itself to this service, attracts greetings of which you are aware. These are inconvenient but, with care taken, need not be lastingly deleterious either to the instrument or the contact.

QUESTIONER: Of the three things that you mentioned that we could do for the instrument's benefit, would you clarify the last one? I didn't quite understand what you meant.

RA: I am Ra. As the entity which you are allows its being to empathize with any other being, so then it may choose to share with the other-self those energies which may be salubrious to the other-self. The mechanism of these energy transfers is the thought or, more precisely, the thought-form for any thought is a form or symbol or thing that is an object seen in time/space reference.

QUESTIONER: Has our use of the Banishing Ritual of the Lesser Pentagram been of any value and what is its effect?

RA: I am Ra. This group's use of the Banishing Ritual of the Lesser Pentagram has been increasingly efficacious. Its effect is purification, cleansing, and protection of the place of working.

The efficacy of this ritual is only beginning to be, shall we say, at the lower limits of the truly magical. In doing the working those aspiring to adepthood have done the equivalent of beginning the schoolwork, many grades ahead. For the intelligent student this is not to be discouraged; rather to be encouraged is the homework, the reading, the writing, the arithmetic, as you might metaphorically call the elementary steps towards the study of being. It is the being that informs the working, not the working that informs the being. Therefore, we may leave you to the work you have begun.

QUESTIONER: Would it be beneficial for us to perform the banishing ritual more in this room?

RA: I am Ra. It is beneficial to regularly work in this place.

QUESTIONER: I am sorry that we have had such a long delay between the last session and this one. It couldn't be helped I guess. Could you please tell me the origin of the tarot?



RA: I am Ra. The origin of this system of study and divination is twofold: firstly, there is that influence which, coming in a distorted fashion from those who were priests attempting to teach the Law of One in Egypt, gave form to the understanding, if you will pardon the misnomer, which they had received. These forms were then made a regular portion of the learn/teachings of an initiate. The second influence is that of those entities in the lands you call Ur, Chaldea, and Mesopotamia who, from old, had received the, shall we say, data for which they called having to do with the heavens. Thusly we find two methods of divination being melded into one with uneven results; the, as you call it, astrology and the form being combined to suggest what you might call the correspondences which are typical of the distortions you may see as attempts to view archetypes.

QUESTIONER: Then am I correct in assuming that the priests of Egypt, in attempting to convert knowledge that they had received initially from Ra into understandable symbology, constructed and initiated the concept of the tarot? Is this correct?

RA: I am Ra. This is correct with the addition of the Sumerian influence.

QUESTIONER: Were Ra's teachings focusing on the archetypes for this Logos and the methods of achieving a very close approach to the archetypical configuration? Is this correct?

RA: I am Ra. This is correct without being true. We, of Ra, are humble messengers of the Law of One. We seek to teach/learn this single law. During the space/time of the Egyptian teach/learning we worked to bring the mind complex, the body complex, and the spirit complex into an initiated state in which the entity could contact intelligent energy and so become teach/learner itself so that healing and the fruits of study could be offered to all. The study of the roots of mind is a portion of the vivification of the mind complex and, as we have noted, the thorough study of the portion of the roots of mind called archetypical is an interesting and necessary portion of the process as a whole.

QUESTIONER: Is there, in Ra's opinion, any present day value for the use of the tarot as an aid in the evolutionary process?

RA: I am Ra. We shall repeat information. It is appropriate to study one form of constructed and organized distortion of the archetypical mind in depth in order to arrive at the position of being able to become and to experience archetypes at will. You have three basic choices. You may choose astrology, the twelve signs, as you call these portions of your planet's energy web, and what has been called the ten planets. You may choose the tarot with its twenty-two so-called Major Arcana. You may choose the study of the so-called Tree of Life with its ten Sephiroth and the twenty-two relationships between the stations.

It is well to investigate each discipline, not as a dilettante, but as one who seeks the touchstone, one who wishes to feel the pull of the magnet. One of these studies will be more attractive to the seeker. Let the seeker, then, investigate the archetypical mind using, basically, one of these three disciplines. After a period of study, the discipline mastered sufficiently, the seeker may then complete the more important step: that is, the moving beyond the written in order to express in an unique fashion its understanding, if you may again pardon the noun, of the archetypical mind.

QUESTIONER: Would I be correct in saying that the archetypes of this particular Logos are somewhat unique with respect to the rest of the creation? The systems of study that we have just talked about would not translate quickly or easily in other parts of the creation. This is a very difficult question to state. Could you clear that up for me?

RA: I am Ra. We may draw from the welter of statement which you offer the question we believe you ask. Please requestion if we have mistaken your query. The archetypical mind is that mind which is peculiar to the Logos under which influence you are at this space/time distorting your experiences. There is no other Logos the archetypical mind of which would be the same any more than the stars would appear the same from another planet in another galaxy. You may correctly infer that the closer Logoi are indeed closer in archetypes.

QUESTIONER: Since Ra evolved initially on Venus Ra is of the same archetypical origin as that which we experience here. Is this correct?

RA: I am Ra. This is correct.

QUESTIONER: But I am assuming that the concepts of the tarot and the magical concepts of the Tree of Life, etc. were not in use by Ra. I suspect, possibly, some form of astrology was a previous Ra concept. This is just a guess. Am I correct?

RA: I am Ra. To express Ra's methods of study of the archetypical mind under the system of distortions which we enjoyed would be to skew your own judgment of that which is appropriate for the system of distortions forming the conditions in which you learn/teach. Therefore, we must invoke the Law of Confusion.

QUESTIONER: I am going to ask some questions now that may be a little off the center of what we are trying to do. I'm not sure because I'm trying to, with these questions, unscramble something that I consider very basic to what we are doing. Please forgive my lack of ability in questioning since this is a difficult concept for me.

Could you give me an idea of the length of the first and second densities as they occurred for this planet?

RA: I am Ra. There is no method of estimation of the time/space before timelessness gave way in your first density. To the beginnings of your time, the measurement would be vast and yet this vastness is meaningless. Upon the entry into the constructed space/time your first density spanned a bridge of space/time and time/space of perhaps two billion of your years.

Second density is more easily estimated and represents your longest density in terms of the span of space/time. We may estimate that time as approximately 4.6 billion years. These approximations are exceedingly rough due to the somewhat uneven development which is characteristic of creations which are built upon the foundation stone of free will.

QUESTIONER: Did you state that second density was 4.6 billion years? B, b-i-l? Is that correct?

RA: I am Ra. This is correct.

QUESTIONER: Then we have a third density that is, comparatively speaking, the twinkling of an eye, the snap of a finger in time compared

to the others. Why is the third density cycled so extremely rapidly compared to the first and second?

RA: I am Ra. The third density is a choice.

QUESTIONER: Third density, then, compared to the rest of the densities, all of them, is nothing but a uniquely short period of what we consider to be time and is for the purpose of this choice.

Is this correct?

RA: I am Ra. This is precisely correct. The prelude to choice must encompass the laying of the foundation, the establishment of the illusion and the viability of that which can be made spiritually viable. The remainder of the densities is continuous refining of the choice. This also is greatly lengthened, as you would use the term. The choice is, as you put it, the work of a moment but is the axis upon which the creation turns.

QUESTIONER: Is this third-density choice the same throughout all of the creation of which you are aware?

RA: I am Ra. We are aware of creations in which third density is lengthier and more space/time is given to the choosing. However, the proportions remain the same, the dimensions all being somewhat etiolated and weakened by the Logos to have a variant experience of the Creator. This creation is seen by us to be quite vivid.

QUESTIONER: I didn't understand what you meant by what you said "as seen by you to be quite vivid". What did you mean?

RA: I am Ra. This creation is somewhat more condensed by its Logos than some other Logoi have chosen. Thus each experience of the Creator by the Creator in this system of distortions is, relatively speaking, more bright or, as we said, vivid.

QUESTIONER: I am assuming that upon entry into third density, for this planet, disease did not exist in any form. Is this correct?

RA: I am Ra. This is incorrect.

QUESTIONER: What disease or form of disease was there and why did this exist at the beginning of the third density?

RA: I am Ra. Firstly, that which you speak of as disease is a functional portion the body complex which offers the body complex the opportunity to cease viability. This is a desirable body complex function. The second portion of the answer has to do with second-density other-selves of a microscopic, as you would call it, size which have in some forms long existed and perform their service by aiding the physical body complex in its function of ceasing viability at the appropriate space/time.

QUESTIONER: What I am trying to understand is the difference between the plan of the Logos for these second-density entities and the generation of what I would guess to be more or less a runaway array of feedback to create various physical problems to act as catalyst in our present third-density condition. Could you give me an indication of whether my thinking is anywhere near right on that?

RA: I am Ra. This instrument's physical body complex is becoming more distorted towards pain. We shall, therefore, speak to this subject as our last full query of this working. Your query contains some internal confusion which causes the answer to be perhaps more general than desired. We invite refinements of the query.

The Logos planned for entities of mind/body/spirit complex to gain experience until the amount of experience was sufficient for an incarnation. This varied only slightly from second-density entities whose mind/body complexes existed for the purpose of experiencing growth and seeking consciousness. As the third density upon your planet proceeded, as has been discussed, the need for the physical body complex to cease became more rapidly approached due to intensified and more rapidly gained catalyst. This catalyst was not being properly assimilated. Therefore, the, shall we say, lifetimes needed to be shorter that learning might continue to occur with the proper rhythm and increment. Thus more and more opportunities have been offered as your density has progressed for disease. May we ask if there are further brief queries before we close?

QUESTIONER: I have one question that is possibly of no value. You don't have to expand on it, but there is a crystal skull in the possession of a woman near Toronto. It may be of some value in investigating these

communications with Ra since I think possibly this had some origin from Ra. Can you tell me anything about that, and then is there anything that we can do to improve the contact or to make the instrument more comfortable?

RA: I am Ra. Although your query is one which uncovers interesting material we can not answer due to the potential an answer may have for affecting your actions. The appurtenances are carefully placed and requisite care taken. We are appreciative. All is well.

I am Ra. I leave you, my friends, in the love and the light of the One Infinite Creator. Go forth, therefore, glorying and rejoicing in the power and in the peace of the One Infinite Creator. Adonai.

RA, Session #77

February 10, 1982

RA: I am Ra. I greet you in the love and in the light of the One Infinite Creator. We communicate now.

QUESTIONER: Could you please give me an indication of the condition of the instrument?

RA: I am Ra. It is as previously stated.

QUESTIONER: Was the instrument under attack just prior to this session?

RA: I am Ra. This is correct.

QUESTIONER: Is there anything that we could do to help protect the instrument from these attacks prior to the session?

RA: I am Ra. This is correct.

QUESTIONER: What could we do?

RA: I am Ra. Your group could refrain from continuing this contact.

QUESTIONER: Is that the only thing that we could do?

RA: I am Ra. That is the only thing you could do which you are not already attempting with a whole heart.

QUESTIONER: I have three questions that the instrument asked me to ask which I will get out of the way first. She wants to know if the preparation for her hospital experience could be improved if she should ever have to repeat it?

RA: I am Ra. All was done well with one exception. The instrument was instructed to spend space/time contemplating its self as the Creator. This, done in a more determined fashion, would be beneficial at times when the mind complex is weakened by severe assaults upon the distortions of the body complex towards pain. There is no necessity for negative thought-forms regardless of pain distortions. The elimination of such creates the lack of possibility for negative elementals and other negative entities to use these thought-forms to create the worsening of the mind complex deviation from the normal distortions of cheerfulness/anxiety.

QUESTIONER: The instrument would also like to know if what we call tuning could be improved during times when we do not communicate with Ra?

RA: I am Ra. That which has been stated in regard to the latter question will suffice to point the way for the present query.

QUESTIONER: Finally, she wishes to know why several days ago her heart rate went up to 115 per minute and why she had extreme pain in her stomach? Was that an Orion greeting?

RA: I am Ra. Although this experience was energized by the Orion group the events mentioned, as well as others more serious, were proximally caused by the ingestion of certain foodstuffs in what you call your tablet form.

QUESTIONER: Can you tell me what these tablets were, specifically?

RA: I am Ra. We examine this query for the Law of Confusion and find ourselves close to the boundary, but acceptably so.

The substance which caused the bodily reaction of the heartbeat was called Pituitone by those which manufacture it. That which caused the difficulty which seemed to be cramping of the lower abdominal musculature but was, in fact, more organic in nature was a substance called Spleentone.

This instrument has a physical body complex of complicated balances which afford it physical existence. Were the view taken that certain functions and chemicals found in the healthy, as you call it, body complex are lacking in this one and, therefore, simply must be replenished, the intake of the many substances which this instrument began would be appropriate. However, this particular physical vehicle has, for approximately twenty-five of your years, been vital due to the spirit, the mind, and the will being harmoniously dedicated to fulfilling the service it chose to offer.

Therefore, physical healing techniques are inappropriate whereas mental and spiritual healing techniques are beneficial.

QUESTIONER: Is there any technique that we could use that we have not been using that would be beneficial for the instrument in this case?

RA: I am Ra. We might suggest, without fractiousness, two. Firstly, let the instrument remove the possibility of further ingestion of this group of foodstuffs.

Secondly, each of the group may become aware of the will to a greater extent. We cannot instruct upon this but merely indicate, as we have previously, that it is a vital key to the evolution of the mind/body/spirit complex.

QUESTIONER: Thank you. I would like to go back to the plan of this Logos for Its creation and examine the philosophical basis that is the foundation for what was created in this local creation and the philosophy of the plan for experience. I am assuming that I am correct in stating that the foundation for this, as has been stated many times before, is the first distortion. After that, what was the plan in the philosophical sense?

RA: I am Ra. We cannot reply due to a needed portion of your query which has been omitted; that is, do we speak of this particular Logos?



QUESTIONER: That is correct. I am asking with respect to this particular sub-Logos, our sun.

RA: I am Ra. This query has substance. We shall begin by turning to an observation of a series of concept complexes of which you are familiar as the tarot.

The philosophy was to create a foundation, first of mind, then of body, and then of spiritual complex. Those concept complexes you call the tarot lie then in three groups of seven: the mind cycle, one through seven; the physical complex cycle, eight through fourteen; the spiritual complex cycle, fifteen through twenty-one. The last concept complex may best be termed The Choice.

Upon the foundation of the transformation of each complex, with free will guided by the root concepts offered in these cycles, the Logos offered this density the basic architecture of a building and the constructing and synthesizing of data culminating in The Choice.

QUESTIONER: Then to condense your statement, I see it meaning that there are seven basic philosophical foundations for mental experience, seven for bodily, seven for spiritual, and that these produce the polarization that we experience sometime during the third-density cycle. Am I correct?

RA: I am Ra. You are correct in that you perceive the content of our prior statement with accuracy. You are incorrect in that you have no mention of the, shall we say, location of all of these concept complexes; that is, they exist within the roots of the mind and it is from this resource that their guiding influence and leitmotifs<sup>1</sup> may be traced. You may further note that each foundation is itself not single but a complex of concepts. Furthermore, there are relationships betwixt mind, body, and spirit of the same location in octave, for instance: one, eight, fifteen, and relationships within each octave which are helpful in the pursuit of The Choice by the mind/body/spirit complex. The Logos under which these foundations stand is one of free will. Thusly the foundations may be seen to have unique facets and relationships for each mind/body/spirit complex. Only twenty-two, The Choice, is relatively fixed and single.

QUESTIONER: Then I am probably having a problem with the concept of time since it appears that the Logos was aware of the polarization choice.

It seems that this choice for polarization at the end of third density is an important philosophical plan for the experience past third density. Am I correct in assuming that this process is a process to create the proper or desired experience that will take place in the creation after third density is complete?

RA: I am Ra. These philosophical foundations are those of third density. Above this density there remains the recognition of the architecture of the Logos but without the veils which are so integral a part of the process of making the choice in third density.

QUESTIONER: The specific question that I had was that it seems to me that the choice was planned to create intense polarization past third density so that experience would be intense past third density. Is this correct?

RA: I am Ra. Given that our interpretation of your sound vibration complexes is appropriate, this is incorrect. The intensity of fourth density is that of the refining of the rough-hewn sculpture. This is, indeed, in its own way, quite intense causing the mind/body/spirit complex to move ever inward and onward in its quest for fuller expression. However, in third density the statue is forged in the fire. This is a type of intensity which is not the property of fourth, fifth, sixth, or seventh densities.

QUESTIONER: What I am really attempting to understand, since all of these twenty-one philosophical bases result in the twenty-second which is The Choice, is why this choice is so important, why the Logos seems to put so much emphasis on this choice, and what function this choice of polarity has, precisely, in the evolution or the experience of that which is created by the Logos?

RA: I am Ra. The polarization or choosing of each mind/body/spirit is necessary for harvestability from third density. The higher densities do their work due to the polarity gained in this choice.

QUESTIONER: Would it be possible for this work of our density to be performed if all of the sub-Logoi chose the same polarity in any particular expression or evolution of a Logos? Let us make the assumption that our sun created nothing but, through the first distortion, positive polarity. There was no product except positive polarity. Would work then be done in fourth density and higher as a

function of only the positive polarization evolving from the original creation of our sub-Logos?

RA: I am Ra. Elements of this query illustrate the reason I was unable to answer your previous question without knowledge of the Logos involved. To turn to your question, there were Logoi which chose to set the plan for the activation of mind/body/spirit complexes through each true color body without recourse to the prior application of free will. It is, to our knowledge, only in an absence of free will that the conditions of which you speak obtain. In such a procession of densities you find an extraordinarily long, as you measure time, third-density; likewise, fourth density. Then, as the entities begin to see the Creator, there is a very rapid, as you measure time, procession towards the eighth density. This is due to the fact that one who knows not, cares not.

Let us illustrate by observing the relative harmony and unchanging quality of existence in one of your, as you call it, primitive tribes. The entities have the concepts of lawful and taboo, but the law is inexorable and all events occur as predestined. There is no concept of right and wrong, good or bad. It is a culture in monochrome. In this context you may see the one you call Lucifer as the true light-bringer in that the knowledge of good and evil both precipitated the mind/body/spirits of this Logos from the Edenic conditions of constant contentment and also provided the impetus to move, to work and to learn.

Those Logoi whose creations have been set up without free will have not, in the feeling of those Logoi, given the Creator the quality and variety of experience of Itself as have those Logoi which have incorporated free will as paramount. Thusly you find those Logoi moving through the timeless states at what you would see as a later space/time to choose the free will character when elucidating the foundations of each Logos.

QUESTIONER: I guess, under the first distortion, it was the free will of the Logos to choose to evolve without free will. Is this correct?

RA: I am Ra. This is correct.

QUESTIONER: Do the Logoi that choose this type of evolution choose both the service-to-self and the service-to-others path for different Logoi, or do they choose just one of the paths?

RA: I am Ra. Those, what you would call, early Logoi which chose lack of free will foundations, to all extents with no exceptions, founded Logoi of the service-to-others path. The, shall we say, saga of polarity, its consequences and limits, were unimagined until experienced.

QUESTIONER: In other words you are saying that originally the Logoi that did not choose this free will path did not choose it simply because they had not conceived of it and that later Logoi, extending the first distortion farther down through their evolution, experienced it as an outcropping or growth from that extension of the first distortion. Am I correct in saying that?

RA: I am Ra. Yes.

QUESTIONER: Then did this particular Logos that we experience plan for this polarity and know all about it prior to its plan? I suspect that this is what happened.

RA: I am Ra. This is quite correct.

QUESTIONER: In that case, as a Logos, you would have an advantage of selecting the form of acceleration, you might say, of spiritual evolution by planning what we call the major archetypical philosophical foundations and planning these as a function of the polarity that would be gained in third density. Is this correct?

RA: I am Ra. This is exquisitely correct.

QUESTIONER: In that case, it seems that a thorough knowledge of the precise nature of these philosophical foundations would be of primary importance to the study of evolution of mind, body, and spirit, and I would like to carefully go through each, starting with the mind. Is this agreeable with Ra?

RA: I am Ra. This is agreeable with two requests which must be made. Firstly, that an attempt be made to state the student's grasp of each archetype. We may then comment. We cannot teach/learn to the extent of learn/teaching. Secondly, we request that it be constantly kept before the mind, as the candle before the eye, that each mind/body/spirit complex shall and should and, indeed, must perceive each archetype, if you use this convenient term, in its own way. Therefore, you may see

that precision is not the goal; rather the quality of general concept complex perception is the goal.

QUESTIONER: Now, there are several general concepts that I would like to be sure that we have clear before going into this process and I will certainly adhere to the requests that you have just stated.

When our Logos designed this particular evolution of experience It decided to use a system of which we spoke allowing for polarization through total free will. How is this different from the Logos that does not do this? I see the Logos creating the possibility of increase in vibration through the densities. How are the densities provided for and set by the Logos, if you can answer this?

RA: I am Ra. This shall be the last full query of this working. The psychic attack upon this instrument has, shall we say, left scars which must be tended, in our own opinion, in order to maintain the instrument.

Let us observe your second density. Many come more rapidly to third density than others not because of an innate efficiency of catalysis but because of unusual opportunities for investment. In just such a way those of fourth density may invest third, those of fifth density may invest fourth. When fifth density has been obtained the process takes upon itself a momentum based upon the characteristics of wisdom when applied to circumstance. The Logos Itself, then, in these instances provides investment opportunities, if you wish to use that term. May we enquire if there are any brief queries at this space/time?

QUESTIONER: Is there anything that we can do after this contact to increase the comfort as related to the psychic attack, or is there anything that we can do to make the instrument more comfortable and to improve the contact in the present situation?

RA: I am Ra. The faculties of healing which each has commenced energizing may be used. The entity may be encouraged to remain motionless for a period. As it will not appreciate this, we suggest the proper discussion.

The physical appurtenance called the censer was just a degree off, this having no deeper meaning. We do ask, for reasons having to do with the

physical comfort of the instrument, that you continue in your careful efforts at alignment. You are conscientious. All is well.

We leave you, my friends, in the glorious love and light of the One Creator. Go forth, therefore, rejoicing in the power and in the peace of the One Infinite Creator. I am Ra. Adonai.

RA, Session #78

February 19, 1982

RA: I am Ra. I greet you in the love and in the light of the One Infinite Creator. We communicate now.

QUESTIONER: Was there some problem with the ritual we performed that made it necessary to perform the ritual twice?

RA: I am Ra. There was a misstep which created a momentary lapse of concentration. This was not well.

QUESTIONER: What was the misstep?

RA: I am Ra. It was a missed footing.

QUESTIONER: Did this have any detrimental effect on the instrument?

RA: I am Ra. Very little. The instrument felt the presence it has come to associate with cold and spoke. The instrument did the appropriate thing.

QUESTIONER: Could you tell me the condition of the instrument?

RA: I am Ra. The physical complex is as previously stated. There is some slight loss of vital energy. The basic complex distortions are similar to your previous asking.

QUESTIONER: The instrument would like for me to ask if there is any problem with her kidneys?

RA: I am Ra. This query is more complex than its brevity certifies. The physical complex renal system of this instrument is much damaged. The time/space equivalent which rules the body complex is without flaw.

There was a serious question, due to psychic attack, as to whether the spiritual healing of this system would endure. It did so but has the need to be re-enforced by affirmation of the ascendancy of the spiritual over the apparent or visible.

When this instrument began ingesting substances designed to heal in a physical sense, among other things, the renal complex, this instrument was ceasing the affirmation of healing. Due to this, again, the healing was weakened. This is of some profound distortion and it would be well for the instrument to absorb these concepts. We ask your forgiveness for offering information which may abridge free will, but the dedication of the instrument is such that it would persevere regardless of its condition, if possible. Thusly we offer this information that it may persevere with a fuller distortion towards comfort.

QUESTIONER: What was the experience that caused the healing of the time/space kidney?

RA: I am Ra. This experience was the healing of self by self with the catalyst of the spiritual healer whom you call Pachita.

QUESTIONER: Thank you. In utilizing the energetic displacements of thought-forms energizing the instrument during contact most efficiently, what specifically could we do?

RA: I am Ra. Each of the support group has an excess of love and light to offer the instrument during the working. Already each sends to the instrument love, light, and thoughts of strength of the physical, mental, and spiritual configurations. These sendings are forms. You may refine these sendings until the fullest manifestations of love and light are sent into the energy web of this entity which functions as instrument. Your exact sending is, in order to be most potent, the creature of your own making.

QUESTIONER: Thank you. I am going to go back to an earlier time, if you could call it that, in evolution to try to establish a very fundamental base for some of the concepts that seem to be the foundation of everything that we experience so that we can more fully examine the basis of our evolution.

I am guessing that in our Milky Way Galaxy (the major galaxy with billions of stars) that the progress of evolution was from the center outward toward the rim and that in the early evolution of this galaxy the first distortion was not extended down past the sub-Logos simply because it was not thought of or conceived of and that this extension of the first distortion, which created polarization, was something that occurred in what we would call a later time as the evolution progressed outward from the center of the galaxy. Am I in any way correct in this statement?

RA: I am Ra. You are correct.

QUESTIONER: We have the first, second, and third distortions of the Law of One as free will, love, and light. Am I correct in assuming that the central core of this major galaxy began to form with the third distortion? Was that the origin of our Milky Way Galaxy?

RA: I am Ra. In the most basic or teleological sense you are incorrect as the One Infinite Creator is all that there is. In an undistorted seed-form you are correct in seeing the first manifestation visible to the eye of the body complex which you inhabit as the third distortion, light, or to use a technical term, limitless light.

QUESTIONER: I realize that we are on very difficult ground, you might say, for precise terminology. It is totally displaced from our system of coordinates for evaluation in our present system of language.

These early Logoi that formed in the center of the galaxy wished, I assume, to create a system of experience for the One Creator. Did they then start with no previous experience or information about how to do this? This is difficult to ask.

RA: I am Ra. At the beginning of this creation or, as you may call it, octave there were those things known which were the harvest of the preceding octave. About the preceding creation, we know as little as we do of the octave to come. However, we are aware of those pieces of gathered concept which were the tools which the Creator had in the knowing of the self.

These tools were of three kinds. Firstly, there was an awareness of the efficiency for experience of mind, body, and spirit. Secondly, there was an



awareness of the most efficacious nature or, if you will, signifier of mind, body, and spirit. Thirdly, there was the awareness of two aspects of mind, of body, and of spirit that the signifier could use to balance all catalyst. You may call these two the matrix and the potentiator.

QUESTIONER: Could you elaborate please on the nature and quality of the matrix and the potentiator?

RA: I am Ra. In the mind complex the matrix may be described as consciousness. It has been called the Magician. It is to be noted that of itself consciousness is unmoved. The potentiator of consciousness is the unconscious. This encompasses a vast realm of potential in the mind.

In the body the matrix may be seen as Balanced Working or Even Functioning. Note that here the matrix is always active with no means of being inactive. The potentiator of the body complex, then, may be called Wisdom for it is only through judgment that the unceasing activities and proclivities of the body complex may be experienced in useful modes.

The Matrix of the Spirit is what you may call the Night of the Soul or Primeval Darkness. Again we have that which is not capable of movement or work. The potential power of this extremely receptive matrix is such that the potentiator may be seen as Lightning. In your archetypical system called the tarot this has been refined into the concept complex of the Lightning Struck Tower. However, the original potentiator was light in its sudden and fiery form; that is, the lightning itself.

QUESTIONER: Would you elucidate with respect to the signifier you spoke of?

RA: I am Ra. The original signifiers may undifferentiatedly be termed the mind, the body, and the spirit.

QUESTIONER: Then we have, at the beginning of this galactic evolution, an archetypical mind that is the product of the previous octave which this galaxy then used as and acts upon under the first distortion so as to allow for what we experience as polarity. Was there any concept of polarity carried through from the previous octave in the sense of service-to-others or service-to-self polarity?

RA: I am Ra. There was polarity in the sense of the mover and the moved. There was no polarity in the sense of service-to-self and service-to-others.

QUESTIONER: Then the first experiences, as you say, were in monochrome. Was the concept of the seven densities of vibration with the evolutionary process taking place in discrete densities carried through from the previous octave?

RA: I am Ra. To the limits of our knowledge, which are narrow, the ways of the octave are without time; that is, there are seven densities in each creation infinitely.

QUESTIONER: Then I am assuming that the central suns of our galaxy, in starting the evolutionary process in this galaxy, provided for, in their plans, the refinement of consciousness through the densities just as we experience it here. However, they did not conceive of the polarization of consciousness with respect to service-to-self and service-to-others. Is this correct?

RA: I am Ra. This is correct.

QUESTIONER: Why do the densities have the qualities that they have? You have named the densities with respect to their qualities, the next density being that of love and so on. Can you tell me why these qualities exist in that form? Is it possible to answer that question?

RA: I am Ra. It is possible.

QUESTIONER: Will you please answer that?

RA: I am Ra. The nature of the vibratory range peculiar to each quantum of the octave is such that the characteristics of it may be described with the same certainty with which you perceive a color with your optical apparatus if it is functioning properly.

QUESTIONER: So the original evolution then was planned by the Logos but the first distortion was not extended to the product. At some point this first distortion was extended and the first service-to-self polarity emerged. Is this correct and if so, could you tell me the history of this process of emergence?

RA: I am Ra. As proem let me state that the Logoi always conceived of themselves as offering free will to the sub-Logoi in their care. The sub-Logoi had freedom to experience and experiment with consciousness, the experiences of the body, and the illumination of the spirit. That having been said, we shall speak to the point of your query.

The first Logos to instill what you now see as free will, in the full sense, in its sub-Logoi came to this creation due to contemplation in depth of the concepts or possibilities of conceptualizations of what we have called the signifiers. The Logos posited the possibility of the mind, the body, and the spirit as being complex. In order for the signifier to be what it is not, it then must be granted the free will of the Creator. This set in motion a quite lengthy, in your terms, series of Logos's improving or distilling this seed thought. The key was the signifier becoming a complex.

QUESTIONER: Then our particular Logos, when it created Its own particular creation, was at some point far down the evolutionary spiral of the experiment with the signifier becoming what it was not and, therefore, I am assuming, was primarily concerned in designing the archetypes in such a way that they would create the acceleration of this polarization. Is this in any way correct?

RA: I am Ra. We would only comment briefly. It is generally correct. You may fruitfully view each Logos and its design as the Creator experiencing Itself. The seed concept of the signifier being a complex introduces two things: firstly, the Creator against Creator in one sub-Logos in what you may call dynamic tension; secondly, the concept of free will, once having been made fuller by its extension into the sub-Logoi known as mind/body/spirit complexes, creates and re-creates and continues to create as a function of its very nature.

QUESTIONER: You stated previously that The Choice is made in this third-density and is the axis upon which the creation turns. Could you expand on your reason for making that statement?

RA: I am Ra. This is a statement of the nature of creation as we speak to you.

QUESTIONER: I did not understand that. Could you say that in a different way?

RA: I am Ra. As you have noted, the creation of which your Logos is a part is a protean entity which grows and learns upon a macrocosmic scale. The Logos is not a part of time. All that is learned from experience in an octave is, therefore, the harvest of that Logos and is further the nature of that Logos.

The original Logos's experience was, viewed in space/time, small; Its experience now, more. Therefore we say, as we now speak to you at this space/time, the nature of creation is as we have described. This does not deny the process by which this nature has been achieved but merely ratifies the product.

QUESTIONER: After third density, in our experience, social memory complexes are polarized positively and negatively. Is the interaction of social memory complexes of opposite polarity equivalent, but on a magnified scale, to the interaction between mind/body/spirit complexes of opposite polarity? Is this how experience is gained as a function of polarity difference in fourth and fifth densities?

RA: I am Ra. No.

QUESTIONER: This is a hard question to ask, but what is the value experientially of the formation of positive and negative social memory complexes, of the separation of the polarities at that point rather than the allowing for the mixing of mind/body/spirit complexes of opposite polarity in the higher densities?

RA: I am Ra. The purpose of polarity is to develop the potential to do work. This is the great characteristic of those, shall we say, experiments which have evolved since the concept of The Choice was appreciated. Work is done far more efficiently and with greater purity, intensity, and variety by the voluntary searching of mind/body/spirit complexes for the lessons of third and fourth densities. The action of fifth density is viewed in space/time the same with or without polarity. However, viewed in time/space, the experiences of wisdom are greatly enlarged and deepened due, again, to the voluntary nature of polarized mind/body/spirit action.

QUESTIONER: Then you are saying that as a result of the polarization in consciousness which has occurred later in the galactic evolution, the experiences are much more intense along the two paths. Are these experiences each independent of the other? Must there be action across the potentiated difference between the positive and negative polarity, or is it possible to have this experience simply because of the single polarity? This is difficult to ask.

RA: I am Ra. We would agree. We shall attempt to pluck the gist of your query from the surrounding verbiage.

The fourth and fifth densities are quite independent, the positive polarity functioning with no need of negative and visa-versa. It is to be noted that in attempting to sway third-density mind/body/spirit complexes in choosing polarity there evolves a good bit of interaction between the two polarities. In sixth density, the density of unity, the positive and negative paths must needs take in each other for all now must be seen as love/light and light/love. This is not difficult for the positive polarity which sends love and light to all other-selves. It is difficult enough for service-to-self polarized entities that at some point the negative polarity is abandoned.

QUESTIONER: The choice of polarity being unique as a circumstance, shall I say, for the archetypical basis for the evolution of consciousness in our particular experience indicates to me that we have arrived, through a long process of the Creator knowing Itself, at a position of present or maximum efficiency for the design of a process of experience. That design for maximum efficiency is in the roots of consciousness and is the archetypical mind and is a product of everything that has gone before. There are, unquestionably, relatively pure archetypical concepts for the seven concepts for mind, body, and spirit. I feel that the language that we have for these is somewhat inadequate.

However, we shall continue to attempt to investigate the foundation for this and I am hoping that I have laid the foundation with some degree of accuracy in attempting to set a background for the development of the archetypes of our Logos. Have I left out anything or made any errors, or could you make any comments on my attempt to lay the foundation for the construction that our Logos used for the archetypes?

RA: I am Ra. Your queries are thoughtful.

QUESTIONER: Are they accurate, or have I made mistakes?

RA: I am Ra. There are no mistakes.

QUESTIONER: Let me put it this way. Have I made missteps in my analysis of what has led to the construction of the archetypes that we experience?

RA: I am Ra. We may share with you the observation that judgment is no part of interaction between mind/body/spirit complexes. We have attempted to answer each query as fully as your language and the extent of your previous information allow. We may suggest that if, in perusing this present material, you have further queries, refining any concept, these queries may be asked and, again, we shall attempt adequate rejoinders.

QUESTIONER: I understand your limitations in answering that. Thank you.

Could you tell me how, in the first density, wind and fire teach earth and water?

RA: I am Ra. You may see the air and fire of that which is chaos as literally illuminating and forming the formless, for earth and water were, in the timeless state, unformed. As the active principles of fire and air blow and burn incandescently about that which nurtures that which is to come, the water learns to become sea, lake, and river offering the opportunity for viable life. The earth learns to be shaped, thus offering the opportunity for viable life.

QUESTIONER: Are the seven archetypes for mind a function of or related to the seven densities that are to be experienced in the octave?

RA: I am Ra. The relationship is tangential in that no congruency may be seen. However, the progress through the archetypes has some of the characteristics of the progress through the densities. These relationships may be viewed without being, shall we say, pasted one upon the other.

QUESTIONER: How about the seven bodily energy centers? Are they related to archetypes in some way?

RA: I am Ra. The same may be said of these. It is informative to view the relationships but stifling to insist upon the limitations of congruency. Recall at all times, if you would use this term that the archetypes are a portion of the resources of the mind complex.

QUESTIONER: Is there any relationship between the archetypes and the planets of our solar system?

RA: I am Ra. This is not a simple query. Properly, the archetypes have some relationship to the planets. However, this relationship is not one which can be expressed in your language. This, however, has not halted those among your people who have become adepts from attempting to name and describe these relationships. To most purely understand, if we may use this misnomer, the archetypes it is well to view the concepts which make up each archetype and reserve the study of planets and other correspondences for meditation.

QUESTIONER: It just seemed to me that since the planets were an outgrowth of the Logos and since the archetypical mind was the foundation of the experience that the planets of this Logos would be somewhat related. We will certainly follow your suggestion.

I have been trying to get a foothold into an undistorted perception, you might say, of the archetypical mind. It seems to me that everything that I have read having to do with archetypes has been, to some degree or another, distorted by the writers and by the fact that our language is not really capable of description.

You have spoken of the Magician as a basic archetype and that this seems to have been carried through from the previous octave. Would this be in order-if there is an order-the first archetypical concept for this Logos, the concept that we call the Magician?

RA: I am Ra. We would first respond to your confusion as regards the various writings upon the archetypical mind. You may well consider the very informative difference between a thing in itself and its relationships or functions. There is much study of archetype which is actually the study of functions, relationships, and correspondences. The study of planets, for instance, is an example of archetype seen as function. However, the archetypes are, first and most profoundly, things in

themselves and the pondering of them and their purest relationships with each other should be the most useful foundation for the study of the archetypical mind.

We now address your query as to the archetype which is the Matrix of the Mind. As to its name, the name of Magician is understandable when you consider that consciousness is the great foundation, mystery, and revelation which makes this particular density possible. The self-conscious entity is full of the magic of that which is to come. It may be considered first, for the mind is the first of the complexes to be developed by the student of spiritual evolution.

QUESTIONER: Would the archetype then that has been called the High Priestess, which represents the intuition, be properly the second of the archetypes?

RA: I am Ra. This is correct. You see here the recapitulation of the beginning knowledge of this Logos; that is, matrix and potentiator. The unconscious is indeed what may be poetically described as High Priestess, for it is the Potentiator of the Mind and as potentiator for the mind is that principle which potentiates all experience.

QUESTIONER: Then for the third archetype would the Empress be correct and be related to disciplined meditation?

RA: I am Ra. I perceive a mind complex intention of a query, but was aware only of sound vibratory statement. Please requestion.

QUESTIONER. I was asking if the third archetype was the Empress and was it correct to say that this archetype had to do with disciplined meditation?

RA: I am Ra. The third archetype may broadly be grasped as the Catalyst of the Mind. Thus it takes in far more than disciplined meditation. However, it is certainly through this faculty that catalyst is most efficiently used. The Archetype, Three, is perhaps confusedly called Empress although the intention of this number is the understanding that it represents the unconscious or female portion of the mind complex being first, shall we say, used or ennobled by the male or conscious portion of the mind. Thus the noble name.



QUESTIONER: The fourth archetype is called the Emperor and seems to have to do with experience of other-selves and the green-ray energy center with respect to other-selves. Is this correct?

RA: I am Ra. This is perceptive. The broad name for Archetype Four may be the Experience of the Mind. In the tarot you find the name of Emperor. Again this implies nobility and in this case we may see the suggestion that it is only through the catalyst which has been processed by the potentiated consciousness that experience may ensue. Thusly is the conscious mind ennobled by the use of the vast resources of the unconscious mind.

This instrument's dorsal side grows stiff, and the instrument tires. We welcome one more query.

QUESTIONER: I would like to ask the reason for this session having been longer than most previous sessions and also if there is anything that we can do to make the instrument more comfortable or to improve the contact?

RA: I am Ra. This instrument was given far more than the, shall we say, usual amount of transferred energy. There is a limit to the amount of energy of this type which may, with safety, be used when the instrument is, itself, without physical reserves. This is inevitable due to the various distortions such as we mentioned previously in this working having to do with growing dorsal discomfort.

The alignments are fastidious. We appreciate your conscientiousness. In order to enhance the comfort of the instrument it might be suggested that careful manipulation of the dorsal area be accomplished before a working.

It is also suggested that, due to the attempt at psychic attack, this instrument will require warmth along the right side of the physical complex. There has been some infringement but it should not be long-lasting. It is, however, well to swaddle this instrument sufficiently to ward off any manifestation of this cold in physical form.

I am Ra. I leave you, my friends, in the love and in the light of the One Infinite Creator. Go forth, therefore, merrily rejoicing in the power and in the peace of the One Infinite Creator. Adonai.

## THE LAW OF ONE, Book V

By an humble messenger of the Law of One

When we were putting the original sessions out, we removed some material from the text that was personal to us and our situation. Looking back over the fifteen years since we began publishing this material, we feel the fragments that were not printed then create a document of interest to the Law Of One reader.

Both Jim and I have commented upon each segment and filled in some of the dramatic and archetypal journey our doughty trio made while working on these sessions. There is much to ponder in the story of our little group.

Excerpts from Book V:

## THE LAW OF ONE, Book V

By Ra,  
an humble messenger of  
The Law of One

Introduction by us:

(Jim) The material in this book was originally withheld from publication in the first four books of THE LAW OF ONE series because it is predominantly of a personal or sensitive nature, and it was our feeling that, if this material were included, it would be easy for readers to become overly interested in the personalities behind this information, rather than focusing on the information itself. It is now our hope that we may be able to use this same information to illustrate the general application of this material to all seekers of truth. We are certain that this information has general application to people like you because we are people just like you, with the same range of human emotions, the same strengths and weaknesses, and the same desire to know what is loosely called the truth.

The death of Don Elkins, questioner for the Ra contact, in November of 1984, marked the end of the Ra contact because it was the harmony between the three of us which was the primary factor that allowed those of Ra to speak through our group. It is our opinion that in order to be of the most appropriate service we must simply desire to serve without any conditions put on that desire. It was with that simple desire that we joined as a group at the end of 1980, and within three weeks we were amazed to be part of what developed into the Ra contact. We do not consciously seek a third person with which to attempt to reestablish contact with those of Ra because that would not be a full surrender of our will to the Greater Will and would be, rather, the imposition of our lesser and more distorted wills upon what is most appropriate for us as a way of being of service to others. It now feels like the appropriate time to share the last of the information which we have as a fruit of the contact with those of Ra with people who, like us, would like to read whatever Ra might have to say on any subject and use that speaking as catalyst for personal evolution.

Since the personal material comes from many of the 106 sessions that we completed during the Ra contact it suffers from being quite disjointed. Through our written words we hope to be able to fashion a reasonably coherent fabric of our experiences into which each of the personal segments of the Ra contact may fit. Even the best of what we may write and share with you is mere human opinion. We are quite fallible and do not wish to place any stumbling block in your path, so please disregard any words that do not sound right to you. Use only those which ring true.

(Carla) Jim has taken the task of describing to you the circumstances in which each fragment was collected. My part is to add my viewpoint, on many subjects but perhaps most importantly on Don and me, which Jim has no way to address, as he did not know either of us until just three years before the contact with those of Ala. I echo Jim's feeling that it is time for the final bits of this contact to be shared. Those who have enjoyed Ra's thoughts will continue to appreciate the bon mats they are so good at giving us. We at L/L can sigh with relief now and say yes, this is ALL of the material. There ain't no more! And without a doubt, the reader will see from these bits of our lives that we are just as foolish as the rest of humankind, and are not to be confused with the source of these channelings. This I have come to count as a valuable thing.

It has been the greatest privilege and the greatest challenge of my life to have had the care and feeding of Donald Tully Elkins for the last 16 years of his life. Never have two people loved more deeply, yet Don's need to remain aloof was such that none of his feelings were ever displayed to me, and this was my catalyst to work with. I treasured and cherished this dear man the very best I knew how, and honor him as the only truly great man I have ever personally met. It was his driving intellect that first posed the questions that the Ra contact attempted to answer. It was he who had the vision of living as a spiritual family rather than a nuclear one. Jim and I are very fortunate to have had such a man as our leader and oftentimes our teacher. And I have been blessed with a pure and faithful romance with a soul mate that means all to me. As you enjoy this last part of a contact that will likely never come again, just rejoice that Don Elkins lived and served among us wanderers with such devotion and light.

Here are the Fragments from these sessions:

## The Fragments

### 1

The beginning of Session #1 appears here precisely as it was received. In our first private printing of Book One of THE LAW OF ONE we omitted a portion of this first session because Don felt that, compared with the other twenty-five sessions of Book One, it was anomalistic-and perhaps too confusing as such-for first-time readers. That omission was reproduced when the mass market edition was printed by The Donning Company under the title of THE RA MATERIAL.

This is the only session in which Ra delivered anything close to what Brad Steiger has called a “cosmic sermonette” before beginning with the question and answer format that was used exclusively throughout the remainder of the Ra contact. Ra preferred the question and answer format because it allowed our free will to decide what information we would seek rather than their determining that choice for us by using the lecture method of teach/learning.

And it was interesting to us that Ra mentioned in this first session that they were not able to offer any “conditioning” to any instrument due their own transmitting limitations. This conditioning often involves seemingly involuntary movement of some part of the vocal cords, mouth, lip, jaw, or some other physiological sensation which the one serving as instrument identifies with the approach of the contact. This session also marks the last time that Ra ever attempted to speak through any instrument other than Carla.

Since the channeling phenomenon has become so commonplace we would like to make an additional comment on the conditioning vibration. Many who serve as instruments feel that they recognize the entities who speak through them by the conditioning vibration and need no other identification to be sure that they are channeling whom they think they are channeling. We have found that this is not always so because negative entities of the same relative vibration will feel just like the familiar positive entity to the one serving as instrument when the negative entity wishes to call itself by another name and mimic the positive entity as a part of the process of tricking the instrument and

then detuning the positive work done by the group receiving its information. This is standard procedure for those of the path of service to self. The fundamental concept involved is that the opportunity for positive entities to speak through instruments and groups must be balanced by the same opportunity being offered to negative entities. This need not be a difficulty for any instrument, however, if it and its support group utilizes the twin processes of tuning the group and challenging the contact each time channeling occurs.

Tuning the group is the process whereby each individual in the group refines the desire to serve others and puts it first and foremost in the mind and heart. The group may accomplish this tuning by any method which has meaning to each within the group whether that be by singing sacred songs, chanting, praying, telling jokes, sharing information, visualizing light surrounding the group, or whatever blends each present into one unified source of seeking.

Then, when the instrument feels the entities which wish to channel through it are present, the challenge is mentally given, again in whatever way that feels appropriate to the instrument and in whatever way that the instrument can get behind with every fiber of its being. The instrument will demand to know if the entities wishing to channel through it come in the name of whatever principle the instrument feels is the highest and best in its own life. One may challenge the entity wishing to speak in the name of Jesus the Christ, the Christ consciousness, the positive polarity, service to others or in the name of one of the archangels or in whatever represents the center of one's life, that for which the instrument lives and would gladly die. This forms a wall of light through which an entity of negative polarity has as much trouble passing through as you and I would discover with a solid brick wall.

Negative entities stand ready to fill in any lapse of care in this regard with their offering of service in their own way. They mimic the positive contact only as much as necessary to maintain the channel and then give false information whenever possible, usually having to do with dates and descriptions of upcoming cataclysmic earth changes which, when made public by the group receiving such information makes the group lose credibility since the dates are never correct. Thus the negative entity takes the spiritual strength of the light which the group had been able to share in service-to-others work.

Carla used this method of challenging Ra for the first two sessions. This was and is her normal method, as she usually does conscious channeling. But in the Ra contact she involuntarily went into trance, and could not tune in that way, so we were glad when, at the end of the second session, Ra gave us the ritual of walking the Circle of One to replace the challenging procedure used in telepathic channeling since in all sessions after the first two Carla was immediately in the trance state, out of her body, and unaware of any activity whatsoever. None of us ever discovered how she was able to accomplish this trance state and the leaving of her body. It was apparently a preincarnatively chosen ability to aid in the contact with Ra. Our meditation before each session was our group process of tuning.

We used what Don called “tuned trance telepathy” to communicate with those of Ra. This is to say that while the contact was ongoing neither Carla nor those of Ra inhabited Carla’s body. Carla’s spirit was apparently in the care of those of Ra while Ra used Carla’s body from a distance to form the words that responded to Don’s questions. Ra mentioned many times that they had only the grossest control over her body and had difficulty, for example, in repositioning her hands when one of them was experiencing pain flares due to her arthritic condition. Carla could not feel these pain flares, but repositioning them was sometimes necessary since the pain was like static on the line. This occurred only occasionally and was always noted in the text.

Don and Carla had been working together for twelve years channeling, researching, and writing two books in the area of metaphysics before I joined them in December of 1980. Unsure of what to do as the first project together, we considered rewriting one of those books, SECRETS OF THE UFO, and I had begun background reading and taking notes. Three weeks later the first Ra contact occurred and was totally unexpected. It happened when Carla was conducting a teaching session in which one of the Sunday meditation group members was learning how to channel. Don sat in on the session, but I was out shopping and happened to walk in through the front door loaded with sacks of groceries just as Don was asking about the earth changes that were anticipated at the end of this cycle of growth. At that point Ra requested a moment to deepen Carla’s trance state before continuing. Such an interruption never happened again because after the second session we prepared another room especially for the Ra contact and continued to use the living room for all other meditations and teaching sessions. This

first session is one of only four of the total 106 sessions with Ra in which anyone besides Don, Carla, and I amended. The three of us lived together the harmony that we developed between us was very stable and was a critical ingredient in establishing and maintaining the contact.

These days, I am teaching very few people to channel. Through the years, I have seen the kind of havoc an opened and untuned channel can wreak in the personality of the seeker who channels lust for a while, or just for the fun of it. The basic problem with channeling tends to be that the channel needs to be actively attempting to live the message she is receiving. In spiritual work, no one has the luxury of saying “Do as I say, not as I do.” If we do not embody the principles we offer to others, we receive often dramatic and life-shaking catalyst that points up the divergence of ideals from true intention. I have seen people lose their sanity when carelessly involved with channeling. So I take the responsibility of taking students very, very seriously. For the most part, I now work with people who come to me already channeling and having difficulties with that. This has involved me with people being moved around the world by signals from Indians, UFO contactees with strange stories, and all manner of diverse folks who are in some way at risk in the “new age” sea of confusion. The phrase “spiritual counselor” has a smug, know-it-all feeling to it, which I hope I do not reflect, but it’s pretty much what I am doing these days. Perhaps “spiritual listener” is more accurate. With e-mail there has come a wider opportunity to relate with seekers personally. We welcome anyone’s communication here at L/L Research and have never failed to answer any mail sent to us, so please feel free to address questions to us. We’re delighted to help in any way we can. Our web site address is [www.llresearch.org](http://www.llresearch.org).

RA, Session #1, January 15, 1981 #1, pg. 1-2

RA: I am Ra. I have not spoken through this instrument before. We had to wait until she was precisely tuned as we send a narrow band vibration. We greet you in the love and in the light of our Infinite Creator.

We have watched your group. We have been called to your group, for you have a need for the diversity of experiences in channeling which go with a more intensive or, as you might call it, advanced approach to the system of studying the pattern of illusions of your body, your mind, and your spirit, which you call seeking the truth. We hope to offer you a



somewhat different slant upon the information which is always and ever the same.

The Confederation of Planets in the Service of the Infinite Creator has only one important statement. That statement, my friends, as you know, is that all things, all life, all of the creation is part of one original thought.

We will exercise each channel if we are able to. The reception of our beam is a somewhat more advanced feat than some of the more broad vibration channels opened by other members for more introductory and intermediate work.

Let us for a moment consider thought. What is it, my friends, to take thought? Took you then thought today? What thoughts did you think today? What thoughts were part of the original thought today? In how many of your thoughts did the creation lie? Was love contained? And was service freely given? You are not part of a material universe. You move your body, your mind, and your spirit in somewhat eccentric patterns for you have not completely grasped the concept that you are part of the original thought.

We would at this time transfer to the instrument known as Don. I am Ra.

(Pause)

RA: I am Ra. I am again with this instrument. We are close to initiating a contact but we are having difficulty penetrating a certain mental tension and distraction that are somewhat characteristic of this channel. We will therefore describe the type of vibration which is being sent. The instrument will find us entering the energy field at a slight angle towards the back of the top of the head in a narrow but strong area of intensity. We are not able to offer any conditioning due to our own transmitting limitations, therefore, if the instrument can feel this particular effect he may then speak our thoughts as they come to him. We will again attempt this contact. I am Ra.

(Pause)

RA: This instrument is resisting our contact. However, we assure you that we are satisfied that contact with the one known as Don is not

preferable to that instrument. We will, therefore, move on to the one known as Leonard. Again we caution the instrument that it is a narrow band of communication which is felt as a vibration entering the aura. We will now transfer this contact. I am Ra.

(Pause)

RA: I am Ra. We greet you once more in the love and the light of our Infinite Creator. We ask that you be patient with us. We are a difficult channel to receive. We may perhaps add some dimensions to your understanding. At this time we would be glad to attempt to speak to any subject or question which those entities in the room may have potential use in the requesting.

Fragment 11

Most of the personal information from Session #22 is self-explanatory. The prayer that Ra speaks of in relation to Carla Is the Prayer of St. Francis which Carla has used as her own personal tuning mechanism since she began channeling in 1974. It further refines the tuning done by the support group and is always prayed mentally before any session, whether telepathic or trance.

The limitations of which Ra speaks in the second answer refers to Carla's rheumatoid arthritis which was apparently chosen before the incarnation to provide an inner focus for her meditative work rather than allow the ease of outer expression that might have dissipated the inner orientation. Thus not all disabilities are meant to yield to even the best efforts of healers, and when such a disability does not respond to any kind of healing effort, one may begin to consider what opportunities for learning and service are opened up by the disability. Ra even mentioned in the last sentence that her acceptance of her disabilities and limitations would ease the amount of pain that she suffered because of them.

It was distinctly odd to be going about and walking into aromas which had no overt origin. It seemed to me throughout this time that I was being more and more sensitized, and less and less vibrating with my humanhood. I feel sure that the constant weight loss added to this Alice-in-Wonderland feeling. To the present day, I continue to have a very sensitized physical vehicle. However, my formerly tiny body has grown from size preteen 5/8 to its present position athwart 14/16, a weight

gain of double the lightest weight reached during the contact. Just for a feel for where “normal” is for me, I used to weigh between 115 and 120, year after year. I looked quite normal at that weight. It’s been interesting to feel the different weights I have been, to live with a more or less bulky vehicle. One feels stronger, the heavier one is. I was surprised at this’ figuring that lighter weights would make one feel more toned and vital. It makes it easier to understand why we in America so often allow ourselves to eat to the point of obesity. It feels good! One doubts that it is a life-lengthening thing, however!

The pre-incarnative choice which I made to have a body that would limit what I could do is one I have taken a long time to appreciate. It is frustrating at first not to be able to do the work one’s trained to do. I loved being a librarian, I enjoyed researching for Don. When I could no longer work in these ways, I was profoundly puzzled and not a little upset. But then quiet years taught me so much. I learned the open heart although my body was declining; I found hope and faith although the physical picture grew steadily worse. After Donald died, I came close to dying too, and in 1992, when at last I was able to turn the boat around, I felt the grip of death loosen and fall away.

My present experience is of living in a barely-working physical vehicle. Taking no less than seven medications, I walk the razor’s edge between doing too much and not doing enough. The one thing that has never changed throughout this experience is my dedication to helping the Wanderers of this planet. All the various skills that I have had to give up have their place in my work with people who are having trouble with their spiritual path, and so I feel fully useful at last. And yet I know that we are all most useful, not by what we do or say, but in the quality of our being.

RA, Session #22, February 10, 1981, pg. 1

QUESTIONER: The instrument would like to ask a couple of questions of you. The instrument would like to know why she smells the incense at various times during the day at various places?

RA: I am Ra. This instrument has spent a lifetime in dedication to service. This has brought this instrument to this nexus in space/time with the conscious and unconscious distortion towards service, with the further conscious distortion towards service by communication. Each

time, as you would put it, that we perform this working our social memory complex vibrational distortion meshes more firmly with this instrument's unconscious distortions towards service. Thus we are becoming a part of this instrument's vibratory complex and it a part of ours. This occurs upon the unconscious level, the level whereby the mind has gone down through to the roots of consciousness which you may call cosmic. This instrument is not consciously aware of this slow changing of the meshing vibratory complex. However, as the dedication on both levels continues, and the workings continue, there are signals sent from the unconscious in a symbolic manner. Because this instrument is extremely keen in its sense of smell this association takes place unconsciously, and the thought-form of this odor is witnessed by the entity.

QUESTIONER: Secondly, she would like to know why she feels more healthy now that she has begun these sessions and feels more healthy as time goes on?

RA: I am Ra. This is a function of the free will of the entity. This entity has, for many of your years, prayed a certain set of sound vibration complexes before opening to communication. Before the trance state was achieved this prayer remained within the conscious portion of the mind complex and, though helpful, was not as effective as the consequence of this prayer, as you would call this vibrational sound complex, which then goes directly into the unconscious level, thus more critically affecting the communication from the spiritual complex. Also, this entity has begun, due to this working, to accept certain limitations which it placed upon itself in order to set the stage for services such as it now performs. This also is an aid to re-aligning the distortions of the physical complex with regard to pain.

### Fragment 13

The following information refers to two of the most widely rumored events in Ufology in this country. The first refers to the supposed face-to-face meeting between extraterrestrials and then President Dwight D. Eisenhower and some senior military staff at Edwards Air Force Base in California in February, 1954. The second incident refers to the supposed crash of a UFO outside of Roswell, NM, in which the ufonauts on board supposedly died. It is further rumored that their bodies were stored in Hangar #18 at Wright Patterson Air Base in Ohio. Once again we

encountered the temptation to pursue information that seemed on the surface to be extremely interesting but which in truth would yield little or no information which might aid in the evolution of mind, body, or spirit. And we would have lost the Ra contact because Ra's "narrow band contact" was focused only on aiding our evolution and not on revealing the transient intricacies of how groups play games in this illusion.

In 1962, when I joined with Donald to help make up the initial meditation group which grew into L/L Research, there were several rumors being bruited about. Supposedly, the government knew all about UFOs, had had contact. There were alleged conspiracies that various sources warned the public about. To this day, there has continued a steady stream of such prophecies and doomsday warnings of all kinds. Only the dates of Armageddon have changed, usually predicting doom within the next two or three years.

It is not that I do not think UFOs are communicating with our government. They might be. Certainly they are here; the landing trace cases alone prove that something that makes dents in the ground is visiting us, and the many witnesses and abductees create a comprehensive picture of human-alien contact that is undeniable. It is that I feel that the real treasure the UFO entities have brought us are those of the spirit, not those of this world. Whatever the physical reality of UFOs and governmental doings, they remain part of the transient world picture: part of this heavy illusion. But the messages have a metaphysical content that 10,000 years would not make out of date or less meaningful. So I tend to respond to people's questions about such highjinks as these with a redirection, back from phenomena to metaphysical truth.

RA, Session #24, February 15, 1981, pg. 7-8

QUESTIONER: One thing that has been bothering me that I was just reading about is not too important, but I would really be interested in knowing if Dwight Eisenhower met with either the Confederation or the Orion group in the 1950s?

RA: I am Ra. The one of which you speak met with thought-forms which are indistinguishable from third density. This was a test. We, the Confederation, wished to see what would occur if this extremely positively oriented and simple congenial person with no significant

distortion towards power happened across peaceful information and the possibilities which might append therefrom. We discovered that this entity did not feel that those under his care could deal with the concepts of other beings and other philosophies. Thus an agreement reached then allowed him to go his way, ourselves to do likewise; and a very quiet campaign, as we have heard you call it, be continued alerting your peoples to our presence gradually. Events have overtaken this plan. Is there any short query before we close?

QUESTIONER: Another question with that is: was there a crashed spaceship with small bodies now stored in our military installations?

RA: I am Ra. We do not wish to infringe upon your future. Gave we you this information, we might be giving you more than you could appropriately deal with in the space/time nexus of your present somewhat muddled configuration of military and intelligence thought. Therefore, we shall withhold this information.

#### Fragment 41

In Session #75 we were trying to help Carla through her upcoming hand operation in a local hospital. When the Ra contact began the pre-incarnatively chosen arthritic limitations set in more strongly than ever, and Carla's desire to do things for others with hands that were meant to be restricted from mundane work brought more and more pain and damage to the arthritic joints-thus necessitating the operation for short-term repair. The length or success of the surgical repairs would depend upon Carla's growing ability to accept the limitations that she placed upon herself before the incarnation in order that her focus might move inward and prepare her for the possibility of becoming a channel. Her ability to accept these limitations delayed the next surgery for four years.

Since she had been a Christian mystic from birth certain prayers of her Episcopalian Church, and the communion service in particular, were felt by Ra to be of aid to her. The Banishing Ritual of the Lesser Pentagram which we had been using for some time to purify our place of working for the Ra contact was suggested for her hospital room and the operating room. The greatest protective and healing device, however, was seen to be love whether manifest or unspoken, for all any ritual such as prays; communion, or the Banishing Ritual of the Lesser Pentagram actually does is alert positively-polarized discarnate entities so that they may

provide that quality which we call love from their quarters for whatever the purpose might be. Each of us may also provide that same love as a function of our truly caring for another. As we learn the lessons of love within this third-density illusion we are also learning the basics of healing and protection.

There are surprises in this material even after all these years. It was not until this moment (writing in 1997) that Jim and I realized we did not follow one of Ra's suggestions during that hospital experience. Jim, Don and I vibrated the Banishing Ritual twice a day; Jim and I both remember that. Neither of us can recall reading the Mass in any form. We just missed it. Imagine wasting Ra's advice! I know we did not do that on purpose. After 16 years, all we can say is that refrain of bozos everywhere...oops!

As to the hand-holding when I meditated, this was a practice that began after a particularly discomfiting experience during one of our public meditation sessions. These were completely separate from the sessions with Ra. Any and all could come and check us out I did not go into trance at these sessions as I did with Ra sessions, but channeled from a very light trance state. However, during the question and answer period, someone asked a question which I had no earthly idea about, and I thought to myself, "I wish I were channeling Ra. "Immediately, I began to leave my body, which was absolutely NOT to be done according to Ra. The source which I was channeling, Latwii, simply kept me channeling-probably pure nonsense-but it sufficed to keep me in the body. After that, someone, usually Jim always held my hand during sessions. To this day, Jim holds my hand as we meditate during our morning offering, and at all meditation sessions we offer. Better safe than sorry is the cliché which covers this.

I remember with great affection the utter fidelity of love and concern that Don and Jim showed me during this time. It was very hard for Don especially to see me in pain. But he did not flinch or draw away, but rather tried ceaselessly to protect and aid me. The same could be said of Jim, but I think it was light-years harder for Don to bear this than Jim. Jim is a simple, straightforward person. To him what is, is. I remember asking him once if all he was going to say in this life was "yup, nope or maybe." Yup he replied. Then, after considering, he said, "Nope..." Then more consideration, and he finally settled on, "Maybe!" To Don my pain was his pain, for we were truly one being in that ineffable sense which is

beyond space and time. The pain, severe though it was, did not overly distress me, but it foundered Don. His level of concern was profound.

Through the years since this channeling, I have more and more come to appreciate Ra's suggestion that I fully accept my limitations. After my miraculous rehabilitation in 1992, I found myself out of the wheelchair and vertical for the first time in many years. A year ago, I was able to give the downstairs hospital bed back to Medicare. (I still find one helpful at night, for sleeping.) when I first started to rebuild a "vertical" life, I was full of ideas as to what I might accomplish. I tried going back to school to get myself current in my old field of library service. I tried to take a job. I volunteered at church far beyond my actual capacity to serve. And this took its toll, as I collected injuries, broken ankle, sprained knees, and two more hand operations. Finally, about a year ago, I managed to pare down my work to the point where I allowed much rest time within the schedule of the day. I've tinkered with this schedule, finding ways to harmonize my efforts with Jim's, finding how to nurture myself, finding what priorities my life really has. I am hopeful that I have at this point realized these set limits to effort, and have begun to cooperate with my destiny.

I fully respect my pre-incarnative choice to take on these uncomfortable limitations. The experience has hollowed me out and made me an ever better channel. I continue to rejoice as I see little bits of my ego fall away. My prayer these days is Lord, show me Thy ways." There is much work left for me, a true idiot. But I exult in being upon the King's highway

RA, Session #75, October 31, 1981, pg. 1-4

QUESTIONER: Could you first please give me the condition of the instrument?

RA: I am Ra. It is as previously stated with some slight lessening of the reserve of vital energy due to mental/emotional distortions regarding what you call the future.

QUESTIONER: I felt that this session was advisable before the instrument has her hospital experience. She wished to ask a few questions, if possible, about that.



First, is there anything that the instrument or we might do to improve the hospital experience or to aid the instrument in any way with respect to this?

RA: I am Ra. Yes. There are ways of aiding the mental/emotional state of this entity with the notation that this is so only for this entity or one of like distortions. There is also a general thing which may be accomplished to improve the location which is called the hospital.

The first aiding has to do with the vibration of the ritual with which this entity is most familiar and which this entity has long used to distort its perception of the One Infinite Creator. This is a helpful thing at any point in the diurnal period but is especially helpful as your sun body removes itself from your local sight.

The general improvement of the place where the performance of the ritual of the purification is to be performed is known. We may note that the distortion towards love, as you call this spiritual/emotional complex which is felt by each for this entity, will be of aid whether this is expressed or unmanifest as there is no protection greater than love.

QUESTIONER: Do you mean that it would be valuable to perform the Banishing Ritual of the Lesser Pentagram in the room in which she will be occupying in the hospital?

RA: I am Ra. This is correct.

QUESTIONER: I was wondering about the operating room. That might be very difficult. Would it be helpful there?

RA: I am Ra. This is correct. We may note that it is always helpful. Therefore, it is not easy to posit a query to which you would not receive the answer which we offer. This does not indicate that it is essential to purify a place. The power of visualization may aid in your support where you cannot intrude in your physical form.

QUESTIONER: I see the way to do this as a visualization of the operating room and a visualization of the three of us performing the banishing ritual in the room as we perform it at another location. Is this the correct procedure?

RA: I am Ra. This is one correct method of achieving your desired configuration.

QUESTIONER: Is there a better method than that?

RA: I am Ra. There are better methods for those more practiced. For this group, this method is well.

QUESTIONER: I would assume those more practiced would leave their physical bodies and, in the other body, enter the room and practice the ritual. Is this what you mean?

RA: I am Ra. This is correct.

QUESTIONER: The instrument would like to know if she can meditate in the hospital without someone holding her hand. Would this be a safe practice?

RA: I am Ra. We might suggest that the instrument may pray with safety but only meditate with another entity's tactile protection.

QUESTIONER: The instrument would like to know what she can do to improve the condition of her back as she feels it will be a problem for the operation?

RA: I am Ra. As we scan the physical complex we find several factors contributing to one general distortion experienced by the instrument. Two of these distortions have been diagnosed; one has not; nor will the entity be willing to accept the chemicals sufficient to cause cessation of this distortion you call pain.

In general we may say that the sole modality addressing itself specifically to all three contributing distortions, which is not now being used, is that of the warmed water which is moved with gentle force repeatedly against the entire physical complex while the physical vehicle is seated. This would be of some aid if practiced daily after the exercise period.

QUESTIONER: Did the exercise of the fire performed before the session help the instrument?

RA: I am Ra. There was some slight physical aid to the instrument. This will enlarge itself as the practitioner learns/teaches its healing art. Further, there is distortion in the mental/emotional complex which feeds the vital energy towards comfort due to support which tends to build up the level of vital energy as this entity is a sensitive instrument.

QUESTIONER: Was the exercise of the fire properly done?

RA: I am Ra. The baton is well visualized. The conductor will learn to hear the entire score of the great music of its art.

QUESTIONER: I assume that if this can be fully accomplished that exercise will result in total healing of the distortions of the instrument to such an extent that operations would be unnecessary. Is this correct?

RA: I am Ra. No.

QUESTIONER: What else is necessary, the instrument's acceptance?

RA: I am Ra. This is correct. The case with this instrument being delicate since it must totally accept much which the limitations it now experiences cause to occur involuntarily. This is a pre-incarnative choice.

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