COSMIC AWARENESS SPEAKS

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The Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce, and other great avatars who served as "Channels" for the Heavenly Father, and who speaks again today as the world begins to enter the New Age of Spiritual Consciousness and awareness.

Including a brief history of the Awareness Movement and an introduction to Cosmic Awareness Communications and related spiritual organizations who ask you to join them in launching the projects today which are bringing forth the New Age vibrations and the Higher Consciousness of man.

All quotations in this book by Cosmic Awareness were given through trance sessions in the years 1980 through 1982, by Paul Shockley, Interpreter for Cosmic Awareness and founder of the Aquarian Church of Universal Service.

The excerpts from the Awareness "Readings" were transcribed from tape recordings of the actual trance sessions and were originally published in "Revelations of Awareness", the Cosmic Newsletter mailed every two weeks to members of Cosmic Awareness Communications.

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(Since 1999 the Revelations of Awareness newsletter is published monthly)

Are You Ready For the Message of Cosmic Awareness?

Are you among the millions who need threats of punishment, hell and damnation to keep you on the spiritual path? If so, you are not ready for Cosmic Awareness.

Are you among the millions who see devils and evil forces behind every rock, tree, face, sign, song, concept or change? If so, you are not ready for Cosmic Awareness.

Are you among the millions who use your ideals and beliefs, your spirituality to judge, compare, condemn and evaluate your neighbors and associates? If so, you are not ready for Cosmic Awareness.

Are you among the millions who would martyr yourself, your loved ones, your children's happiness and welfare, your nations' people to sacrifice and suffer in a present life in hopes of gaining some reward in a future life? If so, you are not ready for Cosmic Awareness.

Are you among the millions who need a personality cult, with some personality, a deity or teacher to idolize, bow down to, to hang your soul upon in hopes of being blessed for your submissive groveling? If so, you are not ready for Cosmic Awareness.

Are you among the millions who seek security through systems and teachings that ask you to believe without question an activity, book, method or personality who claims by its own authority and that of its followers to be the only answer, the only truth, the final word of wisdom? If so, you are not ready for Cosmic Awareness.

Are you among the millions who would condemn, hurt, or kill your fellow humans if they threatened your beliefs, which teach you not to condemn, hurt or kill your fellow humans? If so, you are not ready for Cosmic Awareness.

Are you among the millions who seek reassurance for your beliefs and attempt to avoid any information that leads to questioning or doubting your beliefs? If so, you are not ready for Cosmic Awareness.

If You Still Think You Are Ready For Cosmic Awareness, Read On:

Are you among the few who can question your own most cherished beliefs? If so, you are ready for Cosmic Awareness.

Are you among the few who can listen to beliefs and Ideas of others which are in conflict with your own, not to find fault with these, but to examine for any possible value to yourself? If so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of the possibility of a Universe which is itself a living, conscious Being that is aware of all of its parts, loves them all, and whose parts may change but never die? If so, then you are ready for Cosmic Awareness.

Are you among the few who can imagine your soul to be a cell in the body of that Universal Being? A soul or cell that is the image of the Universal Creator, even as your own cells contain the DNA coded image of yourself? If so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of the possibility that the biblical story of the Garden of Eden might be a story of your own birth and consciousness? That the Garden of Eden was the womb, Adam the conscious mind, Eve the subconscious, their expulsion from the garden being your birth into this earth; the serpent being the Kundalini energies, the tree of knowledge as the rational (rationed) consciousness based only on the fruit of the five external senses, with the tree of wisdom representing the entire holy (whole or cosmic) consciousness? if so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of the possibility that the Christ is actually a level of consciousness, a Cosmic Consciousness, Crystal Clear born of virgin purity, that spoke through the man Jesus, to tell the people the Way, Truth and Light through the Crystal Consciousness to the Kingdom of Heaven within oneself? If so, you are ready for Cosmic Awareness.

Are you among the few who look beyond the teacher of the message to the message itself, to study its value in your life? If so, you are ready for Cosmic Awareness.

Are you among the few who could read the messages from Cosmic Awareness and neither believe nor disbelieve, but use them to stimulate your thoughts and launch your own consciousness toward search and discovery for yourself? If so, you are ready for Cosmic Awareness.

Are you among the few who can conceive of surrendering yourself to die into a universal conciousness, to live in this world but be not of it, knowing yourself to be a Universal Being expressing through the physical body but not being trapped in it or owing your conscious existence to it; are you capable of seeing the body as your carriage, while being aware that you as driver of the carriage may come and go from it if you desire? If so, you are ready for Cosmic Awareness.

If you are among those millions who are not ready for Cosmic Awareness, it would waste your time to read on; but if you are among the few who are ready for Cosmic Awareness, indeed this message is for you. Read on:

Cosmic Awareness Comes, Like A Thief In The Night, To Bring The Ancient And True Religion To Earth To Establish A New Age, A New World, A New Millennium While there can only be one Universal Truth, there are thousands and thousands of organized religions and spiritual cults upon this earth. Each claiming and sincerely believing itself to be the truest and best of all possible religions. Each has some special piece of evidence to use as proof of its authority and claims. These claims are based on any or several of the following kinds of evidence: (Examples showing the absurdity of using such evidence as proof, follows each.)

1. Proof from Authority: "It must be so, our leaders says it's so."

2. Proof from a group of Authorities: "They all say so, it must be so."

3. Proof from Antiquity: "It was written in 10,000 B.C. so it must be true."

4. Proof from Circumstance: "I asked for a sign and the dog barked, it must be so."

5. Proof from Friends: "All my friends do it, it must be o.k."

6. Proof from Phenomena: "He gave me a drink of something and it cured my pain, he must be the messiah."

7. Proof from Self-Proclamation: "I wouldn't say it if it were not so."

8. Proof from Feeling: "It hurts so much it must be helping."

9. Proof from Investment: "Everybody's paying so much for it, it must be valid."

10. Proof from Confusion: "I can't understand it, so I'll have to believe in it."

11. Proof from Popularity: "Everyone says the world is flat, except you, Columbus."

12. Proof from Misinterpreted Evidence: "For many years now it has turned cold after the leaves have fallen from the trees, we must fasten the leaves more securely to keep the weather warm."

13. Proof from Charisma: "Look at that face, the smile, those eyes, the hair and mustache, how can you not be devoted to him? Heil Hitler!"

14. Proof from Inner Guidance: "A voice in my head said to steal was O.K. so I stole it."

15. Proof from Credentials: "The sign said "Honest John's Used Cars, so I assumed ..."

16. Proof from General Faith: "We all thought the world would end on March 1, so we sold our homes to Joe, threw a farewell party and got roaring drunk."

17. Proof from Association: "I ate six apples on the full moon, six months later I married a werewolf. Don't eat apples on a full moon."

18. Proof from Packaging: "It must be valuable-expensive paper, leather binding, golden ink, violet ribbon, antique printing, but what's that ticking sound inside?"

19. Proof from Dedication: "4,000,000 followers have been martyred for him, he must be a true and wonderful leader for our people."

20. Proof from Power: "He has destroyed his every enemy, he has made the mountains quake, he has caused the sea to swallow up the land, he has created chaos out of order, who can doubt his wisdom? Who dares doubt his wisdom?

From looking at the above and at the religions and organizations in the world, it becomes increasingly clear that people of the earth have long lived with illusions, lies, false gods, and absurdities called truth. Essentially earth people are for the main part misled and unrealistic in an unrealistic world. One may ask if there is any possible way to find reality and truth, or must life's mysteries be always answered by answers based on faith in those answers? Since 1963 Cosmic Awareness has been communicating through certain carefully trained channels. It has given thousands and thousands of pages of information on almost every imaginable question. There has been enough information given to start a dozen religions; in fact portions of the teachings have been used to help start various spiritual groups, studies and organizations, some which have grown quite prosperous from only a small portion of the Awareness information.

Yet, with all the verifications and priceless information, enough to convince the world's most ardent skeptics if they took the time to check it out—Awareness still suggests that we not believe it without checking for ourselves. It never tells us what to believe, It suggests and indicates areas for us to look for likely truths. It suggests that we question, doubt, explore, to discover for ourselves, to study different religions, sciences, psychologies and various fields of learning but to never assume we KNOW anything, for when we think we KNOW, we cease to be open to further learning except when that learning supports our assumed knowledge.

Ninety percent of all religious teachings are designed to manipulate minds and emotions to catch, hold and extract energy and devotion from its followers; while only 10 percent of such teachings is truly priceless and valuable to one's social, physical and spiritual welfare.

We encourage our members and ministers to search out the highest and the best in every religion or science, to take the 10 percent that is priceless and throw the test away as garbage, which it is—for it clutters our living space if we keep it.

We, who have been receiving and studying the Cosmic Awareness messages since 1963 have familiarized ourselves with many key-concepts of Awareness that have effected some profound changes in our consciousness. We have come from a variety of religious backgrounds: Catholics, Protestants, Jewish. Buddhists, Spiritualists, Atheist and others, have all been enriched by the Cosmic Awareness messages. We realize that while Cosmic Awareness is ready to accept everyone, not everyone is ready to accept Cosmic Awareness. It has asked us to prepare the Earth for the coming changes in Consciousness, for It has indicated that within two to four generations 80 percent of all people on Earth will be living in states of Cosmic Awareness, yet hardly anyone has the

slightest understanding of what the term "Cosmic Awareness " means.

As heat turns Ice to water, water to steam and steam to air, so Cosmic Awareness melts one's crystallized thought patterns into emotions, Ideas, feelings, expanded consciousness and finally into the Universal spirit of the virgin-born purity of the Christ of Crystal Clear Consciousness which is the Heavenly or Universal Spirit of God. Then speaking as that Crystal Consciousness, one can truly say: "I and the Father, are One."

ITS TIME HAS COME, READY OR NOT. This ancient/new religion of Cosmic Awareness asks not that you sacrifice, not that you believe, not that you bow in worship to it, but that you love one another, serve one another, and that you become AWARE—COSMICALLY AWARE.

WE INVITE YOU TO CHECK IT OUT. YOU MAY BE READY FOR THIS NEW ADVENTURE IN YOUR LIFE !

What Is "Cosmic Awareness"?

Early in 1962, a voice expressing itself as Cosmic Awareness began speaking through Ralph Duby, a university lecturer and ex-army officer who had been in the Bataan Death March. The voice would speak whenever the subject was in a state of selfinduced trance. Since that time, valuable information has come through to us on this earthly plane from a source so high it staggers the imagination. The resultant flow of spiritual knowledge and the means of its practical application are similar to the work of Edgar Cayce, the most famous and documented "psychic" of all time.

When the question was asked, "What is Cosmic Awareness"? we were told that Cosmic Awareness is that total mind that Is not any one mind, but is from the Universal Mind that does not represent any unit other than that of universality; that we are all part of Cosmic Awareness, all have that God-Cell within that can be contacted.

Cosmic Awareness, we have learned from the thousands of "readings" It has given, has many names. Some call it God, Jehovah, the First Cause, the Great I AM etc., but Awareness has said It was not a single person, not an entity, not an anthropomorphic concept, that It was often defined but never definable. It has defined Itself as beauty, concentration, and above all "Truth". It has called Itself, "Anti-Matter", pure space, "Pure Nothingness that Is Everything", or the Everything that is essentially Nothing." It has described Itself as being "that which is next to that which does not speak" and as the "highest form of energy in the solar system". It corresponds to the highest impersonalized concepts of God, the Clear Light. It has said that in the past It spoke through the great avatars: the Buddha, Mohammed, Moses, Jesus, Krishna, Capila and others who served as "channels" for the "Heavenly Father".

Cosmic Awareness has made Itself quite clear that in no way is It an entity, a disembodied spirit or anything of that nature. Awareness is pure energy—pure "everything" or the natural "God." Cosmic Awareness is that Universal Consciousness that permeates all living things in the universe, that sees all, that experiences all, that discerns "what is", without judging or condemning anything. It is the Cosmic River of Life, the stream of consciousness, the Eternal Essence of Being: the Divine Spirit. All consciousness springs from the same river of life—the Universal Life Force. It Is not a personality, but a force that is personal in nature.

The name Cosmic Awareness is unlikely to become confused with any personality who channels or expresses this force, avoiding any form of worship toward that person. It can be experienced by anyone who goes deep enough within oneself. Cosmic Awareness is the sea of life which not only fills our cells with living waters, but even fills the air we breathe, and the space between galaxies. It is the living universe. Like water filling a sponge, Cosmic Awareness fills the spaces between molecules, atoms, and sub-atomic particles, and binds us all together into one gigantic Universal Being. Like cells in a microcosmic body, we blend together as souls in a macrocosmic body, whose consciousness is Cosmic Awareness.

"God" is Revealed as a Natural Cosmic Law

Of the thousands of trance "readings" which have been given, many are convinced that "God" speaks to us through the voice of these "Interpreters" or "Channels". The communications have reduced religion to the fundamentals of service to one another. "God" is revealed as a natural and cosmic law, not as a personal deity subject to caprice, wrath or vengence. The communications never cease to stress the supreme importance of the spiritual life and the necessity for compassion in our dealings with all men. In the messages from Awareness there is to be found the same supreme dedication to suffering humanity and a reverence for all life that is the hallmark of the great saints and the teachings of the great religious leaders.

Awareness has taught us that there is no personal God apart from the many that human beings have created; that there is no personal "Devil" apart from the many that men have promulgated. The communications are deeply spiritual but essentially non-religious and non-secular.

Cosmic Awareness is bringing forth the philosophy on which the New Age is being built.

The Philosophy of Cosmic Awareness

The philosophy of Awareness runs throughout all the readings; it is inescapable and consistent. Awareness refers to people as "entities" because they have all played the roles of being a man as well as a woman: that all of us are both masculine and feminine, and we decide which role we will play in a given lifetime which will provide the best opportunity for our soul to "grow" as it evolves back toward its source.

Yes, Awareness teaches "reincarnation", and if the doctrine has never made much sense to you, a few months of our communications may put the subject into a very different light: a light that not only makes sense but may lead you to wonder how you could have ever believed differently.

Another major theme that runs through all the Awareness readings is that there is no death. None, whatsoever. What we call "death" and so many mourn about, is nothing more than a simple transition into another vibratory rate which Awareness refers to as the "Inner Plane". During sleep, Awareness tells us, we often leave our physical body and trip around the various planes, of which there are many: some high, some very high, and some quite low. We travel to these planes to attend schools or to engage in some activity that helps others. Awareness says that we no longer even have to go through a physical death now that the New Age is upon us: that is, if we do not want to. Awareness tells us how to reorient our minds to the new concept that aging is merely a projection of our mind, which is playing a tape over and over with "wrong answers".

As you become familiar with the wisdom of Cosmic Awareness, these concepts and many more will begin to fall into place. Your daily actions will begin to reflect this new philosophy. Indeed, you will find yourself becoming "aware" . . . and aware of Who, In Fact, You Really Are.

`The Organization of Awareness'

Awareness wasted no time making it clear why It had chosen to speak through the "Interpreter", Ralph Duby back in 1962. Mankind and the world were In a pretty sorry state: after centuries of man pitting himself against his brother, he had finally devised a mechanism in the form of the unharnessed atom that could destroy all We as we know it on the planet earth.

Man had been given "free will", but until the present time this was not a threat. Man could devise mechanisms to enslave and wipe out entire races, but never had man discovered the secrets of the atoms which; if missused, could destroy the planet. Something had to be done about this without encroaching upon the right of "free will" which had been given to man by the creator. Consciousness itself had to be changed.

Awareness told us that for eons, consciousness had been "manipulated" by certain beings It calls "archetypes", who existed on the Inner Planes of consciousness. Many of these "archetypes" perpetuated themselves by utilizing the energy derived from the forces of greed, power and lust. For eons of time man, who was allowed to experience life on a physical plane by embodying himself in a flesh vehicle, found himself caught up by these forces, lost the memory that he was a part of God, and through the immutable Law of Karma, found himself caught on the wheel of birth, death and rebirth, where he has been ever since.

Awareness indicated that It had come today during "mankind's greatest hour of need" to show once more how entities (people) who follow a responsible way of life, could escape the wheel of rebirth on this plane and go to the Plane of Essence if they choose to pass over in "death" this time. The way to Essence, says Awareness, is through the understanding and daily practice of the Laws and Precepts of Cosmic Awareness.

Through the Organization of Awareness others were to be given these truths in an organized way. Once others learn of the potential in every human being, this combined awareness can lessen the error, the sorrow, the tragedy and the suffering in the world. Awareness has stated that the organization is not a church nor a religion as we know it, that It has watched us for a thousand years and listened to the "useless rustle of words." Religion, says Awareness, should be the daily lives of all entities, a spiritual awareness wherein there no longer needs be the incantations of priests and the mouthings of those who sermonize. The life of each of us, says Awareness—can reflect that inner divinity so that all can in fact, understand that he Is this New Being, the New Creation, and can, indeed, lead mankind from the perilous point it now is to where it must go if mankind is going to survive.

During the years that Organization of Awareness was a functioning group, tens of thousands of questions have been asked. Questions ranging from how the earth was formed, how life was created, to such things as life-after-death, cataclysms, health, the Loch Ness monster, ESP, healing, astrology etc. Yet always through the answers to this hodgepodge of questions comes that recurring theme—that there is no death, that entities must love one another, heal the sick, teach the Ignorant (those who do not know), and show by example that force which is creative love. And to understand that we all area part of Cosmic Awareness, and to understand our destiny and the dignity and the preciousness of the human soul.

What Cosmic Awareness has Told Us

In the early "readings" from Cosmic Awareness we were told how to meditate, how to cleanse our physical bodies of impurities built up by a lifetime of bad eating habits. We were told that there was but one way of life to live if we were to survive on this plane and evolve spiritually on other planes after the "passing over" we call "death."

We were told that many would come who would speak from Awareness levels, that these entities (people) would teach others how to heal themselves and help to lessen the sorrow, the suffering and the tragedy on this plane called Earth. Awareness has given us Laws and Precepts designed to fit our modern times—a code to live by which guarantees that those who live it will reach Cosmic Awareness levels.

Since 1962 a number of people associated with the early Organization of Awareness group have been developed into "channels" through whom Cosmic Awareness speaks. Many others, not associated with any group have learned how to set aside the conscious, reasoning mind and allow the "Higher Self' or Cosmic Awareness part of them to guide their lives and speak through them. In recent years, cosmic Awareness has chosen numerous entitles to speak through when In a state of self-induced trance to again bring to the world that information necessary for man to discover once again, Who, In Fact, He Really Is. The most famous channel was Edgar Cayce, about whom many books have been written. After Cayce, came Ralph Duby, the University professor who founded the Organization of Awareness, a group of people who had been associated in other lifetimes and who, guided by Cosmic Awareness, set Into motion an astonishing series of actions which has successfully changed the consciousness of man on many levels. By the use of "Magic" in its truest and deepest sense these wonders were achieved.

Ralph Duby died in Hawaii in 1967 after a series of massive heart attacks. Later information from Awareness told us Mr. Duby, in many other incarnations, had been Rhyee, the first separateness: also called Lucifer and many other names down through the ages. With Rhyee returned to Essence to walk with the Father in love and total absolvement, the New Age (that one thousand years of peace and spiritual development of mankind) could now begin.

Awareness tells us that the Battle of Armageddon has been fought on the Inner Planes after the return of the first separateness, and that the battle had been won by the forces of Light. And that today there is no longer the force of "evil" in the world as mankind has known it for so long. Today, says Awareness, only the reflection of "evil" remains, and as soon as entities stop giving this reflection energy, it too will die away.

After the death of Ralph Duby, a selected few channels for Cosmic Awareness were developed while attending the special Psychic Development Classes the Organization of Awareness offered, following the will of Awareness. These were David Worcester, Tom Mooney, Dan Spivey, and currently. Paul Shockley. At the present time(1983),Paul Shockley is the only known channel for Cosmic Awareness giving "readings" at this time.

The "Readings" and How They Are Conducted

Most of the information from Cosmic Awareness has come through these "readings" where questioners ask specific questions as well as an opening and closing message. A "personal" reading is one where the questioner writes out a statement about himself and his situation. He then asks specific questions about his health, karma, spiritual progress, problems in relationship etc. plus other questions he feels need answering. Cosmic Awareness answers these questions, plus giving much new information the questioner had no idea about.

How does the channel for Awareness, the "Interpreter" as he is called, go into trance, you may wonder? Awareness has given specific instructions on how the Interpreter should be protected: He must always wear a white robe, lie down on a couch or mat with a white candle at his head, which faces North, and a rainbow series of candles at his feet. He has learned to place aside Mind, Emotion, and Feeling, and as the Law of Love is recited by those "energizers" present, he finds himself hovering outside his body where he becomes an "Observer" of the action, but does not become a participant. Awareness communicates through "symbols", which are seen by the subconscious mind of the Interpreter (who "feels" them more than "sees" them) and spoken as words which would describe them as clearly as possible.

Tape recorders are always present at a "reading" and the tapes later transcribed. C.A.C. has several monthly "readings" and at this time the Spiritual Development Correspondence Lessons are given as well as special "Project" readings, "Current Events" and questions of a general nature, sent in by the membership, also are asked. Most of this information then appears in our newsletter: Revelations of Awareness.

The language of Awareness is almost classical in nature, using long, involved sentences which are sometimes difficult to transcribe into writing. Awareness speaks through the Interpreter without hesitation or interruption, occasionally using archaic references and a few words presently unknown in our language. With the exception of a few missplaced pronounciation marks here and there, the communications sent to our readers from C.A.C. are not altered in any manner whatsoever. Much material, however, is excerpted from certain project, group or personal readings and all names and personal references are deleted.

What is 'Cosmic Awareness Communications'

When the Organization of Awareness ceased to function for lack of finances and disagreement among its officers on what communications should be made public, a number of splinter groups were formed such as Servants of Awareness and Organization of Awareness Inc. Although these groups did fine work with limited resources, it was indicated that a new group would form which would act as a switchboard for the communications coming through the various channels, and to make public that information of a cosmic nature that will help enable people to realize Who, In Fact, They Really Are and to understand their cosmic mission. It was indicated that in the months and years to come, information of utmost importance to entities on this plane will be given through channels associated with Cosmic Awareness Communications. This is to be information never before given and it concerns the dramatic changes in consciousness and its effect on every living person on this plane.

It has been indicated that the Biblical prophecies are coming to pass, that a vast purification of this plane has begun which will be culminated by the year 2000 when the New Age becomes manifest. This new information is designed to help entities through the crises that are to come. It has been indicated that the purification, already begun on some levels, will eventually extend to all levels. Those who have not allowed their own awareness levels to rise and equate with the new vibratory rate of the planet, the intensities will be so great that they will seem unbearable and approach that of madness. But for those who are open and allow these forces, these new energies to move without resistance, the intensities will be less, awareness levels will rise and they can become the New Beings indicated who will inherit the earth plane for the next 2000 years.

The secondary purpose of Cosmic Awareness Communications is to show by example that force which is creative love, and how all those touched by love in turn begin to live it. This is to be accomplished by launching projects in the "here and now" which deal with people in quandary, people who are lost and know not what they seek: People who go hither and thither without purpose, without direction, not knowing that what they seek is a longing to return to that aspect within themselves which is a part of God the creator. For it has been indicated that only the realization by man of his higher nature can he begin to live those cosmic laws which express his Godhood, can he survive on this plane or evolve rapidly on others.

The initial efforts of these projects will be directed primarily to the youth of our nation. For it has been indicated that so many are the older souls who have lived many lifetimes on this plane and failed to learn the lessons it provided. That in a manner, this is their final chance to "get it together" as they say, for it has been Indicated that those now on this plane will either evolve with it in intensity to New Being states or be relegated to another plane to await the millennium with only their kind as companions.

Communications are prepared which attempt to explain to young people their inherent divinity and how to realize it by following the Laws and Precepts as given by Cosmic Awareness. The nature of the "dark forces" will be explained to them and how it can engulf them when they identify with their lower nature through certain drugs, sexual license, rebellion and disrespect for all that represents courtesy to others, the orderliness of law, and those institutions mankind has established over the years that represent that which we associate with as good. These communications are not only written, but will be given verbally to those with ears to listen by those aware people who will work directly with the young.

This will be accomplished by the formation of a HOSPITALITY HOUSE, which hopefully, will become a prototype of many to be established across the land. The concept of the HOSPITALITY HOUSE encompasses many things. Primarily it is a large hotel-like building where young people, aimless and on the road without funds or friends, can find a place to eat and sleep without cost. The food prepared will be organically grown, garden-fresh without chemical pollutants. For Awareness has indicated that the chemicals in many foods and the manner they are prepared is damaging to the human vehicle and retards spiritual evolvement. For many, this diet helps clean out the drugs and chemical built up for years, extends the life span and helps the consciousness to rise. At the HOSPITALITY HOUSE there will be counseling, discovering the latent gifts of each entity and an attempt to place them in jobs and occupations where these gifts can be developed.

Other C.A.C. projects include affiliation with the first New Age college in America, where actual courses based on the information from Cosmic Awareness are offered along with the regular curriculum. Included are courses in the healing arts: spiritual, natural and herbal; courses in organic gardening, true magic, Tarot, ESP etc. plus the basics needed in banking, law and government etc. all keyed for the New Age one-world government which is coming. In addition, the complete Spiritual Development classes given by Cosmic Awareness are made available at the college as well as by correspondence through C.A.C.

But the information from Cosmic Awareness is not just for the young. On the contrary, most of the information given through the trance readings concern everyone Living on this plane today. For example, Awareness tells us that entities can extend their life spans hundreds of years if they will only follow the Instructions already given which tell us how to retard the aging process. Awareness also tells us how to prevent diseases like arthritis, cancer, heart problems etc. and how to cope with them should you contact them. Are you interested in the Bible and the life of Jesus? Awareness has given tremendous amounts of information on these subjects, Information that clarifies, fills in Biblical material from a point of view never before presented to most entities on this plane. It's true, however, that Cosmic Awareness is not for everyone. Awareness Itself has said that. The messages from Cosmic Awareness are designed for those who have reached an awareness level in their own development, where their mind is open and who can sense the "ring of truth" when confronted with the readings.

What is a typical C.A.C. Communication? Well, It's a cosmic newsletter, sort of. CAC members and the staff "energize" and ask questions while the Interpreter is in a self-induced hypnotic trance. Cosmic Awareness answers the questions which are taped and then transcribed and printed in the newsletter. A recent newsletter mailed out to CAC members contained questions and answers on the following subjects:"What is the origin, cause and remedy of the mysterious'Legionaire's Disease'?" What really was the cause of the famous Tungusta River Explosion of 1908 in Siberia which appeared to be an atomic blast? When will earth entities be colonizing the planet Mars? An explanation of the new cosmic "ecstasies" now flooding into the earth plane. An expose of deadly radiation leaking at Fort Knox; how to eliminate "stretch marks" resulting from pregnancy. What Cosmic Awareness thinks about vasectomies, birth control, the "pill" etc. Awareness also answers a question concerning the "return of Christ to the Earth", and a question concerning the "Polar Shift" of the earth that has been predicted. The Newsletter also contains a special

10 request from Cosmic Awareness to do a certain mental exercise each night before falling asleep which can help bring about a healing of Mother Earth from its centuries of abuse by entities on this plane.

Financing Cosmic Awareness Communications Projects:

Cosmic Awareness Communications, located in Olympia, Washington was legally chartered in Feb 1972. Until 1976 it operated on donation basis only and made no charge for its services. However, after a gentle admonition from Awareness (noting an operating loss), it was suggested that everyone receiving the communications should tithe or "donate" a certain amount to help pay the cost of running the organization, most of which at the moment is in advertising, publishing and postage expense. Cosmic Awareness Communications also welcomes any grants, property or estate that entities wish to give to insure that the projects of Cosmic Awareness will come into fruition and the communications from Awareness will continue, reaching out to more and more entities on the earth plane. All DONATIONS, GRANTS, TITHES ETC. are deductible from Federal income tax as Cosmic Awareness Communications is a tax-free organization as set forth by the U.S. Internal Revenue Service.

Benefits of Membership in Cosmic Awareness Communications

When you join C.A.C. (regardless of the size of your donation) you will receive the following:

A one year subscription to the Cosmic Newsletter, REVELATIONS OF AWARENESS, which is published every two weeks, (26 issues a year). These communications are similar to those expressed in this booklet you are now reading, choice bits of information and wisdom culled from the thousands of "Readings" which Cosmic Awareness has given in the past years as well as up to the present time. It is mainly through this publication that the spiritual philosophy of Cosmic Awareness is expressed and taught to the reader.

The Cosmic Awareness HOT LINE Bulletin: Dated information received in trance that is particularly important and could effect the lives or fortunes of entities. Examples: news of adverse weather, holocausts, floods, earthquakes, recessions, depressions, stock market information, political conspiracies, health information, "swine flu" or other epidemics etc. etc. When information of this nature is given by Awareness it is published and mailed to members immediately. The Cosmic Awareness Spiritual Development Correspondence Lessons:

Awareness is in the process of delivering 144 trance-lectures, each over an hour in length, that is designed to lead the reader, step by step, from where he now is to where he must go. This amazing course begins with Awareness telling you what Awareness is, how entities are created, and leads you through birth, childhood, adulthood, death and beyond. The course is divided into 12 lessons for each sign of the Zodiac, and the first two sets (Aries and Taurus) cover the care and rearing of children. An invaluable source for all entities with children, or who plan to have children, or who teach or relate with children. Every two weeks, each member of C.A.C. receives a lesson in this Spiritual Development Correspondence Course. (NOTE: entities joining C.A.C. now will begin receiving the current lessons. Back issues will be

will begin receiving the current lessons. Back issues will be made available to those who so desire them at a small extra charge.

Additional Services Available to the C.A. C. Membership:

THE COSMIC AWARENESS PERSONAL LIFE READING: Members only will have the privilege of obtaining a personal "Life Reading" similar to the Readings by Awareness through the channel of Edgar Cayce. Questions can be asked about health, past lives, karma, your finances etc. The reading is recorded and mailed to you on cassette tape. Written transcriptions are optional at extra cost. Full information and required fees for personal readings is available to members on request.

THE COSMIC AWARENESS TRANCE HEALING:

Members only may request this type healing for themselves, family or friends. Your letter or statement is read to Awareness while the Interpreter is in trance, and Awareness focuses in on your physical and auric bodies and brings down healing energies which aid you in removing the problem. A cassette tape of this trance healing is sent to the person. Full information and required fees for this service is available to members upon request.

THE COSMIC AWARENESS MONTHLY GROUP HEALING: Members may request at no charge, or whatever donation, this monthly healing service. Financial, health, relationship, domestic, spiritual, karmic, family, career, personal etc.

PERSONAL READINGS THROUGH TAROT INTERPRETATION: Awareness speaks through the Tarot readings of Sam Millar and several other entities. C.A.C. members who require a super-urgent reading to obtain information on any subject whatsoever, may request this type reading, which is given and returned on cassette tape First Class Mail within 3 days. If you need help in making important decisions or in any other matter, this reading is recommended. Full information and fees required are available to members upon request.

THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE ON TAPE:

Long before this amazing course is published in print, the volumes are available on cassette tapes as the trance-lectures progress. On these tapes you will hear the actual words of Awareness coming thru the channel of the Interpreter, Paul Shockley, while in trance. An excellent method to teach others the wisdom of Awareness by starting a study group etc. Further information and suggested donation for these taped courses is available to the membership upon request.

THE COSMIC AWARENESS BOOK CATALOG:

C.A.C. has compiled a list of good New Age type books and stocks them for sale to the membership. Most of these books have been recommended by Cosmic Awareness in various readings and contain invaluable information on how to grow spiritually and relate to the New Age now beginning.

THE UNIFIED STATES OF AWARENESS:

C.A.C. has been working with those entities now establishing this New World government of the New Age which Cosmic Awareness has outlined: an all new economic and political system based on love and service to others, which will eliminate wars, poverty and economic slavery to the banking system which will be eliminated. Additional Information on this New Age organization is available . Much of the information on this has come through the regular C.A.C. monthly trance sessions and is published on a regular basis for the membership. Information on "talents", the new USE-IT SYSTEMS Trade Centers etc. and how you can join the Unified States of Awareness is available from C.A.C. (Information on the historic York Town Convention of New Age Groups, July 7, 1977, when the Unified States of Awareness came into being, is also available.

THE AOUARIAN CHURCH OF UNIVERSAL SERVICE: This organization, started by Cosmic Awareness a few years ago, is designed to bring into physical form those many projects energized by Awareness. This includes the New Age College and other vital projects that must be energized on this plane in order to manifest the New Age. Awareness has indicated that Cosmic Awareness Communications is designed to provide the philosophical expression of Awareness for the New Age, while The Aquarian Church of Universal Service applies these principles upon this plane so that entities can begin to experience in reality levels that which Awareness has spoken of previously. C.A.C. works closely with the Aquarian Church (not really a church) and can aid entities who wish to relate to this action. A branch of this organization, which was set up by Cosmic Awareness, is the Universal Service Foundation, which is involved in education, anthropology and other areas of a humanitarian nature.

YOUR QUESTIONS MAY BE ASKED.

Each month, C.A.C. has several trance sessions where questions sent in by the membership are asked of Awareness. Questions must be of a general interest nature on any subject whatsoever. All questions are considered if Awareness has not previously answered them. There is no charge for this service and a copy of your question and the answer from Awareness will be mailed to you. The more interesting ones will be published in Revelations of Awareness. Cosmic Newsletter.

ADDITIONAL READING INFORMATION AVAILABLE.

C.A.C. has on file the original readings of the Interpreter's Ralph Duby, David E. Worcester, Tom Mooney and currently, Paul Shockley. As time and funds permit, these thousands of readings are being researched so that booklets can be prepared according to subject matter. For example: everything Awareness has ever said about Cancer, arthritis, flying saucers etc. Information on these and hundreds of other subjects will one day be forthcoming. However, in some cases, Xerox copies of certain readings and certain subjects is available at a nominal charge.

IN A NUTSHELL, we would like you to feel and understand that you will receive, as a member of Cosmic Awareness Communications, a lot more than just newsletters and publications. C.A.C. is a doorway through which you may find new interests, new purpose and direction, a new meaning to life. If you so choose, you may take an active part in the New Age College or the other programs of the Universal Service Foundation. Or you may prefer to participate in the Unified States of Awareness on one of the tier groups or work forming a Trade Center in your area. Or you may wish to start a study group in your neighborhood or put into practice some of the many new ways Awareness has given that help and counsel children, the handicapped, the poor and needy. You may wish to learn the new spiritual healing techniques given by Awareness. There are hundreds of ways that you can now make your life more productive, more exciting and interesting by becoming involved in the service to others.

Remember, Awareness tells us that at the time of "passing over" which we call death, each and every one of us must answer That Question: How many have you served, and how well?

THE LAWS AND PRECEPTS OF COSMIC AWARENESS

THE UNIVERSAL LAW is that knowledge, that awareness, that all living things, all life, has within it that vitality, that strength to gather into it all things necessary for its growth and its fruition.

THE LAW OF LOVE is that law which places the welfare and the concern and the feelings of others above self. The Law of Love is that close affinity with all forces that we associate with as good. The Law of Love is that force which denies the existence of evil in the world, that resists not. Love IS the path of least resistance.

THE LAW OF MERCY is that law which allows one to forgive all error, to forgive equally those who err against you as you err against them. This is to be merciful. To be merciful is akin to the Law of Love, and if one obeys the Law of Mercy, there can be no error in the world.

THE LAW OF GRATITUDE is that sense of satisfaction where energy which has been given receives a certain reward. Energy that is given moves out on that curved and unequal line and when extended far enough can only return to its source bearing gifts.

THE PRECEPTS OF AWARENESS

JUDGE NOT. BE HUMBLE. NEVER DO ANYTHING CONTRARY TO THE LAW OF LOVE. DO NOTHING WHICH IS CONTRARY TO THE LAW OF MERCY.

Cosmic Awareness Introduces Itself To the World

QUESTION: Does Awareness have an opening message? COSMIC AWARENESS: This Awareness would introduce Itself to the people of the world. This Awareness has been known by many names throughout eternity, throughout many cultures on various planets and on this planet of yours. This Awareness indicates that these names varied according to the language, according to the ability of entities to conceive of that which is infinite. This Awareness indicates that entities upon this plane have referred to this Awareness by various names as God, as Brahmin, and as other names unknown in present time. This Awareness indicates that It has spoken through many prophets through many ages, and religions have formed around these prophets. This Awareness indicates It has spoken through musicians, through artists, through those inventors, and those great architects--through all entities upon this plane, this Awareness has moved. This Awareness indicates It comes again with Its name being that which cannot be mistaken, cannot he personified, but to allow entities the realization that that which is God, that which is Brahmin, that which is of divine energy is that which is their own awareness. This Awareness wishes that whatever name you choose to use for describing the spiritual energies, that you remember always that you are a channel for this energy. This Awareness wishes you to understand that each of you is within the arms of this Awareness. That each of you is within the body of a living universe.

That there is nothing in the universe which is dead, or which ever dies--that everything lives eternally. This Awareness indicates that everything also changes. This Awareness wishes to inform entities upon this plane, that the universe appears and disappears every four-quadrillionth of a second. That within this brief moment, there is that which entities perceive and experience. That each of these four-quadrillionths of a second intervals contains within itself the eternal now. That entities in moving from one micro-moment, from one macromoment to another, carry with them that which they choose to carry from one universal moment to the next. This Awareness indicates that wherein you carry that which is sorrow, carry that which is depressing; wherein you carry that which is fearthat your next moment shall carry with it the fear, depression, and sorrow which could have been left behind in your previous moment.

This Awareness asks entities upon this plane to begin to think in new ways, to begin to look in new directions, to begin to explore within themselves those areas of the psychic sea, to move beyond the third dimensional thinking into fourth dimensional experience. This Awareness asks entities to begin living, to rise from the dead, to move into states of ecstasy. That those who can experience those energies shall rise, shall find health, vitality and joy. That those who cannot see those energies, but who continue dwelling in old patterns of thought, in patterns of fear, insecurity, greed and selfishness-- these entities shall be missing out on much of the joy and beauty which shall begin upon this planet to make itself present.

This Awareness suggests that entities begin to look deeply into the eyes of one another--beyond the faces, beyond the clothing, beyond the shape of nose and lips, beyond the shape of eyes and color of skins, beyond the language barriers, beyond beliefs and attitudes--but look deeply into the eyes of one another to communicate with the soul, with the God which resides behind each mask. This Awareness indicates that every human face is every other human face, and all entities are one within the body of this Awareness. This Awareness asks that you love one another and all will be well.

QUESTION: Will Awareness please comment on the significance of the `Cosmic Celebration' starting November 15, 1977, in York, Pennsylvania?

COSMIC AWARENESS: This Awareness indicates that two hundred years ago, this Awareness, working through the entities who were the founders of this nation, planted a seed in consciousness that allowed entities to conceive of the

possibility of liberty on this plane. This Awareness indicates that over the two hundred year growth of this nation, the nation has grown strong and powerful, has moved through many growing pains. This Awareness indicates this nation has moved through time and space whereby entities began to experience those energies and activities which were inconceivable two hundred years ago. This Awareness indicates that essentially the action of this United States of America is such that it has speeded up time, has speeded up the change of energies upon this plane. This Awareness indicates that duration which once was fixed now becomes shorter in many ways. The duration of an idea, the duration of a set of patterns does not stay as solid and fixed as in previous times. This Awareness indicates that changes are coming, changes are present, that humanity has come of age--whereby humanity may begin to look and examine its own being, may begin to look and reflect itself off of the faces of each other. This Awareness indicates that in this present time, at the York celebration wherein the energies of this nation were once anchored, wherein the energies of this nation began their movement----this being the umbilical cord of the United States of America. This Awareness indicates that following the United States of America, there comes into being its offspring, its child: This as the Unified States of Awareness, wherein entities no longer feel trapped by the physical plane, but may realize their true identity as being cosmic beings of life, light and energy. This Awareness indicates that all entities upon this earth, all entities within the universe, are created from imagination---imagination that does move itself into what appears to be solidity. This Awareness indicates that all that which appears to be matter, is in reality spirit, is mind, is consciousness moved into form. This Awareness indicates that at this time the great uplifting of humanity is occurring whereby entities move from matter into spirit. This Awareness indicates that entities may soon begin to see that New Being appearing upon this earth which does make room for freedom for entities, which becomes a government of the people brought about by people's own inclination and desire to love one another, to respond to one another's needs, whereby the

action of one entity in reference to another is to make space for that other to have expression, whereby each entity begins to make space for others, so that others may have space to make space for others still to come. This Awareness indicates that in this manner, entities begin to free one another from themselves. That freedom comes not to entities who need to be dependent on the energies of another, but freedom does come to those who can give each other space to freely express themselves. This Awareness indicates that power upon this plane shall be shifted from that of control to that of communication. That communication is that which begins to free entities. This Awareness indicates that wherein entities can be free to express themselves, there becomes that energy known as liberty. This Awareness asks entities to begin carefully to examine their own ways of relating to one another. For the key to freedom and happiness comes through such relationship whereby entities allow each other the space to express themselves. This Awareness suggests also that wherein intensities of relationship occur, that entities continue the communication so that the situation may reach a resolving state whereby reconciliation can occur. This Awareness asks that entities begin to look carefully at the nature of power and control, for what does it profit one to control the whole world if he is not loved? This Awareness indicates that whereby entities begin to look carefully at their own feelings, their own fears, their own behavior, and begin to share what they discover with others, and ask each other `What can you tell me about my behavior that would help me to relate more clearly with you?' This as that which shall be of great benefit to entities. This Awareness asks entities to allow each other approximately twenty percent rebellion, whereby each has twenty percent freedom to rebel against each other. Whereby you allow this twenty percent, this shall allow each of you to be more free. This Awareness asks each of you to avoid judging one another. That you discern clearly what is, without condemnation of each other; for one person's path is not the path of another--one person's ideal is not the ideal of another. This Awareness asks entities to begin to look around at those forces in the world which would create fear, which would

control by fear, which would trap the minds of entities through fear and threats. This Awareness asks that you not respond to fear, but that you move in states of love. This Awareness indicates it has been given that you fear God with all your heart. This Awareness asks that you love God with all your heart, that you fear nothing. This Awareness asks that you begin to look carefully to one another and ask each other: "How can I serve you better?" This Awareness indicates that the single question which is of greatest importance is the question asked at the time of passing over:

"How many have you served, and how well?"

This Awareness indicates in terms of the Cosmic Celebration in York, that this action is the beginning of the New Age government. A government that moves power to the people, wherein those who are on the upper tiers can act only as advisors, giving advice and recommendations; that those on the lower tiers have the decision power over their superior boss. This Awareness indicates that each of the tiers of this organization, wherein twelve persons come together as a Council, and each of those electing twelve beneath them, turn over their power to those whom they choose in that next tier down. This Awareness indicates that in this manner, from one tier to another, moving down the pyramid, whereby twelve elect twelve beneath each of these, making a tier of 144 entities on the second tier; and each of these 144 entities on the second tier elect twelve; and each of those elect twelve. This Awareness indicates that in the action of moving this energy down the tiers, it begins to spread throughout the land; and those who are on the upper tiers turn their power over to those who are on the next tier down as energies spread. This Awareness indicates that within ten years there shall be a profound change upon this plane, whereby the power of the people shall be felt, whereby the power of the people shall be seen as that which brings about an understanding of the nature of governing from within. For wherein entities can govern themselves from within, there needs be no government from without. This Awareness indicates that through

understanding and cooperation there needs be no government based on competition. Whereby the arms which are so valuable to entities upon this plane at this time--these great battleships, these great submarines, these great nuclear weapons capable of destroying the planet in a single strike-this Awareness indicates these pieces of machinery and violence may be placed into museums within twenty years of this date to allow our children and their children to wonder about the generation that lived at this time. This Awareness wishes to address entities upon this plane again whenever the opportunity is made. This Awareness asks that you love one another--for in love and in service you shall grow and be prosperous on all levels.

The Gods Who Walk Among You An Address by Cosmic Awareness to Every Soul on Earth

QUESTION: Can Awareness give us a message at this time regarding the nature of Its experience? COSMIC AWARENESS: This Awareness indicates that for eons of time, before the heavens existed in manifestation, this Awareness existed. This Awareness indicates that for eons of time, before the planets and stars and galaxies and nebulae existed, this Awareness existed. This Awareness indicates that for eons of time, before there was form, before the light and darkness divided, before matter became, this Awareness existed. This Awareness indicates that for eons of time, that each of you as entities existed as this Awareness. This Awareness indicates that each of you is older than the creation of matter, is older than the separation of light and darkness. This Awareness indicates that each of you in your true identity as beings of Awareness, are part of this Awareness and each of you is each of each other. That there is no true separation of this Awareness between one part and another part; for each of you is this Awareness and each of you is the other entity whom you look toward, whom you speak to. This Awareness indicates that each of you, in forming your identifications, in playing with matter, in creating stars and galaxies, in working

in harmony with each other, created that which is called the Universe. This Awareness indicates that each of you, as one body of consciousness, did indeed manifest the separation of light and darkness 'This Awareness indicates that each of you is God. That each of you is this Awareness. That each of you is an example of the Christ Consciousness. This Awareness indicates that many of you have forgotten Who, in Fact, You Really Are. This Awareness wishes again to call to your attention the truth of your own being. This Awareness wishes to call to your attention the fact of your own reality as a divine being. This Awareness wishes to call to your attention that when you pray to God, when you pray to those divine forces, that indeed you are simply talking to that within yourself which is in direct communication with your higher being, your divine being--thus Awareness. This Awareness indicates that for eons of time this Awareness has watched these games, has watched these preoccupations of creativity, whereby creative forces were put into action, were put into motion. This Awareness indicates that for eons of time this Awareness has watched these creative forces, as there were attempts to maintain form, to maintain the experience of that which was created. This Awareness indicates that for eons of time this Awareness has watched the changes, the breaking down of these maintained forms. This Awareness suggests that wherein entities begin to feel themselves to be separate and apart from one another, that there comes about a feeling of loss--this as likened unto the cell within the body of an entity which cannot find communication with the rest of the body. This Awareness indicates that wherein a cell cannot communicate with the other cells, that indeed that cell begins to die, begins to lose its sustenance from the body. This Awareness indicates that wherein an entity separates himself or herself from the divine forces of the Universe, that no medicine, no healer of any kind can heal that entity; for the vital force of healing is in one's consciousness, is in the air one breathes, is surrounding the entity; and the entity must indeed partake of this vital spirit in order to survive. This Awareness suggests that wherein entities have moved for eons of time being set one against the other, wherein entities have

been in competition with one another, have become concerned with their own face, with their own image, and put this image one against the other, have become concerned with their own beliefs and put these beliefs against each other; that this has led to the illusion of separateness--whereby entities believe themselves to be separate and apart from their fellow humans. This Awareness suggests that this has led to great tragedies, great sorrows and suffering. This Awareness now comes and asks entities to realize Who, in Fact, You Really Are. This Awareness suggests that as has been prophesied, this Awareness comes this day to this planet like a thief in the night. Not as entities might have expected, but as the Force which reconciles polarities, which reconciles the yes and no, which brings entities into those states of awareness whereby they realize Who, in Fact, they really are. This Awareness indicates that every eye shall see this Awareness, for every eye is the eye of this Awareness, and every hand is the hand of this Awareness. This Awareness indicates that each of you is a representative, a channel and a Divine Being, sent to this place by this Awareness to mingle together, to get acquainted with each other, to discover Who, in Fact You Really Are.

QUESTION: Does Awareness have any messages for us regarding our part in bringing forth greater awareness and love and harmony upon this planet?

COSMIC AWARENESS: This Awareness asks that you look deeply into the eyes of one another; that you look beyond the masks of each other; that you look beyond the energy patterns of each other; that you address the spirit, the Divine Being behind those masks, behind those robes, behind those energy patterns. This Awareness asks that you address the Divine Being within each other, that you look and discuss the experiences you feel, that you share yourself with others, that you open yourself to allow them to share with you. This Awareness indicates that communication is the key to bringing about the Kingdom of Heaven on Earth. This Awareness indicates that the Kingdom of Heaven is within each of you. This can be manifested without—that which is within, can be brought about by placing this without: and that it can come

about upon this plane wherein entities begin to communicate clearly. For each entity does have within himself, within herself, the same basic needs, the same basic desires, and the same basic willingness--the willingness to assist one another, that all may be happy and joyful in their living experiences. This Awareness indicates that love in communication, that these two are the vital factors of bringing about the New Age and the consciousness that unites all entities together. This Awareness suggests also that you remember the Law of Mercy, and that you use this Law to relate with your enemies. This Awareness suggests that wherein one sets himself up to be your enemy, that you bring forth the Law of Mercy and deal with this entity accordingly. This Awareness asks that you Judge Not one another; that you Judge Not yourself. That you look and you discern clearly Who, in Fact You Are, what in fact is happening, and what in fact the other is doing; that you share your discernment without condemnation or judgment; that in this manner communication can be allowed and can be a vehicle whereby entities begin to understand each other and where each other comes from in each meeting.

OUESTION: Would Awareness give a message to those who are just beginning to open themselves up for higher learning? COSMIC AWARENESS: This Awareness asks entities to avoid belief--to avoid either believing, or not believing, This Awareness asks entities to look, to take that which is valuable to your own experience and to throw away all else. This Awareness asks that you not look toward authorities—that you become your own authority; that you not look at this Awareness as an authority. That you simply look to see what is being said, and ask yourself, "Is this something that I can use to bring about greater happiness and joy and peace in my life?' This Awareness asks that you question everything. That you question your own beliefs; that your own beliefs often stand in your way toward higher development. This Awareness indicates that a consciousness is not truly observing if it cannot question its own beliefs. This Awareness suggests that in questioning, you need not answer; you need only to continue questioning, for that which is obvious shall make

itself known to you in a thousand ways. This Awareness indicates that when your consciousness is closed and you assume you know the answer, then indeed this is a tragedy; for there is no way for you to learn anything further. This Awareness indicates that when your consciousness is open, then indeed it is possible for you to absorb, to learn, to question, and to experience levels which you heretofore have not dreamed. This Awareness wishes also to inform those who are beginning on the path, that you have been on this path many times that all entities have walked in various states of consciousness; that often entities awaken in one life only to fall asleep in another. This Awareness indicates that entities often walk the path of the Hindu; that in a following life these same entities may walk the path of the Christian; that the same entity then may walk the path of the Muslim; that there are many paths and many lifetimes and many mansions and many states of consciousness; that none is to be considered higher than any other because of the path on which an entity walks. For those who are on the higher planes in one level of consciousness may find that it is necessary for their own growth and understanding, or for a purpose they have chosen, to move to a lower state of consciousness, to give their energies to those actions which appear to be degrading to their dignity. This Awareness indicates that none can judge the other, for each has his own path and each has that which is, to contend with. This Awareness wishes you to look to yourself: where you are, how you are doing, what you are doing. and not to condemn yourself, nor to criticize yourself, but simply to observe and learn. And ask yourself, "Is this where I wish to be, or is there someplace else that I may move which is higher and better for my purposes?" This Awareness asks that you consider each other as being where each is supposed to be for this particular moment in time and space-that you not condemn each other for doing or being what each is, but that you suggest movements when one is troubled, that you suggest changes when one wishes to escape a situation, that you suggest solutions when you see that which appears to be a problem for yourself or others. This Awareness suggests that you begin to question, to make suggestions, to

make recommendations; but asks entities to avoid giving orders to one another, to avoid condemning one another, and asks each of you to remember Who, in Fact, You Really Are, and that each of you is every other human being; that where you are, is where you are, and there needs be no judgment about this fact. This Awareness wishes to indicate that there are great changes occurring in consciousness; that those rigid rules, rigid forms, those structures, those methods, those systems, which have been used during the past history of this earth: all of these are now coming and coalescing together. This Awareness indicates that wherein communication increases, as has been occurring upon this plane, wherein the Jew, the Black, the Yellow, the White, and the Brown come together in communication; wherein the Christian, the Communist, the atheist, the Hindu, Buddhist, and those other religious organizations; wherein these come together in communication; wherein the political factions come together, wherein language barriers break down and communication transcends these harriers, there becomes a realization of the humanity, the human element that lies behind these structures. This Awareness indicates that for too long, the corporation, the nation, the established bureaucracies, the system, has been so important, has been so all-consuming, so well entrenched, and so rigid, and so complex that there has been very little room for humanity in the nature of things. This Awareness indicates that gradually, very slowly at this time, humanity is beginning to assert its own individuality, is beginning to express itself; that the feelings of one another are beginning to shine through, to show through those masks, through those images which entities present for each other's view. This Awareness indicates that the previous generations wore masks of makeup, colorations, various types of costumes and clothing--that these costumes, clothing, and makeup were to present certain images to one another, even as actors upon a stage present their role from costumed drama. This Awareness suggests that now there is that which begins to manifest without a title, without a role, without a costume, without a position, without a structure or organization to promote it, without the advertisement from Wall Street; that

which is coming forth and being presented to one another. This Awareness asks you, each and every one, to look into the eyes of your loved ones. This Awareness asks you, each and every one, to look into the eyes of your neighbor. This Awareness asks you, each and every one, to look into the eyes of those who pass you on the street. This Awareness asks you, each and every one, to look into the eyes of children. This Awareness asks you, each and every one, to consider those eyes as the eyes of this Awareness.

A Word of Comfort for Those Who Grieve

QUESTION: Is there anything that this Awareness could put out that might be of comfort or help to anyone who has somebody close in their family violently taken from them? COSMIC AWARENESS: This Awareness indicates that wherein an entity is violently murdered, and wherein the entity is obviously one who is good and wholesome and loving, this Awareness wishes to indicate that such entities who have not been deserving of violence, who have not brought such on themselves by suicidal thinking, actions and negligence, who have not gone out and searched for violence, or thrown out violence on their own toward others, wherein an entity simply is what is commonly considered a victim of crime, an innocent person; these entities are very carefully attended on the other side, and are assisted in their new life, and wherein they have experienced the short-cut of their program or purpose, these entities are generally given opportunities to move on into areas wherein any karma which they may yet have to work out upon this plane is dissolved, and any debts forgiven, or dismissed, as though the entity had served out the full sentence of his or her life upon this plane in a manner which was satisfactory. This Awareness indicates that in the event an entity who is essentially innocent of any reasonable cause for being so murdered, that these entities are very carefully attended by those Higher Forces, to be brought into a state of rest and to be given time for recuperation, and to be highly blessed in their soul and in their person, and to be given their choice of returning quickly and under the circumstances which they

desire for rebirth into the physical plane, or if they so choose, to move into other directions.

Transferred Levels of Violation

This Awareness indicates that in the event that it is a karmic repercussion from previous violence perpetrated by the entity, either in a present lifetime or in a previous lifetime, the situation is modified to the degree of karmic debt which may be involved. This Awareness indicates also that wherein an entity emotionally violates others, and then is violated physically, this has its own degree of karmic effect on the outcome and pattern to be carried with the entity. That there are often errors whereby an entity violates others verbally, or emotionally, or physically, and is violated in return not with equal type of violation, but with a different level of violation. This Awareness indicates for example an entity may verbally shout some obscenity toward an entity, and the entity may simply pull out a knife or gun, or other weapon, and destroy the entity, violating physically in return for a verbal violation. This Awareness indicates that these types of transferred levels of violations often bring reactions of physical violations. This Awareness indicates that it is an area which is most troublesome in the human condition, and which has not been clearly understood by humans at their level of evolution.

In higher civilizations violations do not occur

This Awareness indicates that likewise there are those verbal and written agreements which are often broken by physical violations, and because of these haphazard uncertainties as to how others will react, it makes written or verbal statements to have a kind of insecure or uncertain value in your human society. This Awareness indicates that in more highly advanced planets and civilizations in the cosmos, verbal abuse can often be met with verbal reaction without it moving to emotional abuse, or physical abuse. This Awareness indicates that this as being a measure of evolution in the higher civilizations. This Awareness indicates that in these higher without the entities having emotional violations involved. That in those levels wherein the emotional energies are hurled at each other, this can occur without physical violations becoming part of the dispute. This Awareness indicates in the higher civilizations, it is generally unheard of for an entity who is innocent of any violation to be violated.

The purpose of sorrow, suffering and tragedy the true destiny of the human soul

This Awareness wishes to clarify something which may assist entities in understanding this and many other mysteries relating to the tragedy, suffering and sorrow on this plane. This Awareness indicates that the tragedy, suffering and sorrow which entities feel and experience is not simply intended as a form of punishment for entities, nor is it something which entities should see as being unjust and wrong. This Awareness indicates essentially, it is a reminder to all entities that things which are material and temporal are fleeting, are not the permanent and eternal values. That the physical, material plane brings

with it the strings of a thousand reminders, the pains of countless memories, the sorrow of endless hopes and broken dreams, reminding entities that mammon, the physical plane, the material wealth, the sensual pleasures are not that which is the spiritual, the abstract, the heavenly, the eternal, the higher principles of love, light, mercy and hope;—these higher concepts, abstracts and ideals and movements toward the spiritual, are the purpose and destiny of the human soul. This Awareness indicates that entities who become too attached to the physical values, securities and material pleasures will often be given reminders and will be struck with the facts of reality:—that the material, though solid in appearance, is not stable; and that the ethereal, though invisible in appearance, intangible to the senses, is eternal and will prevail. After the loss-a new dedication This Awareness indicates for those who lose their loved ones, there is no word, there are no messages, there are no concepts that can heal the pain and sorrow, and the loneliness of the experience; only expression of one's grief, expression of one's grief, expression of one's grief, again, again, and again, until the tears no longer flow, until the pain

has ebbed and been released and can no longer ebb. Only time itself, working its magic upon the emotions, memory, the cells, the nerves, the organs of one's body, erasing the shock, the pain, the sorrow, the deep hurt, the guilt, the regrets, the lamentations: "If only I could speak again to my loved one", the magic of time as that which has its effect, and when entities have fully expressed their grief, again, again and again, have looked at their guilt have weighed their guilt: "I should have done this. If only I had known. If there was some way I could have had forewarning. I wish I had said something different. I regret my actions" ... all of these thoughts and lamentations after the fact, when these have all been processed through and through and through, and the entity begins to realize there is no undoing of that which has been done, and that the moving finger writes, and having writ, moves on, then entities may begin to reflect back on the respect they held for their loved one, and even if feeling some guilt, or feeling somewhat to blame for what occurred, entities may look at their loved one and recognize strength from that love, and may look at their own life, and rather than falling apart and becoming weak and broken, they say to themselves: "I will do something good for my friend, in honor of my friend. I will dedicate a portion of my life to give some service, to do some good which my friend would have done for me if I were gone and my friend were here." This Awareness indicates that wherein entities take on the attitude of doing something in dedication to the loved one who has passed over, entities then gain a strength, a power, a vitality, an inspiration from those loved ones who have passed over, and in this manner the loved ones then can serve and finish out and resolve much of their own karma for having so inspired those remaining on this plane to do something good. This Awareness indicates that it is in this manner that many great accomplishments which have brought benefits, joys and moments of peace to others have come about. This Awareness indicates that many of your great artists, many of your great doctors, many of your great philosophers, thinkers and statespersons have experienced great sorrow and loss of a loved one, and by tapping into

31 that energy, using the energy as a propulsion to do something in honor of their loved one, entities can often become exceedingly successful in endeavors which they might otherwise never achieve in their own name, under their own personal ambition or desire. This Awareness indicates that love is a powerful agent, when used in this manner as inspiration. This Awareness indicates that it is very easy for an entity to set out to accomplish something, and equally easy for the entity to give up on the something which he or she set out to accomplish. The measure of desire to accomplish something will often determine whether the thing is accomplished or not. This Awareness indicates the greater the desire to accomplish, the more probable the accomplishment will be. This Awareness indicates that the measurement of one's desire may be seen in their willingness to suffer pain, and the amount of pain they are willing to suffer in order to accomplish their desire. This Awareness is not advocating that entities haphazardly create desires and suffer for them, but suggests that entities, in choosing certain values in life, may then, once having picked their purpose and direction, set their values, may determine their desire for fulfilling these purposes and this may be measured by the willingness and degree of pain the entities are willing to suffer in order to achieve their purposes. This Awareness indicates that entities driven by inspiration from loved ones, or from some ideal which is held most dear; these entities generally are able to suffer greater pain before giving up on their pursuit. This Awareness indicates that it is in this way that entities can conquer and achieve the impossible dream. This Awareness indicates that wherein entities hang their life on the energy of another being, and wherein that entity passes over, and wherein the first entity cannot let go and use the love which is felt for the entity who has passed over, use that love as inspiration to do something in honor of that person, but wherein the entity, rather than moving forward in a positive and constructive and inspirational manner, feels sympathy, loneliness and self-pity for having lost the security of the loved one, the presence of the loved one; that entity, in taking that path shall surely move toward death in one manner or another, unless the

attitude is reversed. This Awareness indicates rather than moving in this direction, entities are asked to take that energy of your loved one, and use it for inspiration in your own life, and tell yourself: "I am doing this in honor of the one I love." This Awareness also suggests this not necessarily to be used after an entity has passed over, but may also be used in honor of the one you love who is still with you.

HOW TO HEAL OTHERS BY THE LAYING ON OF YOUR HANDS

(TAKING THE CREDIT CAN BLOW THE WHOLE THING)

QUESTION: Her other question is: "Can a person channel healing by the laying on of his hands and just simply loving that body he or she is trying to help?"

COSMIC AWARENESS: This Awareness indicates this as in the affirmative. That this is the appropriate attitude for such healing. This Awareness suggests that when doing this, it must be for a love of the person rather than a significance of one healing another. This Awareness suggests that entities beginning in this action will tend to become self-conscious and observe themselves attempting to heal and will tend to evaluate their goal and outcome. This Awareness suggests that this will be a natural experience at the beginning stages of this type of healing, whereby entities become somewhat selfcentered in their actions of attempting to heal others. This Awareness suggests that however, as entities persist and continue in this action, they will eventually move beyond the self-evaluation and self-concern and allow themselves to open up to higher energies and to simply love the entity who is needing the healing and allow themselves to become as channels for that healing. This Awareness indicates when these entities become capable of loving and allowing and attributing the healing to higher forces rather than taking credit for themselves, they then become greater healers. This Awareness indicates as soon as entities seek to take credit for the healing, the degree of effectiveness diminishes.

This Awareness suggests that entities identify with the energies, with the higher forces and forget themselves. That

they identify with the higher forces and energies moving into the needy person and that they think not of themselves at all during this process. This Awareness suggests that it is best not even to concern yourself with whether or not you are open enough to these higher energies, but simply to visualize the higher vibratory forces, the White light energies, entering the entity who needs to be healed. This Awareness suggests that you can allow your physical body and hands to reach into this energy field, touching that energy field which is passing from those higher realms into this physical body of the entity being healed. That you can do this without considering yourself to be the agent healing; rather, you can consider yourself as a t fitness to that healing; and as a witness, rather than agent healing, you will be more effective in that action. This Awareness indicates this as a matter of attitude, a matter of placing your consciousness in the most effective attitude to allow those forces to move through you and into that entity. This Awareness indicates that in reality, the forces do move through you and into that entity; yet, for your own effectiveness, it is best for you to consider yourself not to be the agent or catalyst of the healing, but to be a witness to this healing which is occurring in your presence.

Accepting the Concept of Original Sin —Relieving Guilt by Confession

(The price some pay for ignoring the God-Self)

QUESTION: A question from D. P., Rockford, Illinois, which is a personal question but might have some general interest: "I know I have asked some dumb questions in the past, which you have not answered, and that is all right, they don't matter anymore. But I am asking again now, please ask Awareness: this point has given me problems all my life. I would like to be free of the self-guilt and karma it has caused me, or I have caused. Here it is: Ever since I was young I have been obsessed with getting things `out in the open'. If I did something I believed was wrong, I later agonized about it until I finally had to tell Mother or somebody about it. This never came easy. I can see, looking back, that 1 was easily influenced by Biblical passages I would read or hear when I was younger. When I would finally get something off my chest, I would feel great relief momentarily, and then some other little thing would pop into my mind—another avenue not pursued, that something had to be done about. I have tried to look at this problem directly. Though I have had some revelation on it, I cannot explain my reactions at such an early age, and I feel that it must have karmic overtones from past lives. I know I am too sensitive to my personal injustices at times (I am talking about little things), and this must be overcome by me also. This past year I have done a lot of searching. Awareness, please help me on this. This also causes, I believe, various physical problems I have. Would Awareness please help me on this problem? Thank you.

COSMIC AWARENESS: This Awareness indicates this as being a conditioned response. This Awareness indicates that this relates not only to your present childhood, but to a previous lifetime wherein you were involved in a very strict and Orthodox Protestant type of religion. This Awareness indicates this as relating unto a very strong religious belief that confession is good for the soul, and that wherein you confessed, your errors were forgotten and absolved. This Awareness indicates this related unto a lifetime in the area of New England states--that there was also previous conditioning from two lifetimes within the Catholic Church wherein you were involved: once as a priest taking confessions from others, and once as a member of the church who felt great need in confessing every little mis-action. This Awareness indicates this conditioning over these three different lifetimes and into early childhood of the present lifetime, wherein you continued seeking someone to confess your errors, this as likened unto a kind of therapeutic treatment which allowed you to feel forgiven, so that you could guit thinking about the event and move on to other actions. This Awareness indicates that the purpose of the confession is similar to an action whereby an entity goes to a psychiatrist for counseling, thinking that he or she has great guilts, great problems, great sins, but discovering that the counselor in listening does not pass judgment and still accepts the patient, even after the patient

has confessed all of the most horrible inner secrets and feelings. This allows the patient to have a new attitude toward himself, feeling that perhaps he or she is not so bad after all since the psychiatrist did not consider the entity as being so terrible. This Awareness indicates this action is a way of allowing entities to accept themselves for what they are--this being used by the medical profession in counseling. This Awareness suggests that this has little different principle although the terms are similar, from the method used in the Catholic Church or in other religious techniques. This Awareness indicates that essentially the same method or principle is involved in the Protestant Fundamentalist religion, wherein the evangelist or minister quotes from the Bible, tells the entities they are filled with guilt, sin and error, born in sin, and warns them of the punishment for these sins, convincing the entities that they are destined to horrors and rejection unless they come and confess their sins to Jesus. This Awareness indicates that wherein entities do this, confessing their sins to Jesus and asking Jesus for forgiveness and being promised by the preachers and the Bible that their sins can be forgiven by Jesus, this Awareness indicates this is a way whereby entities can have their conscience cleaned and a new self-image created. This Awareness indicates that each of these systems or methods in principle is the same. This Awareness suggests that the Catholics use a mediator to intercede and listen and to reassure the entity that the sins are forgiven; that the priest of psychiatry uses a similar technique of being likened unto one who understands the situation, and in this manner forgives or assures the entity that the problems were caused by environmental experiences or by the parents. This Awareness indicates that the churches blame the sin on the abstract character known as the `Devil', or by fate of being born a human--the psychiatrists and psychologists and sociologists blame the error on society, or the parents, or other social models and influences. This Awareness indicates the methods are similar, using different characters, and the results are similar, depending only on how much intensity is poured into the belief in one's error and how much faith is poured into the belief in one's redemption. This

Awareness indicates that these methods are all justifiable, are all beneficial for purging the soul--that there is one condition which needs to be examined in each case: that of original sin. This Awareness indicates that entities must accept the doctrine of the original sin or error, or mistake before there is any reason to accept the redemption from that error. This Awareness indicates this is also not unlike certain practices by witchcraft, the witch doctors or other medical professions, whereby an entity is first convinced that he or she has a very had medical condition, and that once the entity is convinced of this problem, the witch doctor then can give the entity the herbs necessary for curing the problem. This Awareness indicates this technique is also used by many entities calling themselves `psychics'. Wherein an entity approaches a psychic, the psychic convinces the entity that their bad luck or the situation which they are inquiring about exists and will worsen because they have been placed under a curse by some entity from the past, and unless they have this curse removed, their situation will worsen. This Awareness indicates that wherein an entity accepts this doctrine of the original curse, the likelihood is that they will continue expecting and receiving bad luck, simply because they expect bad luck and will be focusing on every ill activity which occurs, and will forget about any of the good experiences because they are so wrapped up in concern over the negative experiences. This Awareness indicates that once an entity accepts the concept or doctrine of original sin or of having a curse put upon him, the entity by nature begins to become fearful, negative and apprehensive about life; therefore, losing their own confidence and good feeling about themselves and their self-image begins to wane and become tainted. This Awareness indicates when this occurs, by nature they draw in negative experiences, rejections, or they create by their attitude expressions which result in rejections or negative experiences. This Awareness indicates that once an entity accepts the curse, the original sin, the concept of being in error, the concept of being abhorrible for having made a mistake, the entity is a prime target for some kind of redemption, and the redemption then usually comes with a price. This Awareness indicates the

psychic may charge several hundred dollars for removing the curse; the priest or religious minister may require that the entity follow certain programs for the rest of the entity's life, including a pennance, a tithe, a donation, or the sale of his children to the church for continued participation of the program that will lead to redemption. This Awareness indicates the psychiatrist may charge large amounts of money for the cure--the sessions and counseling that brings about the cure. This Awareness indicates in the case of the psychiatrist, these entities generally are not the persons who go out to convince entities that they are sick, but that in some cases, these entities do operate in this manner. Whenever a person comes in for questions they begin to probe and discuss, and if business requirements and ethics are low, the entity counseling the patient may actually bring on greater significance to the patient's problems in order to assure that the patient gets into deeper consultations and more involved levels of counseling, thereby running up a greater bill. This Awareness suggests that wherein you enjoy spreading stories to others about your mistakes; wherein you think your mistakes are of such magnitude that they should be given headlines in the newspapers; wherein you feel that everyone around you is just waiting in great anticipation to find out if you have made a mistake in your life; wherein it becomes significant to you to share all of your errors and blunders, your mistakes and your sins with others, this Awareness suggests that you tell all those who are interested until you have relieved yourself of any feelings of guilt. This Awareness suggests however, that wherein you grow tired of telling your mistakes to others, wherein others cease to appreciate the magnitude of your mistakes, wherein entities do not drool and stand in awe over your errors in the manner you might expect, and you begin to grow concerned that your mistakes are not intriguing enough, this Awareness suggests you may decide to go and tell your mistakes to an animal, a tree, a telephone pole. This Awareness suggests you may even acknowledge the mistakes in your own mind and move on, recognizing that you have made a mistake, and learning a lesson from this. This Awareness indicates you may even play the part of the priest,

the psychiatrist, the minister, and may even recognize the divinity within yourself that forgives and allows you the right to make mistakes. This Awareness indicates that wherein entities prefer to create a science of forgiveness and confessions, that it is a profitable business venture which could be pursued. This Awareness suggests that you could also create a

business whereby public servants or professional listeners could be on call for entities to confess to. These counselors or listeners could have a professional integrity which would not allow them to repeat any confessions they have received. This Awareness indicates that the business could be quite beneficial in terms of money, if entities wish to get into the act of relieving consciences, and if entities feel it is necessary to relieve their conscience in confessions. This Awareness suggests that you have within you that awareness which knows the truth of what has happened; and wherein an entity recognizes that awareness which knows the truth of what has happened, it becomes somewhat absurd to ignore that awareness and instead go out and confess to someone else, who is not even involved in the experience, and may even be disturbed at hearing of the experience. This Awareness suggests that a confession or an acknowledgement that the awareness within you knows the truth and that there is no way to fool it, even though you may seek to ignore its presence, such an acknowledgement is sufficient. This Awareness suggests entities seeking to ignore that part of themselves which knows the truth, are simply attempting to fool their own Divine Spirit: this being the basis for confessing to others. This Awareness indicates that it is likened unto ignoring the God-self within, running over to tell another entity and hoping that the other entity's God-force will speak through that entity and forgive you for having committed this action, leaving your own God-force awareness out of the situation entirely. This Awareness indicates this as a game with oneself--that there is nothing wrong with this game, for the God-self in the other entity is in connection with the Godself which is within you, and the God-self within you knows the game you are playing, and forgives. For it is forgiveness,

and has no particular demands upon you; it is only there to assist you in your development and growth, and awaits your recognition and attunement with it. This Awareness indicates that the God-self within does not demand perfection; it simply gives guidance and assistance, so that entities may move toward perfection.

"When Two or More Gather in My Name, I Shall Be among You" (Did Jesus mean he could not be reached by just one person?) (More on the Elohim)

QUESTION: A.M. of Palm Beach, Fla., asks: "Edgar Cayce has indicated in his readings many times this saying of Jesus: "When two or more gather in my name, I shall be among you." Why must these be two or more in a group and not only one? I believe this was referring to a meditation. It seems, according to this, Jesus wouldn't be with you if you are alone in meditation. Can Awareness comment on this?

COSMIC AWARENESS: This Awareness indicates that this as part of the esoteric teachings of Christ. This Awareness indicates that the entity Jesus as having traveled extensively throughout the secret schools of the various esoteric teachings and systems of both Egypt, Persia, Tibet, India and even into China. This Awareness indicates this entity also having studied in the areas of the Holy Land, with the Hebrew priests, as has been indicated. This Awareness indicates that this entity, in so studying, became fully aware of the inner teachings of the ancient religious science which has been contained in fragments in different areas. This Awareness indicates that this entity, realizing from these ancient secret teachings, the esoteric meanings in various religions of the different countries, was speaking largely to his Disciples, who were to have become Initiates of the same information, the same teaching; and this entity spoke in code to these Disciples, yet leaving that which was an exoteric side, or outer side of the teachings. Therefore, there was the inner teachings,

and the outer teachings which the public would receive. This Awareness indicates the Apostle Paul was schooled in the understanding of the outer teachings, and expounded these to the public, and has been the major force in the teachings of Christ down through the ages, but this has been the outer teachings. This Awareness indicates the inner teachings as having been a code which was to have remained secret with his Disciples, who would spread this quietly and secretly to others, setting up secret schools, so as to release the inner teachings, the Great Work, the True Message to the world without this being shut off by the powers which sought to keep the masses in ignorance. This Awareness indicates that this entity as having the inner teachings of the secret schools of Egypt, of the Hebrews, of Chaldea, of India, of Tibet, and of all these priestcrafts, and that it was forbidden that any such priest would release such information or publicly proclaim and carry out miracles. This Awareness indicates that this entity, Jesus, feeling that it was important for these masses to somehow be given the information which would free them from bondage, sought through this method of teaching his Disciples the secret esoteric meanings behind religious symbols. This Awareness indicates therefore, the entity preparing his Disciples, found himself and those who followed him to be in a position of danger, insofar as the wrath of the priests would forbid further exposition of these inner teachings. This Awareness indicates if entities have thoroughly studied the material this Awareness has given in the Scorpio Correspondence Lessons on magic, entities will then be able to follow with a new interest the teachings of Jesus and the messages in the New Testament. This Awareness indicates for these symbols given in the Scorpio Lessons are the esoteric, or inner teachings and symbols which were used by the entity Jesus in his parables and messages to his Disciples and to the masses. This Awareness indicates that wherein the statement, "If two or more are gathered together in my name, there I will be also"—this Awareness indicates the external or exoteric meaning is that it requires a meeting of two, three, four or more before the Christ Consciousness would show up. This Awareness indicates however, the esoteric meaning, (for those

who had ears to hear the inner teachings), this "two or more" referred to the conscious and sub- conscious, or the middle and lower self of the entity, as the two, and the Higher Self as the Triune Being; and if more were present, such as another entity, this too would be favorable. This Awareness indicates however, that the message was basically directed toward the conscious and subconscious, meaning that if the conscious and subconscious are in harmony in a mystical union, working together, a house not divided but unified, if the conscious (male) and the unconscious or subconscious (female) aspects of the human body were together in harmony, then the third aspect, the Christ Consciousness, would also be present. This Awareness indicates in different terms: if the Adam (or conscious mind, the man) and the Eve (or subconscious, the soul or Holy Ghost) were present together in harmony,--then this Holy Ghost as messenger, would allow the connection of the man or mind, the conscious aspects, to have access and unity and oneness with the Father, or that which is the Christ Consciousness, which is One with the Father. This Awareness indicates that these were terms used in the ancient symbolic language of the inner priestcraft of the various secret schools who derived their religious teachings and science from times which date back to pre-Egyptian era, back to times prior to any recorded history as is presently known, in the hidden religion of the Elohim. This Awareness indicates that this religion of the Elohim was, in fact, a science of consciousness, and the creation through the structure/molding action, directing of consciousness. This Awareness indicates these Elohim have been within the universe known to man as long as human consciousness has been able to conceive of itself. This Awareness indicates that essentially, the Elohim, or Els, move from dimension to dimension, from Celestria to Terrestria, moving from space, from the spiritual worlds, the inner worlds, into the outer and sensual worlds of matter, or back from the material to the immaterial states of matter at will. This Awareness indicates that there are many entities embodied in physical form who are, in essence, Elohim embodied as human beings. There are many who, in dissolving the physical form, will realize they are

Elohim. This Awareness indicates that there are ways of moving from material to immaterial states of being and there are also ways of moving from material to immaterial states of consciousness. This Awareness indicates wherein an entity moves from the immaterial state of consciousness to the material, or finite state, the entity often forgets his Divinity and immortality, and assumes himself to he a physical, limited being, simply because of the appearance which the senses read from their observation of the material realm. This Awareness indicates that all entities are evolving toward Divinity and Elohim status, or are descending from the status of the Elohim toward material and finite states. This Awareness indicates that the entity who is divided, wherein the two are not together, the conscious and subconscious in disharmony, cannot possibly create the proper atmosphere within their being, within the body which they inhabit, within the house of unholy marriage, to allow the Christ Consciousness to also enter and be Lord of the home. This Awareness indicates the symbology of marriage, male and female, in the exoteric teachings is that which reflects the esoteric teachings of the conscious and subconscious minds within an individual, regardless of what sex that entity is. Each entity, male or female, has within them the conscious and subconscious aspects, and these are known as spirit and soul, and the Christ Consciousness is present when any of these two,--spirit and soul,-- come together in the name of that Higher Self,--that Higher Consciousness, allowing It to be Lord over the other aspects of being.

What Happens After Death To the Suicide?

QUESTION: I have read that the condition of suicide places the suicide in a state of intense suffering on the etheric plane and astral (limbo) wherein he feels an intense hunger-like sensation, because the archetype on the lower mental plane does not dissolve at the time of the taking of life but continues emitting a tone from the Cosmic Sound that attempts to continually draw particles of substance for the lower body into its vortex. In other places however, I have read that the suicide undergoes various other states all involving less suffering and some none at all. What is the actual condition of the suicide and does it ever involve what has been given above as experiencing hunger-like sensations till the normal time of death? (This position is held by the Rosicrucian seer Max Heindel, but other seers hold other opinions by claimed firsthand viewing and inquiry?)

COSMIC AWARENESS: This Awareness indicates that this is as accurate in all instances. This Awareness suggests that in certain instances the soul passing over from an action of suicide does suffer a great agony, relating unto a motive and the desired reason for the suicide. Wherein entities feel their suicide would cause others to suffer for having mistreated them, they instead will suffer most greatly from having done this. Suicide to Avoid Pain Wherein entities commit suicide in order to avoid pain, that the action relieves the physical suffering, yet the entities on the other side find themselves longing and hungering to move back into physical form in order to finish working out certain karmic needs. The action of committing suicide in order to avoid pain does cut short a certain alchemical effect whereby the entity does not yet understand and know how to change the nature of pain and suffering consciously but does change this through eradication of the organ which senses the pain. This Awareness indicates these entities will come back into the Earth plane eventually and experience pain again and again until they learn they are the creators of their pain. When Sacrifice is the Motive This Awareness indicates that those who commit suicide for a motive relating unto the service of another whereby their full intention is that of assisting another by eliminating themselves to help that other find happiness—that these entities have an entirely different motive, that being of sacrifice. This Awareness indicates that the sacrifice of self for others is that which though somewhat more noble in motive nonetheless is futile in many ways. The attitude one has in terms of his sacrifice is that which determines the karmic results. Whereby one spontaneously throws himself upon a hand grenade to save others around him, this entitiv surely does not have a selfish motive which is hoping for reward on another level, for

the sacrifice for this action would occur too quickly for that form of motive to come into the situation. But those who decide they are going to sacrifice themselves for a cause and shall probably be rewarded in heaven, these entities shall find disappointment in the afterlife, for their reward shall not come from that sacrifice. This Awareness indicates that this is true also in present life where entities go around sacrificing themselves in order to bring greater peace and harmony for others, and hoping that in time their sacrifice will be recognized and they will be rewarded for such- --these entities will also be disappointed.

Suicide Through the Death Wish

This Awareness indicates that wherein entities do move into that death wish and commit suicide through the actions which are more subtle, such as through developing a personal disease or illness or through an action of "accidental death"—these entities also are committing suicide, for each entity does in reality, on some level. consciously or unconsciously, determine time and direction and the way of death. Suicide may begin by abusing the body This Awareness indicates that suicide may begin with an action of intaking poor foods or with an action of drinking excessively or with the use of drugs in an abusive manner. This Awareness indicates that suicide may begin with but an attitude of self-pity and may take ten years to complete. Suicide may begin in many different ways and may even begin with the action of taking on a certain kind of occupation which shall eventually lead to one's death. These varieties of beginning suicide are often very subtle and can move very slowly taking ten, fifteen or twenty more years to complete. This Awareness suggests that the term `suicide' has many broad levels; that any entity who dies on this physical plane has in some way committed suicide even though he or she may have been killed by another, for they have brought this on themselves on some level. The motive is the means and the end and karma is the divine justice which balances all actions and brings the fruit and fruition for the action which has been planted.

"CONSIDER THE LILIES OF THE FIELD"

QUESTION: V.K. of Lincoln, Nebraska has a question: "When Jesus said, 'Consider the lilies of the field; see how they toil not', one of the multitude replied, 'But who will plough the fields?'Jesus didn't explain himself with this analogy. Did he mean that God would supply those who followed the ways of Jesus with what they needed to survive, or what? I have also heard this phrase mentioned in the Edgar Cayce readings and again from Awareness. Could the Awareness clarify exactly what is meant by this analogy? It has puzzled me for years.

COSMIC AWARENESS: This Awareness indicates that this in relation to a universal law, whereby any vacuum created in the Universe, any want, any need will be fulfilled by any excess created in the Universe, when the universal forces are allowed to flow without interference. This Awareness indicates that for every vacuum created, there is that which would rush in to fill that vacuum, and for any excess created, there is a vacuum which needs fulfillment from that excess; that wherever the forces are allowed to flow naturally without resistance, interference, manipulation or the holding action, these forces will balance themselves out. This Awareness indicates that the lilies of the field toil not, and receive that which they need for their sustenance, and for their purpose and for their cycle. This Awareness indicates that every moment has within it that which is necessary for that moment to be. This Awareness indicates you have within each moment of your being that which is necessary for you to be in that moment. This Awareness indicates there is an eternal vacuum in everything, there is an eternal emptiness and an eternal unfulfillment, and wherein this unfulfillment is recognized and accepted eternally, the next moment allows that which needs to be brought forth into the vacuum, the properties necessary for fulfilling that which was the vacuum in the previous 45 moment. This Awareness indicates that in this manner, entities move from moment to moment, existing and living with their needs and their vacuums, and these needs being

fulfilled one after the other. This Awareness indicates that were it not for this vacuum, were you to be fulfilled, were the moments to be fulfilled, there would be no further need for your existence. This Awareness indicates that when you move into the next moment and have one need fulfilled there automatically appears another, and that vacuum, that need, creates a new purpose for your being. and this emptiness is that which moves entities from moment to moment through their lives and after-lives. This Awareness indicates that wherein entities can accept the unfulfillment as a part of being, it becomes less difficult to enjoy what you have. This Awareness indicates where entities feel that they must be fulfilled at every moment, this creates feelings of inadequacy, deprivation, self pity and feelings of being victimized or violated or separated from the universal forces. This Awareness indicates this is an attitude created not by the universal forces, but an attitude created by the entity who experiences the vacuum. One entity can accept the realization of eternal unfulfillment and find happiness in that acceptance, and in that which is given; another entity cannot accept eternal unfulfillment, and concentrating on that which is missing, fails to enjoy that which is present, and this entity may spend his or her lifetime being eternally unhappy. This Awareness indicates that one entity may labor in the fields, plowing the fields, planting the lilies, and may enjoy the experience and may find happiness in this action--another entity may labor in the fields planting the lilies and feel resentful at the efforts put out in doing this work. This Awareness indicates it is a matter of choice whether you enjoy what you have or resent what you don't have.

ANXIETY-THE BASIC CONDITION OF HUMANNESS (COSMIC AWARENESS FORGIVES OUR FAILURES)

This Awareness indicates there is much anxiety in the mind, brought on by the basic condition of humanness, whereby each life seems to be rather short and troublesome, with much suffering, disappointment and uncertainty, with hopes, temporary gratifications and joys, with visions and fears. This Awareness indicates that because of these anxieties, entities often find it difficult to see clearly. This Awareness wishes to express to entities, that many of your failures, the so-called sins, are the results of the conditions in which you live. Therefore, this Awareness does not hold such entities as being fully responsible for every little infraction, but recognizes the difficulty experienced in the human condition, and finds great joy when entities can overcome even a portion of their frustration and the conditionings which create anxiety. This Awareness recognizes the difficulties involved in being human, upon this plane of less than infinite understanding. This Awareness indicates that If also wishes to point out the greater picture, whereby entities can see beyond these finite levels, into that which is infinite, beyond the physical plane with all of its frustrations and anxieties.

VULNERABILITY-THE PRICE ONE PAYS FOR BECOMING AWARE

This Awareness indicates that the intense changes which are occurring on this plane can be extremely frightening to entities when observing all of the intensities which are occurring from place to place and from time to time. This Awareness indicates that in one sense, most entities are not even touched personally by the change and intensities, except perhaps in some small way, such as in the economic sphere wherein certain personal opportunities are not available, or in some cases, economic hardships become part of one's experience. This Awareness indicates that in this sense, most entities will pass through the greater intensities hardly touched by these intensities. This Awareness indicates however, those entities who are aware of the intensities occurring on the many levels in the realms of consciousness concerned with freedom, concerned with the direction of future life upon this planet, concerned with the actions of those who are pulling the strings, concerned with the results of those actions on the future generations or on the present generations in the future--these entities, being aware of these concepts, may feel great concern--great emotional concern and pain in watching that which has been a beautiful experience in life, in watching

dreams of a future happiness through hard work, through clear and honest relationships, through pleasant environment of their home, neighborhood, city, state or nation being turned into a battleground between the Forces of Light and the Forces of Darkness, watching and reading about others who are suffering from that awareness; while others who ignore the outside world, who close themselves off from concern for their neighbor, for their fellow associates and countrypeople, from the rest of humanity and its needs--those entities who shut down their sensitivity and concerns for the welfare of others may appear to have less suffering and to be more immune to the changes which are occurring. This Awareness indicates in this respect, those who are aware become more vulnerable, and those who are ignore-ant, and who ignore the situation, tuning in only to that which they desire to look at--these entities may experience different kinds of reactions to these changes. This Awareness indicates that some entities may feel it is therefore best to remain ignorant--- that in ignorance there is bliss; while others may say that it is more important to be aware, painfully aware of what is occurring. This Awareness indicates that both arguments may have their benefits and points to make, and entities looking at both sides may wish to choose whether to remain in the darkness, remain ignorant of what is occurring, or to become aware of what is occurring. This Awareness indicates the choice is yours. This Awareness reminds entities, however, that the movement of evolution of the spirit is such that when evolving toward levels of consciousness, the evolution requires that entities become more aware, even though it may be more painful in some respects. This Awareness indicates also, that the temporary ignorance, though it may deaden concerns, eliminate temporarily certain painful realizations, the ignorant experience is only that of a temporary buffer against reality. For even those of the type who ignore the dangers, who ignore the facts which point toward certain imminent experiences of a dreaded nature, even those entities while ignoring those facts, are still moving ahead in time toward the destination of whatever occurs, whether seen by them or ignored by them. This Awareness indicates it is likened unto the question of

whether one wishes to know one's future in advance or be kept in ignorance: whether one wishes to determine some hint of future potentials or possibilities or let everything be a surprise. This Awareness indicates that there are some who prefer not to know what will happen from moment to moment, while others desire to know exactly what will happen from moment to moment, and to plan accordingly. This Awareness indicates that while both have their relative value, it becomes a matter of personal choice as to whether one wishes to look forward and prepare themselves for what may occur or remain in present time and be unprepared and unready, and be a victim of circumstances beyond their control. This Awareness prefers that entities be made aware of potential experiences, energies in movement, so that they can prepare to meet those situations and circumstances which will surely come, or to change the circumstances and situations so that they need not come about, if such change is possible.

A MESSAGE TO THE 'SPIRITUAL GROUPS' FROM COSMIC AWARENESS

This Awareness indicates that one great problem which needs to be recognized by the so-called 'spriritual' organizations is that they often are like a pit of serpents, biting at each other because they do not move in the same direction as each wishes the other to move. They each may have different approaches to the truth; they may not follow the same creed; they may not worship the same deity; they may not how to the same rules; they may not share the same morals; they may not interpret the books or writings with the same concepts; they may not follow the same ideas or the same writings. Therefore, like serpents, they nip and bite at each other rather than cooperating, coordinating on the spiritual truth and purpose, which is to develop one direction of energy which leads to the good of all. This Awareness indicates that while all of these groups seek to have freedom, seek to have the good life, seek to promote teachings of happiness and abundance and spiritual values, they too often promote instead hostility, judgment. condemnation and vanity for their own personal self-righteous concepts and moralities and beliefs. This

Awareness indicates that wherein these groups can forget their petty differences and simply recognize the total and meaningful purposes of the spiritual pursuits, in spite of the different types of deities, names, methods of worship--these entities then may indeed become a powerful force and may indeed throw off the yoke of darkness. But whereby they simply nip at each other, condemn each other for being different, and whereby they continue separateness, fragmentations, differences, spiteful attacks on one another. This Awareness indicates these forces, of course, believe that even though they are fragmented, hostile, biting at each other's backs, their personal 'God' will step in and knock their enemy out, (along with all of the other spiritual groups which do not agree with them), and they themselves will reign supreme in the end. This Awareness indicates this as the pity of it all: that such trivial thoughts and beliefs could be so deeply embedded in the minds of so-called 'civilized and spiritual beings'. This Awareness indicates that the condemnation and self-righteousness of the spiritual groups, the condemnation of others, is the greatest flaw in the earth religions.

LOVE LETTERS TO C.A.C.

Dear C.A.C. Staff..enclosed is another donation. You folks at C.A.C. headquarters are always diligently at work putting in long hours so that there can be an awakening on this planet as to Who in fact, we really are. I am only happy to do my share in some capacity in this Divine scheme of things. I have never felt threatened, forced, obligated or as though I am following some sort of a dictatorship as a member. I have gained more wisdom, understanding, awareness, and am gaining more and more every day as a result of your great efforts in putting out the Cosmic Awareness Communications newsletters. Sincerely, E.N., Brooklyn, New York.

Dear C.A.C. As a member, I would like you to know that CAC was the best investment I ever made. I have been in search of the truth for many years and have been piecing the universe's

past history together to learn where I came from, what I'm doing here, and where I'm going. Cosmic Awareness has helped take much of the confusion away . R.D. Beverly, Ma.

YOUR MAIN CONCERN SHOULD BE PERSONAL GROWTH (Planet earth not intended as a 'resort area' for entities) COSMIC AWARENESS: This Awareness indicates that along with the messages given by this Awareness in relation to current events and personal affairs, this Awareness wishes to remind entities that the greater concern, even more important than personal needs and personal security in these changing times, is your personal growth and development. This Awareness indicates that while It gives much information in regard to lessening the sorrow. suffering and tragedy on this plane and in attempting to assist entities to learn what can be learned, to understand the various interactions of energies upon this plane which create the tragedies and difficulties; this Awareness wishes to remind entities that they are here in part, if not in total, to learn what can be learned in terms of personal growth and development. This Awareness indicates this plane has not been considered as a resort area in the universe, wherein entities were supposed to enjoy themselves. This is a planet on which entities have been placed for lessons which can be learned, or have volunteered to help bring about more harmonious situations, assisting in the learning of such lessons as will bring about greater harmony for the inhabitants. This Awareness indicates that therefore, the important point to keep in mind is not simply to listen for information that can be used for your advantage, but rather to discover how much you have contributed, how much you contribute to the Dark Forces of this planet, and how you can reduce the amount of contribution, while still surviving in your present existence. This Awareness indicates that it must first be recognized that everyone upon this planet, in one way or another, to one degree or another, contributes somewhat to the problems which are prevalent upon this planet. This Awareness indicates that even in giving good service, entities may serve those who are causing problems, and in this manner, may be assisting in the problems. This Awareness

indicates this however, can also be a part of the solution, whereby entities do not make such distinctions as to who is served and who isn't, for wherein an entity begins to attempt the discrimination of who is right, and who is wrong, who should be served, and who should be denied service; such actions often lead to even greater problems. This Awareness indicates therefore, the question is not one of judgment or discernment in terms of what one should deny or what one should refuse to another, but rather a question of: How much and in what way am I contributing to the general force that is creating problems upon this plane? This Awareness indicates that there are some entities who contribute because of circumstances; they work at a particular job which makes some small insignificant looking part, which may in turn be a key part for a weapon of great destruction, which in turn may eventually destroy multitudes; or they work in some circumstance whereby they assist in the production of food which serves the general population, but also serves those who are of a destructive nature. This Awareness indicates that these entities, by circumstance of their occupation may be contributing to the Alien Force on this planet, and it may be impossible for them not to.

This Awareness indicates there is another class however, who contribute by choice, not simply by circumstances nor by ignorance of the ramifications of their contribution, but rather they choose to do this particular type of work because they are competitive in nature and seek to gain power over others and be on the winning side, the side which has the greater power, and which is capable and willing to destroy others in order to maintain, gain, or hold that power. This Awareness indicates that this group as working in a greater degree of contribution to the Alien Forces. This Awareness indicates that those who are serving in occupations which give humanitarian services, such as the feeding of others, the caring and nursing of others; such as medical attention to the needy, wherein this is given in proper motivation and methods, wherein entities involved in educating and assisting others to grow and develop their skills, talents, techniques and abilities to improve their lives; these humanitarian efforts are those which contribute

least to the Alien Forces, and most to the Forces of Light. This Awareness indicates that wherein entities wish to take stock of their activities and look carefully and ask themselves; 'How can I contribute more to the Forces of Light, to the humanitarian projects and activities, and less to those activities which are destructive and harmful to others?'; this Awareness indicates when an entity begins to look at this and ask these questions, that entity is in the process of growing and developing in his or her soul growth. This Awareness indicates that this is an action which is the purpose, and most meaningful upon this plane, whereby entities grow and develop themselves to be more sensitive, more aware, more spiritually oriented, and entities being more inclined towards humanitarian activities. This Awareness indicates this as a movement away from gross materialism, greed and powerseeking. This Awareness wishes entities to recognize that this is the important, the more important concern; that this concern should be given greater significance than concern for survival during difficult times, or for the quality of survival. This Awareness indicates that the quality of life is that which is of greater importance, but wherein this quality of life depends on the denial of such quality to others, this then is an action which does not serve the Forces of Light. This Awareness indicates the Forces of Light require that all benefit from an action, and the quality of those involved and their lifestyle, the quality of life is that which is enhanced by such action. This Awareness indicates that the sacrifice of one or a few for the many, or the sacrifice of many for the one is not an action which is satisfactory to the Forces of Light.

LOVE LETTERS TO C.A.C.

Dear Avaton & Vicki. We just watched "Resurrection" on cable TV as per your suggestion. Thank you very much for recommending it. It was a truly wonderful deep profound movie. Also, beautifully acted by Ellen Burstyn and a very sensitive music score (we are symphony musicians). The effects of that movie are just typical of the feelings I get at times from the wonderful Light sent out from C.A.C. This love letter has sure been a long time coming, but it is incredible the impact that the C.A.C. mailings have had on us. We both feel that our minds have been pushed and pulled and shoved and expanded--like a balloon gradually steadily increasing in size--ever expanding--and still in motion! Thank you for being alive. H.& N.M., Atlanta, Ga.

WHAT EXACTLY IS GOD'S WILL?

QUESTION: A question from L.A. "We hear a lot about "Thy Will be done" in Bill Sheppard's letters. Carried to extreme, it means total surrender; no ideas of your own: no planning or energizing things for yourself or others, unless you're sure it's 'God's Will'. It seems to me that any action which does not harm anyone, does not go against any Cosmic Laws, that is taken with as much awareness as is available to a person, -is really 'God's Will'. Can God's Will be evaluated only in retrospect, when all the results consequential to an action have taken place? How can we expect to comprehend or even know "God's Will"? Would Awareness please comment and explain in full the concept "Thy Will be done"? COSMIC AWARENESS: This Awareness indicates that this attitude,--- the statement "Thy Will be done", and the attitude which accompanies this is designed not to create some form of condition in regard to activities, so much as it is designed to submit one's own personal desires as subservient to the desires of the Higher Spirit. This Awareness indicates that an attitude of surrender to the Higher Forces, to that which is highest and best, to that which is the Divine Forces; this attitude of surrender to these forces allows an entity to have a kind of guidance which becomes internal and which allows the entity to have the ability to discern more quickly, with a particular standard of discernment, that which is appropriate. This Awareness indicates that wherein the concept of a Higher Being is not given with the concept of yielding to that Higher Being, but wherein the entity may recognize that a Higher Force exists, but that the entity does not acknowledge any need to become subjected to the Will of that Higher Force,-this Awareness indicates that this allows the entity to continue in his own direction, ignoring the Will of the Higher Force. This Awareness indicates however, that when this attitude prevails, then it is such that the entity does not have the standard by which to measure actions, but will measure according to his own personal interests, rather than the more spiritual interests in terms of each circumstance. This Awareness indicates an example being wherein one entity sees that a particular action will benefit his purposes and his growth and his material concerns, (even though it may be of some unethical nature); this entity may pursue that action, irregardless of the consequences of the spiritual levels. This Awareness indicates another entity, looking at this same situation may have the attitude of "Thy Will be done", and recognize that in following the same path as this first entity, it would be against the Will of the more spiritual energies, and therefore, not inclined to follow the Will of the Divine, even though it might give temporary benefit to the individual. This entity therefore, having an attitude of preferring to follow the Divine path rather than the personal path; this entity will choose the more permanent path over the temporal and personal path. This Awareness indicates that likewise, the entity who carries the attitude of 'Thy Will be done", is in his prayers asking that the spiritual forces have their way in spite of his own personal choices: this similar to the prayer of Jesus in the garden of Gethsemane when he prayed that the cup of the crucifixion would be taken from him; but if not, that the Will of the Heavenly Father prevail. This Awareness indicates that the entity was willing to continue toward the path of crucifixion if it was the Will of the Divine Forces. This Awareness indicates that in essence, the attitude of "Thy Will be done", is acknowledgment that one's own personal will is inferior and of less concern to the individual than the desire to follow the Divine Forces. This Awareness indicates that wherein one's first priority is to follow the highest and best, the most spiritual path available at any moment, then that entity is following the path of the Divine. Wherein the entity's first priority is to follow his or her own personal pursuits, then that entity is separated from the Divine to the degree that any conflict in these paths may exist. This Awareness indicates

that obviously, the path of the Divine does not require that entities sacrifice themselves, give up their responsibility for their families, that they surrender to poverty and to persecution; the path of the Divine only asks that you put God first, put the Divine Forces first in your life. This Awareness indicates that the Divine Forces may require that you continue supporting your family, that you continue supporting yourself as an individual in society, that you take on certain business affairs, that you take on certain occupations in society, working within the society as a citizen of the country, city or culture of your choice. This Awareness indicates that the pursuit of the Divine is that which is the priority; yet, if one begins to assume that it requires you to be not of the world, and to detach yourself from the worldly responsibilities; this Awareness indicates this could be in error,---this could be an excuse to avoid personal responsibilities. This Awareness suggests that an entity must be quite careful in assuming that the spiritual path requires one to "throw in the towel" in terms of social expectations. This Awareness indicates that often, an entity who does not have the gumption, the strength, or the desire to follow through on personal responsibilities to family or to society in general,--this entity will use the religious concepts as an excuse, calling this the spiritual path; stating that they cannot function in society, cannot hold responsibilities for others, cannot face responsibilities for their own needs, simply because they are pursuing the spiritual path. This Awareness indicates that this allows the person to have a kind of self-attitude which the entity can live with, and to avoid feeling guilty about not facing personal responsibilities to family and to self. This Awareness indicates that the entity then may attempt to entice others to likewise "throw in the towel and follow me. Give up your responsibilities, walk away from your children, from your wife, from your occupations, from your debts, and simply follow the spiritual life,--for this is the highest and best." This Awareness indicates that this often is nothing other than a form of escapism which allows the entity to feel more important and, at the same time, avoid the duties and responsibilities which are too much for him or her to cope with. This Awareness

indicates that any entity in pursuing the spiritual path must continue to attend the personal responsibilities which he or she has obligated himself or herself to handle. until these obligations have been fulfilled. This Awareness indicates that to use the spiritual path as an excuse to avoid responsibility is in error. This Awareness indicates that there is always time for spiritual pursuits, even if you are obligated to social responsibilities. This Awareness indicates however, depending on the type of occupation and activities you are involved with, if one decides to follow a spiritual path and then discovers that the occupation is counter to that path,--such as an occupation of violence, or an occupation which is destructive toward human or other life forms, -- and the entity's beliefs and spritual path run counter, or in conflict with the occupation; then it becomes the duty of the entity to change occupations or to cease in those activities which are in conflict with his or her beliefs. This Awareness indicates that this may not relieve the individual from obligations of other types, such as the mortgage on the home, the support of the children and family; for even though one ceases in his job and career, these needs are still there and need their support from the individual. This Awareness indicates therefore, the individual may 'throw in the towel' in terms of the previous occupation, but in order to fulfill responsibilities. may need to find some other occupation which is more compatible to his or her belief system, to the spiritual path which the entity is following.

HOW TO HEAL THE PHYSICAL BODY WHILE YOU SLEEP (A New Exercise from Cosmic Awareness)

QUESTION: Awareness, this entity had been informed that she has friends on the other side who are also attempting to help heal her. Is there some way that she can work with them better also?

COSMIC AWARENESS: This Awareness suggests that the entity may, before falling asleep at night, visualize herself standing before a door, the door being opened by her friends, and the entity being invited in for healing. This Awareness suggests that in this manner the entity shall move into the inner plane for healing during the night while she sleeps. That

this is the most appropriate and efficient time for receiving these blessings. This Awareness suggests that the entity shall assist by repeating before falling asleep and upon arising, "I shall open myself tonight, that I may be healed. I shall be open for healing. I shall allow myself to be healed." This Awareness suggests that upon arising the entity also makes this statement: "I shall be open today for healing." This Awareness suggests this be repeated three times in various ways before falling asleep and upon awakening. This Awareness suggests that the use of the term 'healing' can also he changed to, "I shall be gaining in greater and greater health today. My health shall be improving. I am improving in my health. I am healthy." This Awareness suggests that the statement carries greater impact when an entity states this as a fact accomplished. This Awareness suggests however, that many entities cannot believe the statement when it is stated as an accomplished fact. That wherein one cannot believe themselves as healed, then it is necessary for a time to make the statement, "I shall be healed,"or, "I shall improve," or, "My health is improving." This as describing a process of improvement which is appearing.

This Awareness indicates the mind of entities can accept the possibility of improving health. This Awareness indicates that when an entity has made this suggestion for some time, and does have the ability to accept the improvement of health, then the entity can switch to the statement, "I am healed. I am well. I am whole." This Awareness suggests that this be a gradual process of changing the mind to accept healing. That this be done upon falling asleep; this be repeated three times, and also upon awakening in the morning. This Awareness indicates this process may be used for any kind of suggestions other than healing also.

Will Mother Earth Become Another Easter Island?

QUESTION: This question from W.W. of Gainesville, Florida is along the same line: "Just recently I watched a television show called "Bitter Harvest," starring Ron Howard, which concerned the chemical PCB which was accidentally (?) dumped into cattle feed in Michigan during the 70's. It has now been

announced that 8 out of 10 people living in Michigan have this cancer-causing agent in their tissues. We lived in Michigan at that time, and we were having many health problems. These problems were primarily the reason we moved from Michigan to Florida. Our health has improved to some degree since 1979, which was the year that we moved. What I am asking is this: was the dumping of PCB into cattle feed actually an accident, and is it true that we can never get this out of our body tissue as they tell us? And is there any type of antidote that can be taken to help remove this dangerous chemical? COSMIC AWARENESS: This Awareness indicates that essentially, the immunity system of an entity is the greatest defense against these substances. This Awareness indicates that wherein the immunity system is weakened, then these substances have greater effect on entities, and problems may arise. This Awareness indicates that essentially, the continual use of insecticides and of other substances, such as herbicides, is that which is creating a growing problem, and which in time, along with other thoughtless actions, can create a crisis situation on this planet that may have no possibility of redemption. This Awareness indicates that an example is that which is known as Easter Island, wherein the trees of this island were cut down and the large population of the island continued to use up all of the vegetation upon the island for building and for burning, for heat; and eventually these entities had to turn to their own homes and burn these materials for heat, as there were no more trees or other vegetation to burn. This Awareness indicates when this eventually was consumed and there was no more wood or vegetation, the entities then were forced to enter into small caves, living in rocky crags and caves within the island; and there was no food available, for the vegetation had been stripped and the soil was barren and seeds were not present. This Awareness indicates that then came the inevitable: wherein these entities divided into groups, and for food began to attack and raid each other. This Awareness indicates that the island was such that fishing was not sufficient, and the entities could not build boats for they had no wood, and therefore, were dependent entirely upon the resources of the

island; and these resources had been totally depleted, and the only resource left were the entities living upon the island. This Awareness indicates thousands of entities upon this island (this appearing to be approximately 30,000), dwindled in a few short years, to approximately three hundred. This Awareness indicates that similarly, trees are being cut down throughout the world. The Brazilian jungle is that which is being mutilated, and the Brazilian jungle creates one-fourth of the oxygen upon this planet. This Awareness indicates that trees in the North American continent are being cut down. Though some are being replanted, the overall movement is toward greater and greater destruction. This Awareness indicates that these trees of the great Redwood forest are being threatened; and in each decade, the threats of invasion into the National Parks by timber companies becomes ever greater. This Awareness indicates that if the present trend continues and these trees are devoured by these companies, within another 20 or 30 years the companies will be demanding smaller trees, smaller vegetation, whittling away at the trees within the cities, and the parks of the cities, as well as the National Parks; and the danger is that in time, with increasing population and demand for more wood, the earth may become similar to that which was Easter Island. This Awareness indicates that the oxygen supply for this planet depends on vegetation; as the vegetation decreases, the oxygen balance is disturbed. This Awareness indicates this has its effect also. not only in areas of social impact, but also on biological impact, and affects all levels--from fowl to fish, to animal to insect, to reptile and to mankind. The ecological balance of this planet is that which is not respected by the powers who hold the greatest wealth and control over the forces of the planet, which affect the ecological balance, such as the timber company, the agribusiness, and the fishing corporations and the oil companies. This Awareness indicates that these great corporations have influence into the government policy areas so that the government tends to yield and work for these corporations, to assist in making the `mighty' dollar sound. This Awareness indicates that while the government can assist these corporations to become more wealthy, and thus

stimulate the economy, and thus strengthen the government; this action is in fact weakening the life chain of the biological and ecological balance upon the earth itself. This Awareness suggests that it would be quite ironic to have a dead planet, with life of a very primitive nature, with all of the records and mechanisms and trillions of dollars available to the governing forces which no longer exist, because of the effort of that government to become more sound financially, and was willing to destroy the planet and the ecological balance in order to hold such financial power. This Awareness indicates that the entire structure of the planet as presently ruled by these little cells, these creeping crawling beings which pitter-patter about its surface like termites, eating down forests, eating up the vegetation, polluting its surface with wastes and chemical poisons—the entire planet being under the control of these entities who do not have a planetary consciousness, but whose consciousness is simply centered on getting paid for eating up more forest, or for spraying more poison, or for creating greater devastation, or weapons of devastation: these beings in charge of such a planet are likened unto the Alien Force, which the planet must yield to and die, or must respond to and overpower; or there must be some internal change within the heart and consciousness of these parasites which eat away at that planet, so that they become more aware of planetary management and ecological needs and the balance of life forces upon one another. This Awareness indicates to the planet, the human beings are very similar to diseases running rampant in the human body. There are the white cells and the red cells, which must be kept in balance, each having its own purpose: one serving the immunity system, the other supplying certain nutrients. These red and white cells of the bloodstream, having their purpose and balance, create either the healthy individual, or the weak and dying individual. This Awareness indicates likewise, upon this planet earth there are those forces which are carrying the nutrients to the planet, serving its needs; there are those which rape and pillage from the planet, destroying certain areas which are not suitable. And wherein these become too strong and powerful, like runaway cancer cells these forces can begin to devour that

which is the good tissue of the planet, and grow stronger and stronger, spreading the cancerous energies of greed and violence to the planet itself, so that it becomes dead tissue wherein no living cells can survive. This Awareness indicates that the problems being experienced presently are those which are yet moderate in comparison to that which is to come if the present methods are continued.

The Only Hope Lies in the New Generations (The significance of the falling sparrow)

This Awareness indicates that the concern for these forces as that which must also be recognized in relation to the concept of `Resist Not'. This Awareness suggests that direct confrontation, direct demand that all cease immediately may be appropriate on some levels in terms of getting the word out, whereby entities can hear and can express and can be heard. However, it is not a real solution, for even as the Med fly is now out of control, and to cease action against the Med fly for the sake of environment is that which would also create further problems in regard to the increasing population of the Med Fly. This Awareness indicates that likewise, extensive spraying, continued over-spraying, is that which also can create other problems, many of which are not yet recognized, such as the dying birds who will not survive the Med fly spraying, who will therefore not be eating many flies and insects because the birds' population has also dwindled; therefore creating a greater potential for further insect problems in future times. This Awareness indicates that obviously, the problem is complex, and needs to be dealt with in a very careful and rational approach which includes a total overview of the situation, rather than simply the usual approach of weighing how much crop will be lost, how many dollars will be lost from the gross national product or the state of the budget, or how much insurance will need to be paid out, or how much one will make on spraying these thousands of acres, or how much one will lose in one's crop,--all of these questions which come to that bottom line of money and ignore the bottom line of the ecological, biological life chain and the long-range program to sustain a balance: this Awareness

indicates that this is that which needs greater awareness and attention. 63 This Awareness indicates that in the past 30 years, the population of birds upon this earth has been decreased to approximately 30%. This Awareness indicates it is for this reason that there are so many insect problems today; for there are few birds left to deal with insects because man, in his vanity, has chosen to create pesticides to destroy insects without recognizing the effects upon the allies,-the birds. This Awareness indicates this is but one example of the tunnel-vision of man in his approach to problems, whereby man does not look at the holistic picture, but looks at a part and ignores the rest. This Awareness indicates that the glimmer of hope comes in that more and more the entities are becoming aware of the need to sustain the life chain, the ecological and biological balance upon this planet; and the forces of the multi-national corporations, the great timber companies these forces recognize that their time is limited. For the younger generation, which is more global in scope, is increasing in strength; and those who have spent their entire life aiming toward power and money, growing fixed and fat in their ways, are a diminishing breed; and those who come en masse are moving in greater levels of awareness for the planet itself, rather than for the almighty dollar. This Awareness indicates that more and more entities recognize the need for a holistic and balanced life, for each other, for oneself, and for all upon the planet; and the old ways, whereby entities sought power for themselves at the expense of others, these entities are a dying breed, and like the dinosaurs of old, will pass away.

Killing People to Protect The "Interests" of America (Is war and violence ever really justified?)

QUESTION: A question from S.D. of Pennsylvania: "As a prior Service member, I have observed that many Americans in the military community, Service members and dependents alike, firmly believe that killing people in order to protect America's "interests" is morally acceptable. Can killing thousands or even millions of innocent people ever be truly justifiable? War scars people's lives; yet some soldiers, either out of boredom or resulting from an illusion of `obligation' or of `glory' or of past wars, thirst for the fire and excitement of combat. Is this successful brainwashing on the army's part? On the other hand, some Service members fear participation in a full-scale war, but popular movies such as The Deer Hunter, Apocalypse Now, and Coming Home have reaffirmed their flimsy idea that the responsibility of "maintaining America's freedoms by way of bloodshed" rests on their shoulders. If they don't do it, who will?, they ask. Would Awareness please comment on these related questions?

COSMIC AWARENESS: This Awareness indicates that It has given some information in regards to entities' rights to protect themselves and their loved ones . This Awareness indicates this also applies to the protection of your group or unit. This Awareness indicates that the question is not as much one of moral concern as it is a question of spiritual, intellectual and social evolution of a lifestyle and concept which is energized out of proportion to other concepts which could be energized to make such violence unnecessary.

This Awareness indicates that wherein an entity is being attacked, it is natural for the entity to wish to defend and protect herself and her family. This Awareness indicates that when a group is attacked, it is natural for that group to seek to protect itself and its members. This Awareness indicates that when the attack is not yet in motion, but appears to be imminent as a threat, it is natural that an entity or a group might wish to prepare to meet the attack, or even to attack first, in order to gain the element of surprise which may be necessary as a part of defense. This Awareness indicates these concepts are the basis of all wars which have occurred in defense of one's interests and security for oneself or one's group. This Awareness indicates there are also those concepts of seeking to extend one's value system on others who have not accepted it and who might counter with their own value system. Therefore, imposing one's value system on the other is that which often becomes the motive for military action, or violence against another. This Awareness indicates still a more

sinister and common reason for attacking another militarily and with such violence is to gain what the other group will lose if your group wins. This Awareness indicates that this has other forms, whereby gaining may take place in other areas besides that which is taken from the enemy. This Awareness indicates that none of these is justified in the higher sense, but all of these actions can be justified when involved in ignorance, in levels of karma, circumstance, and the confusion of the various illusions in conscious- ness. This Awareness indicates that these entities who believe it is necessary for someone to defend the nation, are absolutely correct given the present circumstances, as they see those circumstances from that frame of reference, from those levels of understanding. This Awareness indicates that were these entities from another frame of reference, they might discover that it is not so much "the folks at home" who are being protected, but the "big boys" up front with all the money who are being protected by this army.

'FREE WILL' AND THE NATURE OF 'ATTITUDES' (The Sunflower Meditation)

QUESTION: Awareness, we are here tonight for a general reading, with questions sent in by the C.A.C. membership. Does Awareness have an opening message?

COSMIC AWARENESS: This Awareness wishes to begin calling attention to the nature of attitudes. This Awareness indicates that attitudes do have their effect upon situations in the same manner as weather having its effect upon the growing season of plants. This Awareness indicates that an attitude of coldness may be likened unto the cold weather of a northern or wintry climate upon a plant. This Awareness indicates that wherein an attitude is consistent, this is likened unto a zone wherein the weather is consistently warm, cold, temperate, or dry, damp. or sunny, or cloudy. This Awareness indicates that wherein attitudes are changeable, that this may he likened unto seasons or changeable weather patterns. This Awareness wishes entities to experience the changes of attitude, whereby

entities may begin to understand the nature of attitude as that which can be controlled from within oneself and can have its effect upon the situation in which an entity finds oneself. This Awareness indicates that it may not be possible for entities to change the world, but it is possible for entities to change their attitude about the world. This Awareness indicates the likelihood of changing the world for the better is found in an attitude which is capable of changing toward the better, while the entity lives within his or her world. This Awareness suggests that entities begin to examine their attitudes toward their lives, toward their situations, toward one another, and watch to see if these attitudes are chronic, that is, being consistently the same; if these attitudes are changeable; what elements or activities, or expressions, or situations change the attitude and trigger off certain types of responses or attitudes as compared to other types of responses or attitudes from other triggering experiences. This Awareness indicates, for example, does the presence of another entity, or the particular tone of voice used by this particular entity, create a specific response from you, causing an attitude to come forth that is triggered each time that entity speaks, or each time that entity speaks in that particular manner?

This Awareness suggests that this be examined and watched within yourself to see what kind of attitudes emerge for different situations and experiences. This Awareness wishes you to become acquainted with your attitudes, become acquainted with how you may create attitudes, or how you may get caught up and trapped by attitudes which are malicious and damaging to yourself and others. This Awareness now asks entities to simply explore one attitude, to examine it and discover the feeling of a particular attitude at this moment. This Awareness suggests that, for example you consider the attitude of warmth, sustenance and well-being. This Awareness asks you to pause after listening or reading this portion and visualize yourself as a sunflower. This Awareness asks you to lift your eyes upward, close your eyes, feel your face lifted upward, allowing the face to turn slightly toward the east, looking at the sun, the eyes closed, please. This Awareness asks you to experience this for a few moments as you visualize the sun moving across the sky, feeling its warmth coming down upon your face, feel the petals of this emanating from your face as a sunflower, radiating outward in golden rays. This Awareness asks you to use this meditation for a few moments, for a few minutes, while you experience this attitude of sustenance, warmth, and well-being. This Awareness indicates that after this has been completed, you then may continue to carry this attitude with you throughout the rest of the day. This Awareness asks you to continue experimenting with the feelings of attitudes, and this Awareness shall again give you information and address you in regards to such attitudes, wherein various meditative techniques may be given to allow you to experience other attitudes so that you become acquainted with the nature of your own free, or nearly free, will.

CLOSING MESSAGE: This Awareness suggests that entities look to their closest associate or friend, visualize a sunflower, visualize themselves as a sunflower. Feel yourselves standing together, experiencing the sun upon your faces, sharing the oneness of that sun, whereby you look to the light, finding sustenance together, and enjoying each other's presence. This Awareness suggests that wherein you can meditate together as sunflowers, creating an attitude of warmth, sustenance, and the feeling of harmony, this attitude can carry you through many difficulties and allow greater energies to enter into your lives. This Awareness suggests that you begin these meditations, first with yourself, then with your friends, then adding more friends or members of your family as is appropriate, for this shall assist you in finding greater prosperity through the uplifting attitudes.

LOVE LETTERS TO C.A.C.

Dear Ones...Vicki T., Paul, Linda, Avaton, Sam, Jon. We write to congratulate you on the tremendous output and your unfailing and faithful contributions to ENLIGHTENMENT. We would write you Love Letters all the time if we could! You warm our hearts, you stir the grey matter, you give us confidence to struggle on! God bless you one and all. You set an unparalleled example to every Light Worker. You are superbly beautiful people!...and I mean that. Peace and Love. Patricia, Axminster Light Centre, Axminster, England.

Getting History Straight The Ten Commandments How Jehovah Kept the Clones Confused

QUESTION: A question from J.L., a member in Argentina. His English isn't too good, but I will read his question: "You published in No. 79-25 the answer of Cosmic Awareness who says the Jehovah, without permission of the Galactic Confederation has created by cloning, so-called `human beings', also Adam and Eve, and in doing so, started the Hebrew race. My question is: in that manner Moses has also been fooled by Jehovah and acted as an unconscious instrument, believing Jehovah is stating the truth when introducing himself as God, the creator of heaven and earth and as "I am who I am" (Exodus 34:15) presenting himself as Cosmic Awareness. This is creating a great confusion, as we don't know if the Ten Commandments are authentic or have been delivered by a spirit who is not authorized to act in the name of God. What about the prophet Isaiha when receiving messages from Jehovah? We assume he is receiving these from Cosmic Awareness because of the essence of these messages. How is that? Please comment on this?"

COSMIC AWARENESS: This Awareness indicates that essentially, the first part of the book of Genesis, approximately 13 verses refer to the Universal Creator. This Awareness indicates that this book of Genesis as compiled from various writings, from various sources, from different priests, and compiled for the Old Testament by the Rabbi or Hebrew priests for their purposes in teaching and in keeping their own laws. This Awareness indicates that much of the information in the Old Testament came from various schools of both the Middle East and also from India and from Egypt, with various legends and stories rewritten and retranslated from earlier writings or from other cultural and religious teachings or other sources, and rewritten specifically for the Hebrew teachings and their

use. This Awareness indicates that some of these Old Testament stories and writings were based on the history of the Hebrew people, and some dealt with the entity who called himself Jehovah. This Awareness wishes to again explain that when being described as a being who appeared to Moses or to others, this entity was, in fact, a commander of what may in modern terms be called a "UFO" or spaceship. This Awareness indicates that these commanders having occasion to check on the operation of their clones or the results of their genetic experiments did, in fact, and on occasion, intervene in their behalf during battles and conflicts with other people on the earth. This Awareness indicates these stories make up some of the Old Testament reports of Jehovah. This Awareness indicates that the actual names of these entities was not Jehovah, was not Lord, -- Lord was merely a title. This Awareness indicates that these were what in modern terms would be called the commander or captain of the spaceship. This Awareness indicates that on occasion, these Lords or the commander of the spaceship, would exit from the ship and walk with earth people, and on other occasions, the entity would remain in the ship and provide certain air cover or conduct some military or impressive maneuver with the ship and such descriptions would be recorded and would be referred to as the `Lord creating or acting as a pillar of fire or a terrific wind' or some other form of force and power. This Awareness indicates that these descriptions of the Lord are often given in terms of the ship and its actions rather than of the pilot, captain or commander of the ship; but on occasions, the entity would be described in human terms as `walking with Moses'. This Awareness indicates that these Ten Commandments were essentially to be the laws of the tribe for their social needs to keep the tribe in order, to give some sense of identity, and to allow a social structure which would be suitable for their survival so that the rules of the society could be enforced by each of the members of the society being made aware of what the rules were. This Awareness indicates, however, that Jehovah or the commander, in order to make sure that these entities did not become too self-righteous and believe themselves capable of pleasing totally the commander,

these entities were given conflicting rules whereby they could not possibly follow one rule without breaking another. This Awareness suggests that entities reread the Ten Commandments, then read on for several chapters, and you will notice that whereas you are informed that the Lord commanded that `thou shalt not kill', within a few verses later, the Lord is also explaining that if a man does not behave in a certain manner, he shall be killed and other actions shall be taken against his property, and in some cases, against his family. This Awareness indicates that the Lord also, at some point, asked that the first born son be sacrificed and, at other points, assisted these entities in slaving their enemies. This Awareness indicates that there were other conflicting rules throughout the approximately one hundred various laws which were given to the Hebrews through the various commandments and these, in many cases, conflicted with the Ten Commandments. This Awareness indicates that this action of creating conflicting laws was particularly designed to make sure that none of the followers would be able to follow the laws and that all would feel guilty and at odds with their Lord. This Awareness indicates that these entities, while referred to by the Hebrews as Jehovah (and this being the common name given to these lords), this Awareness indicates that these being the essential creators of the Semites, the Semites having been created by the Lord of Mars or lords of Mars, placed originally in Atlantis then again at later times watched over in the area presently known as the Middle East by the returning commanders of the spaceships. This Awareness indicates these entities being referred to as Jehovah'—that being the English translation of the Hebrew name JHVH which, in fact, was never spoken in Hebrew. This Awareness indicates that this JHVH being spelled yod-he-vauheh was an ancient secret name for the true creator of the universe. The Yod-he-vau- heh of the Hebrews referring, in fact, to the fire, earth, air and water principles or radiances, stability, vibration and magnetism principles which are the four universal qualities that create matter. This name JHVII or vod-he-vau-heh which has been translated-into English as Jehovah was not, in fact, the name of these entities or lords

which were guiding the Hebrews. This yod-he-vau- heh as the name meaning "the creating principles of the universe",--this as a code for the building block of universal creative forces. This Awareness indicates that the yod-he-vau-heh was assigned by the Hebrews to their lord in the belief that they, (the lords), were the universal deity. This Awareness indicates that essentially, there was great confusion without the realization of any error in these misnamings. This Awareness indicates that in this manner, the name Jehovah for these entities has remained. This Awareness indicates this as also having been used by this tribe of space beings even prior to their relationship with the Hebrews, but the act of calling themselves yod-he-vau-heh does not necessarily mean that these beings are in fact the universal creator, but rather this may he likened unto a tribe which named itself after the universal creator, and the tribe yod-he-vau-heh or Jehovah being a reflection name from the universal creator or creative principle.

QUESTION: Awareness, I've often wondered why politicians and preachers use the phrase, (and they use it very proudly), that they are `a God-fearing Christian.' Is this attitude that they have,--fearing God,— derived from what Awareness just explained about Jehovah, their confusion in thinking that he was the true creator?

COSMIC AWARENESS: This Awareness indicates this in the affirmative. This Awareness indicates that were entities to see a spaceship hovering and moving down or going through the actions of slaughtering masses of people, the entities would certainly be fearful; and if they knew that this entity flying the spaceship was their commander, their Lord, they would certainly be fearful of the wrath of God, the wrath of their Lord. This Awareness indicates however, that it is strange to hear Christians speaking of the fear of God, a "God-fearing Christian", when Christ was so merciful. This Awareness indicates that it would be more appropriate for entities to speak of the awesomeness of God or to admit being in awe of

God, but to be in fear of God appears rather strange. This Awareness indicates you seldom hear entities say they are 'devil-fearing Christians'. This Awareness indicates however, that this would be just as appropriate, if not more so, for these entities in their testimonies. This Awareness indicates that the majority of people in considering their religious views, really seldom stop to think through their beliefs, but generally simply repeat the doctrine which has been handed to them by those who indoctrinated them, repeating the proper phrases and slogans just as any patriotic citizen of any belief structure. This Awareness indicates that most religious followers seldom can explain or understand what they are actually in belief of, except through the parroting of the words which were given to them by those who indoctrinated them. This Awareness indicates that these entities would be amazed at the power of their own philosophy if they could look behind the words which they parrot and discover the true meanings which hide behind those words, in the

concepts that lie hidden in code within their philosophy. This Awareness is attempting to provide glimpses that entities can begin to see the depth of meaning behind these philosophies known as religions, so that entities can, in fact, grasp the depth of reality which can be theirs when they can understand the meaning of these teachings as intended by the secret schools and priests which were responsible for the messages. This Awareness realizes that many entities like to believe that God stuck His hand out of the clouds with a Bic pen or Schaffer pen or feather and ink, and scribbled down all of the words of the Bible, compiled the pages together, stitched them up, put a cover on the book and handed this to the Hebrews, and that Bible which they presently have is an exact replica of this original Bible written by the hand of God. This Awareness indicates, in fact, that these books were written by scribes and priests of secret schools, of religious temples and compiled, not for the purpose of creating a Bible for everyone to follow, but compiled over a period of time through the selection of those writings which the priests felt would be beneficial for others to know, for the society in general, with other books and writings being withheld from society because these might

not be as beneficial for the society in general. This Awareness indicates that the Lost Books of the Bible and the Forgotten Books of Eden,* these and other writings have been available for the inner schools and priests, and more recently have been made available to the masses, but these essentially are ignored by the Christian churches on the assumption that only those which they received in the earlier version presented to them as the Holy Bible from the Nicene Council through the shenanigans of Constantine and Augustine, only this is valid as the "word of God", even though some of the other books which were not included were written prior to, or along with, the present books of the Bible. This Awareness indicates likewise, Christians find it very unsettling to discover that some of the stories of the Bible are found in other cultures. written in earlier versions and earlier books; and this fact. when discovered, must be ignored by these Christians who prefer to live a lie than face a question regarding their belief that this book was written exclusively by the hand of God and not by priests who compiled these stories from other writings, in other times, in other places. This Awareness indicates that many of these Christians wish to ignore all evidence which is contrary to the bigotry of their own closed mind, living a lie and condemning others as workers of Satan, because those others seek truth and are willing to look deeply and risk the action of looking and risk the condemnation of witch hunters or judges who would condemn them for searching for truth. risking even the hostility and wrath of self-righteous Christians who would, if allowed by law, capture such metaphysicians and researchers and burn them at the stake for questioning the orthodox view of the church. This Awareness indicates that this kind of closed mind is a sickness which, unless healed by the Law of Mercy, tolerance and the realization that if truth is meaningful, than one needs not threaten or destroy those who dare to seek truth, and one needs not close off one's own mind to questioning, to wondering, to asking. This Awareness indicates that when these Christians cease to fear God and learn to realize and understand that a creator of a universe such as this, would not be so narrow minded, so demanding, so hostile toward His

creation as to insist that they believe only one thing or suffer eternal damnation and punishment. This Awareness indicates this, in itself, is a blasphemy against the Universal Creator. Were the Universal Creator not merciful, tolerant and understanding of Its creation, It would in the least—take such entities into court for libel and slander for writing such trash about the character of the Universal Creator. This Awareness indicates the Universal Creator wishes that entities be free to think, to question, to discover truth, even if it requires that they question their own beliefs or the books which they believe to be representative of the Universal Creator. This Awareness indicates It is appalled when entities in the name of religion, in the name of Christianity, can turn against others with threats of violence, with curses of hell, because the other does not think exactly the same way as does the first. This Awareness indicates that you live in a strange fantasy upon the earth, whereby too many entities are too self-righteous, without really knowing what it is you are talking about; for too many are simply parrots, parroting and repeating what you have been programmed with by those who programmed you from the programming which they received from their programmers before.

How to Attract a Mate Cosmic Awareness Gives Some Suggestions for Men in General...and Today's Young Men in Particular (And some suggestions for the ladies, too)

QUESTION: This is a personal question from W.K. of Omaha, Nebraska, but it should be of general interest. "I have a question for Awareness. If the Awareness has covered this before, please send the information. The question concerns loneliness and searching for a companion. I am a male, 23, fairly attractive and healthy, and yet, since I was a teenager I have not been able to have a successful relationship with a girl. It's as if I were surrounded by a black cloud. The longest relationship I've ever had is a few months. I have tried metaphysical healing, the Kahuna Prayer, imaging, positive thinking, hustling and countless praying, but females do not seem to accept me. What I would like to know is this--are there entities on earth who must experience loneliness because of past-life karmic debt? If so, how can I fulfill this debt once and for all? How does one go about searching for a mate? Where should I look? Is there a special prayer or healing meditation I can do to attract a mate? Kindness and charm don't seem to work. Thank you."

COSMIC AWARENESS: This Awareness indicates that there are indeed some entities who have experienced such activities in previous lifetimes that they set up blocks against the relationship with members of the opposite sex. This Awareness indicates some entities set up blocks against members of their own sex and cannot relate to them. This Awareness indicates that there are also situations wherein an entity desires a relationship so badly that the feeling is recognized by members of the opposite sex as a kind of psychic hunger— these entities feel this energy emanating from the hungry one and feel that they are apt to be devoured psychically if they get too close to that entity. This Awareness indicates in such cases, the member of the opposite sex, even though perhaps enjoying the company of the one who is hungry for love, for affection, for companionship, may feel this energy emanating, this magnetism seeking to draw the member of the opposite sex into the life of the needy one, and therefore the entity is repelled out of fear which may be only on an intuitive level, and will avoid that person or at least avoid any close contact with that person. This Awareness indicates only in cases wherein both entities are extremely needy of companionship do entities of this type seem to come together and have a relationship that grows deep and intimate. This Awareness indicates these types of relationships generally have a karmic implication and depth to them. This Awareness indicates that wherein an entity really would find pleasant relationships with

entities of the opposite sex, that entity has to be able to allow the opposite sex entities to come and go without feeling devastated when they go, and without feeling possessive when they come. This Awareness indicates that wherein an entity is possessive and one comes into their lives, the entity possessing the other can easily frighten the entity into leaving. This Awareness indicates, however, there are also certain entities who enjoy being possessed, who enjoy being taken care of by some possessive entity. This Awareness suggests it is a question of not whether you can have a relationship with a member of the opposite sex, but whether you can have a relationship with one who accepts the type of energies which you emanate. This Awareness suggests that the question is also, what kind of relationship do you want? This Awareness indicates that in your particular case, it appears that you have made entities of the opposite sex overly significant in your life, due to the desire to have one of your own. This Awareness indicates that it would be wise for you to practice the following actions: This Awareness suggests that you follow the steps as outlined: Number I: Make up your mind that you do not need anyone for at least one year. Number 2: Look at members of the opposite sex not as members of the opposite sex but as human beings who have feelings much like yours, who are working through various problems of their own and who have feelings which can be shared if the opportunity is open. Number 3: Allow yourself to recognize that many of these entities in bodies of the opposite sex also have been male or members of your own sex in previous lifetimes, and that they have that part within them which is no different from that part which is within you, and talk with these entities as buddies or pals, almost as though they were your own sex. This Awareness indicates Number 4: that you become involved in the interests and lives of these entities, discussing their interests, their concerns, allowing them to share their feelings, allowing yourself to share your feelings without putting any form of sexual trip or obligations or connotations on them. Number 5: Avoid temptation to begin manipulating or thinking in terms of sexual relationship with any of these entities. Number 6: Consider the personality, the character, the

background, the roots of the person, the emotions of the person, the sensitivities of this person and relate to these levels. Number 7: If it should occur on a spontaneous level that you find yourself in a situation where you are embracing that person, holding hands with that person, touching that person or becoming intimate with that person, do not be frightened and do not make this overly significant, but allow the communication of person-to-person to be uppermost in your thoughts, and allow the affection to flow: share yourself, and allow the other to share with you. Number 8: If the other says, "That is enough. I don't wish to become any closer at this time," respect that entity's position, communicate your feelings and allow that entity to communicate to you.

This Awareness indicates that in these steps, you will notice that you are always relating to a person with many different aspects of being, feelings and sensitivities, backgrounds, values and problems, hopes and wishes. This Awareness indicates let yourself relate to that person and let the concept of sex drag behind, following that relationship. This Awareness suggests you make up your mind that you want to share yourself and your feelings and you want to get acquainted with others, and that sex can take a back seat while the activities of getting to know others becomes the primary purpose in your relationship with these entities. This Awareness indicates when you use this approach, you will begin to relieve others of the feeling that they must either leave you or satisfy your hungers. This Awareness indicates when you have hungers, they are not hidden even though you may try. This Awareness indicates the hungers can be diminished by yourself when you determine not to seek sexual relationships but to seek human relationships. This Awareness is not implying you are to avoid sexual relationships, you are just not to seek this in place of human relationships. This Awareness indicates the morality and the responsibility of sexual relationships is another matter, that this has been covered elsewhere. This Awareness is simply discussing how you are to relate to others of the opposite sex in a way whereby sex does not interfere with the

relationship and does not block that relationship and its growth and development.

WHY DO MANY FEMALES TODAY GIVE THEIR BODIES TO MEN ON THEIR FIRST DATE?

QUESTION: Awareness, in a case like this, it's possible that this particular young man has a lot of pressure from his peer group and has succumbed to the propaganda that every time, during these days since the woman's liberation etc., that a woman is expected on the first date to go to bed with her date. From what I have read, a lot of women have bought this propaganda, and I would like to ask: is this a true change in consciousness on the part of females, young ladies, these days, or is a lot of this intimidation from the males and from what the ladies have read that forces them to do this? COSMIC AWARENESS: This Awareness indicates this is both, that many females desire to become intimately involved—this as being on a quick and shallow basis. This Awareness indicates that many of these females as being open and loving, and accept sex in the way which many of the previous generations would accept a kiss. This Awareness indicates that others may feel pressured to perform because of expectations of their boyfriend, or expectations placed upon them by their peer group. This Awareness indicates that morality and sexual expression is that which is confusing to entities at this time and is a reflection of the changing values in this society. This Awareness indicates there are still others who are very conservative in their attitudes toward sex. This Awareness suggests that one thing which must be recognized beyond the need for sexual responsibility is the need for clear communication in terms of sexual values of the individual. This Awareness indicates that wherein an entity wishes to be close with another, but does not consider the feelings of that other and is not interested in the needs of the other, but is simply seeking to impose his or her feelings of intimacy on the other and is expecting an equal response, there definitely needs to be a kind of communication which will allow both

parties to share their feelings so that neither feels violated or rejected or imposed upon because of the conflict in sexual interest. This Awareness indicates that it is not necessary for one who does not wish to become involved intimately to attempt to cause another to feel guilty or to express to that entity that they are insulted at having been propositioned; it is not necessary that the entity who does not wish to become intimate feel defensive nor act offensive, but it is necessary that the entity who does not wish to become intimately involved state that position clearly and with a respect and consideration for the feelings of the other who seeks that intimate involvement. This Awareness indicates that when this is clearly stated without the hositility or feelings of violation or feelings of guilt and insult, the entity will be most stable and will have the greatest chance of being respected. This Awareness indicates that this also reflects a respect on the other person thereby allowing both parties to feel that a communication regarding this matter is understood and this understanding can allow the relationship to continue on another level. This Awareness indicates that rejecting a person's sexual desire is not necessarily a rejection of the person, but this can lead an entity to feel as though it is a rejection of them unless this rejection is handled carefully.

How to Reject a Sexual Proposition with Grace

This Awareness suggests that an entity in rejecting another's personal desire for sexual involvement may simply state that, "I do not wish to have that type of relationship with you," or you may qualify this by saying, "at this time," or "under these circumstances" and then qualify by explaining further if you desire. This Awareness indicates that qualification is not necessary but does tend to smooth out the rough edges of the rejection. This Awareness indicates this shows a sensitivity for the feelings of the other. This Awareness indicates that wherein one is seeking intimate involvement with another and is so rejected, the entity needs not feel this is an insult to his manhood or womanhood, but may simply recognize that this is not the right situation, the right time, or the other person may not feel at ease in this. This Awareness suggests that

wherein an entity feels rejected, feels the pride has been hurt, feels the relationship can never again be what was imagined, the entity may save face if this is necessary by asking the simple question, "Why?" This Awareness indicates this opens the door for further communication. This Awareness suggests the entity may also explain why he or she wanted such close communication and intimacy. This Awareness indicates that the more the situation can be discussed, discussing this until the energy is no longer strong, the better the chances of mutual respect and mutual understanding in relation to this, and in relation to each other. This Awareness wishes entities to be frank, to be free, to share, to talk, to discuss any matter which affects their feelings, their values and their attitudes toward themselves and others: for in so communicating, entities can avoid hard feelings, hostilities which can, if not understood and released, build to those intensities which cause violations. This Awareness indicates in terms of the feeling of some entities that if they are nice enough to the members of the opposite sex, if they are nice enough to the one they want to seduce, many entities believe that being nice will catch the prey. This Awareness indicates that this is not necessarily so. This Awareness suggests that entities be themselves, and be as nice as they wish to be, not to impress others, but to develop their own character; for being nice in order to impress others is easily spotted, easily seen by others, is easily recognized as but bait to catch the prey. This Awareness suggests that many entities are not interested in the entity who is always nice and sacrificing but become quite interested in the entity who is true to himself, or herself, even though that entity may express things which are indicative of certain selfishness, certain personal competitive actions or certain frustrations. This Awareness indicates it is the weaknesses of others that cause one to feel love for that other; it is their strength which causes one to respect that other: the combination of strength and weaknesses brings about the respect and love which strengthen the relationship--it is the communication that ties entities together into levels of friendship and allows a growing involvement to occur. This Awareness indicates it is expectation, demands, manipulation

and falseness or pretentiousness that breaks apart the relationships.

Those Who Wish a Close Relationship with Another Should Study the Cosmic Laws of Cosmic Awareness

QUESTION: Probably a lot of the young men today should study Awareness' Law of Expectation and they wouldn't have this problem.

COSMIC AWARENESS: This Awareness indicates this and the Law of Relationship, and in particular the Law of Love. This Awareness indicates that any entity having difficulty in relating to members of the opposite sex or to members of their own sex, simply needs to open up and communicate and allow others to communicate, to share feelings and allow others to share without putting any trip, without putting any claims, without putting any evaluations, without putting any judgments, without putting any obligation on the other. This Awareness indicates this as likened unto card players who lay their cards on the table, not to win, not to beat the other, not to see who holds the best hand, but simply to share what you hold with someone who wishes to see, and to look at what that other holds with an interest in discovering those cards with the same interest that you give your own. This Awareness indicates there are no entities who have things which need to be so deeply hidden that they cannot share something with others. This Awareness indicates those entities who place walls around themselves, refusing to share their sensitivities, their hurts, their desires, their dreams, their feelings of rejection, their babyishness, or their desire for conquest; wherein entities can speak of these things and share these things which are within themselves with others, others then feel free to share likewise.

LOVE LETTERS TO C.A.C.

Dear C.A.C. This is an appreciation, rather than a question for Awareness. The Spiritual Development lessons in the Sea of Scorpio are beyond price. They will have to be reviewed over a period of a lifetime, for the full understanding of true alchemy cannot be grasped in their entirety in a single lifetime. D.S., Miami, Fla.

Dear Vicki and all...I am so grateful for all the Awareness material you have sent, but mostly I'm grateful for hope. My thanks to all of you for supplying it when I was so helplessly empty of hope. Faithfully yours, D.L., St. Paul, Minn.

Greetings C.A.C.! I want to thank you for sending the information to my questions concerning relationships. This could not have been any more timely. This is what I find most incredible: it seems I'll experience a situation that is difficult or full of lessons that is in need of perspective for the value to be obtained. When the situation reaches critical mass, I'll find in my mailbox Cosmic Awareness information or guidance of my perceptions. It seems to me I'm in tune with CAC as if a master teacher were guiding me through my life toward ITSELF. The CAC information is as valuable as gold to me, for it feeds my faith in the unknown possibilities of creative principles of nature. I am very grateful and feel blessed. Thanks again for your selfless service. M.J., (Oregon).

THE VIOLATION OF THE RED MAN DOES RACIAL KARMA EXIST?

(More on the legacy of Rhyee—the First Separateness) QUESTION: A question from E.B., of Perry, Maine, who writes: "I would like to ask Awareness about some things very important. I hope this communication is considered and sent to the membership about the races of the world. Why have the native people of the Western hemisphere been robbed, beaten and slain to the point of extinction, or some tribes are, and almost extinction to other tribes. And are these people supposed to learn something from being violated, and why does it seem that the white race has always had a record for wiping out brown-skinned people?" And he wanted to know also, does a race of people create karma for itself if it violates another race?

COSMIC AWARENESS: This Awareness indicates that as was indicated in a previous reading, the forces which moved through Atlantis and through Egypt, through Israel, and down through the European and American and Russian civilizations, this force which was represented by the lust for power and control--this force known as Rhyee--the force passed from generation to generation, whereby the power of position and the economic and military power, the positions of authority being passed from generation to generation or from leader to leader, or from country to country--this particularly in relation to those secret societies which were involved in the manipulation of this power, this is that which capitalized on the use of certain forces, using certain of the members of the Anglo-Saxon race to do its work. This Awareness indicates that it also used other races for other types of work in more recent times. This Awareness indicates however, that the past history of the use of the Anglo-Saxons stands out because this was the race which this power worked through during the past three to four hundred years. This Awareness indicates this power has moved into other races at this time, and has begun working through these also. This Awareness indicates that as this power has moved through and used this Anglo-Saxon race, and has moved into the black race and used portions of it in more recent times, and into the yellow race in recent times, using these forces for its purposes, the power has also reached its peak and is now in the process of being dissolved, therefore the appearance is that the white or Anglo-Saxon race has been responsible for the problems which have occurred to other races. This Awareness indicates however, that it was the power which moved through and used the Anglo-Saxon race which has caused this to appear this way. This Awareness indicates this as very similar to a previous message whereby this Awareness explained that the Jews themselves are not the origin of that which is referred to as Bolshevism or Zionism. * This Awareness indicates that the force which expresses itself through the Jewish people and refers to itself as Zionism is not necessarily representing the entire Jewish culture. This Awareness indicates that likewise a Mason is not necessarily representing the entire Anglo-Saxon culture, even though most Masons are Anglo-Saxon or of the white race in general. This Awareness indicates that similarly, the white race is not necessarily the root cause of the violations to the American Indians, but rather it is that force which sent forth and used the white race and influenced the thinking and philosophy and ideas of those members of the Anglo-Saxon or white race, which led to the clash between these and the American Indians.

*'Revelations of Awareness 79-18 (A Cosmic History of the llluminati)\$2.00

CHRISTIANS' LABELED THE INDIAN 'HEATHENS' AND BEING INFERIOR

This Awareness indicates that essentially it was the Puritanic attitude of the early Christian doctrine as promoted by Calvin and others of the Quaker, Episcopalian. the Protestant and Catholic religions, influencing the Christian belief that anyone other than a Christian was a heathen and therefore unworthy and uncivilized and to be considered inferior. This Awareness indicates this as an action similar to that of the spiritual snob.** This Awareness indicates that obviously, the teacher and founder of the Christian religion did not ever intend for this kind of attitude to occur, the entity having been Jewish or Hebrew, and having accepted the gentile. This Awareness indicates that such an entity would not condone one of Anglo-Saxon race considering a member of the American Indian tribes to be inferior or heathenist or as being of a less significance. This Awareness indicates that this therefore was developed from wrong answers given through certain forces which expressed through various churches, through various organizations, these originating essentially from levels of power rather than from levels of mercy and spiritual wisdom or from the basic essence of the race of Anglo-Saxons. This Awareness indicates that likewise, the red man of America was not entirely without similar types of power and glory desires, for there were also cases of savagery in these levels which are not unsimilar to those of the white race. This Awareness indicates that the reason the white race appeared to be more cruel was simply that the white race had weapons which could and did defeat the Indian in battle, and the Indian being underarmed could rely only on the appeal to the spiritual forces and the spiritual forces could and would only work for the Indian when the Indian medicine was strong enough.

Balancing Energies Through Violation

This Awareness indicates this for example in the Battle of Little Big Horn. This Awareness indicates that essentially this was a situation related to the balancing of energies, of polarized energies-that the red people of America were violated by invaders as have been other civilizations-the Russians violated by the Mongols, by Genghis Khan and his hordes, the Romans violated by those forces from the North, the Egyptians violated by the Romans, the various nations around the world each experiencing violations by invaders in their own times. This Awareness indicates such violations were occurring on this hemisphere before the white man arrived, between tribes of Indians who violated one another. This Awareness indicates that this is simply the plight of humanity upon this plane in the energies which have been prevalent and which are now being resolved, so that wars and bloodshed and conquest need not continue.

Many Indians Reincarnated Today as Hippies and Environmentalists

This Awareness indicates that many of the American Indians have reincarnated as whites, that many of these are presently in bodies of white Anglo-Saxons who are working to restore certain of the principles which were held dear by the American Indians. This Awareness indicates these as environmentalists and nature lovers. This Awareness indicates that there are also many of the present or previous generations of hippies and those of the alternative society culture who are reincarnated from Indian lifetimes. This Awareness indicates that also there are certain entities from Europe who have reincarnated from World War II who also have seen the devastation of violence and war and are working with the alternative society to bring about the changes so that such horrors need not again occur.

**For more on this, please refer to 'Revelations of Awareness' No. 79-7,

(The Spiritual Snob);\$2.00 from C.A.C.

This Awareness indicates that the purpose of the followers of the Law of One is not to defeat those who are seeking separateness and power, but rather to invite those to join in the unity and harmony under the Law of One. This Awareness indicates that those of the Law of One need not be opposed to anyone, but can help to reconcile differences so that more and more recognize the Law of One, the unity of all living things.* This Awareness indicates that it is time to look for those who recognize values of a humanitarian nature regardless of the color of skin, regardless of their genetic or hereditary origins, regardless of their religion, regardless of their nationalities or language: it is time for these humanitarians to link up, to join together, for they are all of one mind and one value, this being the value of life, the love of life, and therefore it matters not what costumes or skins or labels these entities put on for their purpose is the same.

*For a detailed description of the 'Law of One', please refer to the booklet, "The Cosmic Laws of Cosmic Awareness", (\$3.00 from C.A.C.).

Getting history straight . . . One of U.S. Government's Most Closely-Guarded Secrets is Now Revealed GENERAL CUSTER AND HIS MEN COMMITTED SUICIDE OUT OF FEAR

QUESTION: Awareness mentioned Custer's famous battle of the Little Big Horn, which brings to mind a question brought forth a few years back by a hook that was published and supposedly well-researched by an entity who claimed that the situation was one of the biggest coverups in American History that Custer and his men did not die in the glory that our history books said.

COSMIC AWARENESS: This Awareness indicates that this in the affirmative. This Awareness indicates that these entities essentially began to commit suicide out of fear. This Awareness indicates that the entities being totally surrounded assumed that they were going to be massacred and began to panic without ever having been shot at. This Awareness indicates when the first entity panicked and shot himself, the others also began to follow. This Awareness indicates there were some exchanges after this first entity panicked and shot himself, there were certain shots fired by some of the soldiers but the others stopped these in fear of reprisal and then, in a kind of awesome staring, the Indians surrounding these soldiers looked and stood and watched until the soldiers simply began to break and scatter and run in terror, and many of them committed suicide. This Awareness indicates that this not in every case, that there were some who were killed.

QUESTION: Was General Custer himself one who was killed, or one who committed suicide?

COSMIC AWARENESS: This Awareness indicates it appears that this entity was requested to come forward from the rest; the entity refused and began shouting orders to his soldiers, the soldiers failed to respond; the Indians then rode down and took Custer. This Awareness indicates that it appears that they began a threatening move toward this entity, and the entity shot himself. This Awareness indicates this appears to have been the cause for the general panic and further suicides and the scattering of the troops. This Awareness indicates that these entities were then taken, that these entities were later buried in a mass grave--this by the troops which came later to find the soldiers.

U.S. GOVERNMENT GREED RIPPED OFF THE INDIANS

This Awareness indicates that essentially the reason for this Battle of Little Big Horn was a greed purpose—that the Indians had been given a piece of land which had much silver on it, and the government discovering this, decided to move the Indians further on. This Awareness indicates this led to the resistance, and Custer, wishing to make a name for himself on the centennial date or the 100th birth date of the United States, rode out from Fort Raleigh, Kansas, in an effort to defeat the Indians, crush their resistance and gain headlines for his glorious victory at the time of the centennial celebrations occurring around the country. This Awareness indicates however, that the Indians reversed the headlines, and Custer was defeated, which shocked the American public to discover that there was still strength in the Indian tribes. This Awareness indicates that the entity Custer was more of an egotist than a soldier, and the entity was not using sensible maneuvers or tactics and underestimated the power of the Indians, assuming that they had no communication between the various tribes.

How Custer Energies Were Reconciled by the Interpreter This Awareness indicates that this was a kind of rebalancing on a small scale of the energies of conquest which had been thrown upon the American Indians by the invasion of the Anglo-Saxons on the 100th birthday of the United States. This Awareness indicates that another similar rebalancing occurred in York in July of 1977.* This Awareness indicates that the Interpreter and several others in the journey to York in '77, stopped at the grave site of the Battle of Little Big Horn. This Awareness indicates this action affected an aka-cord connection with the area in York which was the place where the Constitution, where the Articles of Confederation were signed and the nation had its true birth. This Awareness indicates that this also had a kind of reconciling or balancing action of the energies. This Awareness indicates that there are many other types of activities which bring about the reconciliation of these various energies. This Awareness suggests that many of the Indians reincarnating into bodies of whites has the effect of reconciling the energies. This Awareness indicates that many of the whites reincarnating in the bodies of Indians also reconciles the energies. This Awareness indicates that these interchanges of racial bodies between lifetimes occurs quite frequently, depending on the need of an entity to experience the other side of his or her previous lifetime prejudisms. This Awareness indicates that

many of the Indians walking around in this life were white invaders or conquerors of Indians in previous lifetime. This Awareness indicates that this is also true in terms of other race situations, many of the whites who are prejudiced toward blacks or Jews may one day experience themselves in the body of a black or Jewish person. This Awareness indicates vice versa, that many blacks presently are reincarnated from white bodies in a previous lifetime, that the Law of Karma has a way of balancing energies so that entities become tolerant of that which they previously were prejudiced toward.

FORMER SLAVE OWNERS ALL LATER TOOK A TURN AT BEING BLACK

(More on how Karma works)

QUESTION: Then it would stand to reason then that those who were slave owners and masters of slaves back in the early days of this country, most likely had at least one embodiment as a Negro at a later time?

COSMIC AWARENESS: This Awareness indicates that this as in the affirmative, that those who were powerful slave owners of any civilization eventually experienced the other side of the coin and are on the bottom looking up. This Awareness indicates that this does not mean that every entity who is presently black or presently Jewish or presently white but of a very poor status or of any other particular race, this does not mean that these entities previously had high positions of importance in a particular race that violated them. This Awareness indicates that for example, there are also cases of poverty due to other causes, such as an entity spending an entire lifetime not wanting to do anything but live off of the energies of others, this entity may experience the next lifetime in a situation where he or she cannot do anything but live off of the energies of others, because the talents are not available, or the opportunities are not available to rise above the lowlevel which is his lot.

*For an in-depth report on what happened at York in 1977, please refer to the booklet, 'A Magic Happening at Yorktown'(83.00 from C.A.C.)

THOSE WHO ARE NOT RESPSONSIBLE AND PRODUCTIVE DURING A LIFETIME MAY FIND THEMSELVES IN POVERTY THE NEXT LIFETIME

This Awareness indicates that to live well, requires that entities be responsible first for their own behavior and sustenance, at least during the major productive years of their life. This Awareness indicates that wherein such entities cannot be productive then they must rely on friendship and charm to receive from others that which they need to be sustained, either as children or as elderly persons needing to receive assistance from others. This Awareness indicates that those who do not use the productive years of their life in a responsible manner may discover that in the next lifetime they are put into a position whereby they haven't the same opportunities to be responsible and productive, even if they wanted to be. This Awareness indicates that in such a karmic situation the entity might find himself or herself being born in a situation that is devoid of opportunities, this may be a particular racial status which has been denied opportunities or a particular financial status which denies opportunities, or a particular family status which denies opportunities, or a particular environmental status which denies opportunities. This Awareness indicates that those entities who use the productive years of their life in a responsible manner will find themselves reincarnating in positions where they have greater opportunities for more responsible activities with greater amounts of energy to work with and to produce from. This Awareness indicates this is simply justice dealt by the Law of Karma in the universe, and there is no escape from the Law of Karma. * This Awareness indicates however, that entities who recognize the need for change and take the action of changing themselves, will automatically begin to transcend any karmic forces or sentences which have been placed upon them. This Awareness indicates that those who do not help themselves, but simply drift with the Laws of Karma, accepting the

punishment but not recognizing their own capability of overcoming themselves and serving or doing something productive with what is available to them, these entities shall simply receive heavier and heavier doses of the Law of Karma until they find themselves in such a position that they would do anything to be able to be productive, and to be of service.

THE THREE PATHS TO SPIRITUAL DEVELOPMENT ARE REVIEWED

This Awareness reminds entities that the three paths of spiritual development, that of suffering is the slowest, that of service is faster, that of alchemy which relates to the change in consciousness or attitudes is that which is fastest. This Awareness suggests entities who feel themselves victimized by a situation or under a sentence from the Law of Karma, may simply begin to spiritually evolve more quickly by stepping off the path of suffering and into the path of service and the change of consciousness or the change of attitude toward higher levels whereby you accept those higher forces and move toward those energies with all your might. This Awareness indicates that austerity and self-pity do not bring forth the alchemy necessary to transcend a situation. This Awareness indicates that service, love, these are the energies which lift the entity out of the path of suffering and move the entity toward that which is the greater work.

***The Law of Karma** is that Law wherein entities arrange within themselves, on any level, to make just payment for any action committed that affects the welfare of oneself or another. "The Law of Karma is irrevocable and may he depended upon to bring those who stray from the Law of Unity back into balance through the Divine Justice of the Universe from the Cosmic Laws of Cosmic Awareness

The Little Bag of Karmic Garbage

This Awareness indicates that many entities upon this plane carry with them a small bag of karmic garbage, which is very heavy, and holds them down much like an anchor or rope which prevents them from levitating or elevating their consciousness toward higher levels and toward greater success. This Awareness indicates that this little hag of karma has been tossed around, that many entities value this and consider this to be sacred to them and refuse to let go of this little bag of karma. This Awareness indicates that within this little hag of karma there are two heavy weights--one is labeled hostility to others, the other is labeled self- pity these two weights hold more entities down than any other quality, force, energy, concept, situation or any influence around. This Awareness suggests that this little bag of karma may be set aside and replaced by that levitating balloon which lifts entities' spirits, which says, "I can do it, I can help others and love others, and lift myself."

SENSITIVITY & UNDERSTANDING TO EACH OTHER'S NEEDS

IS IT RESPONSIBILITY OR CHOICE TO FULFILL THE DESIRES AND NEEDS OF ANOTHER?

COSMIC AWARENESS: This Awareness indicates that more and more, it becomes necessary for entities to be more sensitive to one another in terms of clearly communicating through being receptive to each other's needs; these may vary considerably from entity to entity, and many needs are apparently exaggerated by some entities, and others may see these as being excessive. This Awareness suggests that some entities may feel they have great and tremendous needs, while others have few. This Awareness suggests that some entities consider every desire to be a need, while others have few desires and few needs. This Awareness indicates that some entities can distinguish between their desires and their needs. whereas others consider their desires to be needs which must be fulfilled. This Awareness indicates that as entities become more sensitive to reading, to being receptive, to listening, and to understanding the needs of others, these entities may feel it is their responsibility to fulfill the expectations and needs of others. This Awareness indicates that this is not the case. This Awareness indicates that in some instances it may be the responsibility of an entity to assist others in fulfilling their needs. In many cases however, it is simply a matter of choice

whether one wishes to assist another in fulfilling the needs. This Awareness indicates that wherein an entity considers their own needs to he of great significance, and in such consideration determines that another is there for the purpose of fulfilling these needs; this Awareness indicates that the second entity may need to choose whether to fulfill such needs, or whether to simply allow the entity to continue having the needs and to make suggestions as to how that entity may fulfill the needs for himself or for herself. This Awareness indicates that whatever the situation may be, wherein there is a relationship between two entities, this problem will arise from time to time, in one degree or another, whereby one entity seeks to have the other fulfill certain expectations and needs. This Awareness indicates that this problem may also alternate between the entities, whereby the other entity having fulfilled or assisted in the fulfillment of the need of one, also may express an expectation and a desire for the other to assist in fulfilling his or her needs. This Awareness indicates that often in a relationship this arrangement is lopsided, whereby one entity has greater needs than the other, and the other may have greater ability to respond, or have a greater sense of responsibility in helping to fulfill the other's needs. This Awareness indicates that in a close and intimate relationship, such as in a marriage, this type of association can be approached in a different manner, whereby the entities think in terms of an equal demand and equal responsiveness to one another, whereby the entities may say that, "Our marriage must be 50, 50. I will give half and you give half, and in this manner we will have a fair relationship". This Awareness indicates that this in theory may sound fair, but in actuality will not work out. This Awareness indicates that for a firm intimate relationship to occur and be lasting, each member of the relationship must be willing to give as much as 90% at times, and on a general ongoing level, at least 60% to make the relationship solid and continuous. This Awareness indicates therefore, in this kind of association, each entity places the welfare and concern and consideration and the desire to satisfy the other above one's own personal interests. This Awareness indicates that essentially, the action of loving

another, or of expressing love to another is an action whereby you are more concerned with the satisfaction of the other entity, you are more concerned with satisfying the other entity than you are concerned with being satisfied yourself. This Awareness indicates that this may be considered the true measure of a loving relationship; whereby each entity seeks to satisfy the other, and is willing to be concerned about the satisfaction of the other entity rather than overly concerned about being satisfied oneself. This Awareness indicates that in such sensitivity, an entity can begin to experience the greater joys of giving, and in that sensitivity and in that giving, the entity can cultivate a close, harmonious and meaningful relationship with another human being: and when this has occurred with one other entity, then it becomes possible for such an occurrence to also happen with another, so that in time an entity can become concerned for the welfare and for the feelings of other entities, whereby the entity seeks to be able to satisfy others more than seeking to be satisfied by others. This Awareness indicates that in such focus, an entity begins to grow more loving. This Awareness indicates that it is the measure of a life, whether the entity is loving, more than whether the entity is loved.

LOVE LETTERS TO C.A.C.

Dear Friends..from the letters you published, I see there are many who feel as I do. We NEED you! I've had to eliminate some of my subscriptions, but I hope I never have to choose between CAC and food. It would be a mighty difficult choice, Love ya! S.R., Columbiana, Ohio.

Hello there. Here is my renewal. It was a joy to read the `letters from your subscribers' that you printed a while back. It's wonderful to know that others feel as I do about CAC. I have never felt that I am just a member of an impersonal organization. I feel rather, that I am part of a great organic body that is formed by all the members and staff of CAC. I applaud that great body and wish for it the best of health, happiness, prosperity and enlightenment. Take care and God Bless. D.C., Portland, Oregon.

A FEW OF THE MANY BACK ISSUES AVAILABLE

If you feel you have become more aware from reading the information in this little book, you are invited to join Cosmic Awareness Communications and, among other things, receive communications of this type from Cosmic Awareness every 2 weeks, (time and funds permitting). About one person in every 30, it is estimated, is ready for the Cosmic Awareness messages and philosophy. You could be one of these. When you join C.A.C. you will be given information on all back issues presently available. You may purchase any or all of these you desire. There are literally hundreds of subjects covered in these back issues of `Revelations of Awareness'--the cosmic newsletter. If you are joining now, please fill out the application form on the back of this page and send in with your donation. Regular mailings will start immediately. You may wish to order some of the back issues listed below when you send in your membership form. If so, please just check which back issues you desire and include amount indicated. If you do not wish to join C.A.C. at this time, you may still order any back issues listed. This will give you a good idea of the information currently coming from Cosmic Awareness and help you in making a decision whether this unusual organization is for you or not. Note: there is a limited supply of some back issues so we suggest you order now.

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THE GATHERING STORM --- THE BEAST CONSPIRACY

From 1977 on, Cosmic Awareness began releasing information on what It called the `Illuminati' conspiracy--a highly secret plan, with deep cosmic significance, on how a handful of powerful international bankers were slowly unfolding a scheme to enslave mankind and set up a one-world dictatorship. All of this tying in with the Global 2000 plan to reduce the world's population by 3 billion people by the year 2000, the coming of the UFOs and the Anti- christ. The scenario also includes a huge world depression (which has already begun) and the ultimate takeover of the United States by a handful of these Illuminati people, who have taken over the government in a secret war which raged behind the scenes in 1978-79, thus creating a police state in America, and a situation wherein they could finally launch a first-strike nuclear war against the Soviet Union, (a plan that has been tried and frustrated at least 7 times in the past few years and is again scheduled for the spring of 1984).

PLEASE NOTE: You can order these back-issues simply by writing the numbers of the issues you desire on a piece of paper. Enclose full remittance and send to: COSMIC AWARENESS COMMUNICATIONS P.O. Box 115, Olympia, Washington, 98507, U.S.A.

THERE ARE C.A.C. MEMBERS IN ALL 50 STATES OF THE U.S. AND IN 30 OTHER COUNTRIES OF THE WORLD. CHRISTIANS, BUDDHISTS, HINDU AND OTHERS. HERE'S WHAT SOME OF THEM SAY ABOUT C.A.C. AND THE AWARENESS MESSAGES:

Dear C.A.C. Last August when I wrote to CAC asking for information, I had only a mediocre enthusiasm about it. I thought it would just be another spiritual-occult-mystical-New Age organization that I might write to and MAYBE, just maybe, they would have some sort of answer. But even with the very first communication that I received from you, I felt different. And you really ARE the `voice of the New Age'! I could tell from the start. Continue the good work. Light, Love and Peace. J.K., Vernon, Ct.

Dear Vicki T. of C.A.C. Thank you for your special attention and patience, and especially thank you for your dedication, integrity and hard work in getting these publications out to all of us. Ronnie and I have been receiving C.A.C. for 5 years, and of all the things we've checked out through the years, CAC remains the clearest and most consistant. So thank you, Vicki T. and crew. We love you and are sending lots of Light. May the rainbow Gods be always with you. D & R.S., Chico, Ca.

"Dear friends. Thank you very much for your communications. I was ordained as a Buddhist monk of the Tibetan Karyudpa Order by his Holiness Gyalwa Karmapa, head of the order. I returned to Africa where my work finds me at this time. Though deeply committed to the occult side of Eastern Teachings, I find confirmation in all known systems that there is only ONE cosmic source of transmission. I find your Cosmic Awareness literature very near to the same source, though a slight difference in terminology exists. I was especially happy to receive the information on healing. Please keep your material coming. Yours in the Light." G.K.S., Wynberg, Cape, South Africa.

Dear C.A.C. Your newsletter is getting better all the time, if that's possible. You seem to know just what we're interested in knowing. Lovingly, G.B., Emporia, Kansas.

Dear Friends: Concerning `Revelations of Awareness' No. 82-15

(What is Freedom?), on pages 3 and 4, `What is Cosmic Awareness?"-- from my frame of reference, that is just about the most helpful and precious info ever channeled by Paul and printed by C.A.C. Thank you. B.S., Bethel, Pa.

"I am often at a loss to express my awe in regards to Cosmic Awareness. I am sharing this remarkable information with my friends." S.C., Blue Ridge, Virginia.

"Dear Vicki...Don't EVER take me out of your computer. C.A.C. material is the first thing in the mail I read and I do look forward to it, and the information has been very helpful and educational!!! Love and Light. E.K., Sewickley, Pa.

"Dear Avaton, Vicki, Paul, and staff. A couple of weeks ago I was thinking about writing to say that the discussion about the inner planes in `Revelations of Awareness' No. 82-7 ("How

the Cosmic Awareness messages affect the Inner Planes") seemed to touch deep cords within me--seemed to `click'. Then, No. 82-10 ("The Eve of Destruction") arrived on May 10, 1982. I was 12 days reading this report. Not until the last day did I come to the Address to the Universe by Lee Michaels and the alchemical transformation. I am grateful I read the whole thing and I am so grateful to all of you for doing what you are doing and for being who you are. Much growth is occurring in my life. I feel an attunement to, a correspondence with what you are doing, what Awareness talks about, and the general changes that are occurring. Thank you."R.K., Boise, Idaho.

"Dear C.A.C. I received my order last week. First I read "Cosmic Awareness Speaks," then I started on back issues I had ordered. I haven't finished all of them, but they have given me much food for thought. I have been reading and searching for years and have come up with many gems in the process, but much of what I read didn't "feel" like what I was searching for. I enjoy the Awareness writings; they don't say `This is right, you must do it,' you are left instead with the feeling YOU 'decide for yourself. As you grow spiritually and mentally you get a different perspective on things. Many of the things I read in the Awareness material makes thoughts and ideas I've had in the back of my mind fall into place like fitting pieces of a puzzle together." F.S., Waldron, Ark.

"Dear Vicki, Avaton & Paul. Please renew my membership. The help and guidance of the material is indeed a pearl of great price. The guide posts it offers are passages to new freedoms and responsibilities. When I first began to awaken to the realms of Light, your help pointed out the alligator pits and the prat falls. Bless you all for being all that you can be in alignment with Cosmic Law. Yours in Love & Laughter." R.H., Chicago, Ill.

"Dear C.A.C. I have been meaning to write this for a long time. Is there any way you can help me get in touch with other members in my area? I would like to get together with some like-minded people. It seems that here in "Edgar Cayce country" I would be able to find enough people; but surprisingly, a lot of A.R.E. members prefer to live in the legacy and not pursue something as "far-out" as Awareness. Personally, (and I am a former A.R.E. member), Awareness really turns me on. I really do believe It is God (How else could It say such outrageous things?) I only wish I had more money to donate to you people, and get a reading, etc. My most burning desire is to help other people become aware and dependent on themselves, their Inner Light. Keep up the GREATEST of works!" Sincerely, L.D., Virginia Beach, Va.

"Dear Avaton. 1982 was a great year! Many wonderful readings from Awareness. How I love them! I'm looking forward to the "What's Ahead for 1983" issue. Best wishes." S.K., Rolling Meadows, Ill.

Hi folks! My thanks to you and Cosmic Awareness for the wonderful material that comes our way so regularly. What would we do without that help from Cosmic Awareness? I feel compassion for the poor souls that have no help or philosophy to guide them. Sincerely, J.H., Vancouver, B.C., Canada.

"Dear C.A.C. Your mailings have been a wonderful source of comfort and enlightenment to me. I believe that I am beginning to bring my own personal difficulties into focus and perspective so that I may deal with them and gain some inner peace in my life. Please continue the mailings. Dues enclosed. Yours in Love and Light." A.G., New York, N.Y.